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[Back](#)

18/01/2009 Avyakt BapDada 18/01/2009

The return of 40 years of Avyakt Sustenance – “4” things: Be one who has pure and positive thoughts for others, one who has pure and positive thoughts for the self, one who creates a pure atmosphere through your pure attitude and one who stays in the awareness of zero “0” and *hero*.

Today, BapDada has come to meet all His serviceable companion children, the ones who have been companions for the service at the beginning, and together with that, the companions of other service too, you are expanding service very well. So, BapDada is pleased to see His companions and is singing in His heart the song: Wah My companions of the service of world transformation! Wah! Today, from amrit vela, all the children were garlanding BapDada with garlands of love. There were three types of garlands. One garland was of the zeal and enthusiasm of becoming equal to the Father. The second garland was of the gopikas who have become separated from the Father and are in bondage – there were their garlands, but these were garlands of the extremely invaluable sparkling tears. Each teardrop was sparkling like a pearl. The third garland was of the complaints of some of the children.

Today, from amrit vela, love was especially visibly merged in all the children. Through the variety-form image of BapDada, it was as though Baba merged all the children in His arms. Today, in fact, together with love, it was also the day of *willing* all the *powers*. Baba put his hand in the hand of one daughter and *willed* her all the *powers*. Baba was seeing all the children, the Shakti Army and the Pandavas. BapDada saw that some children - the Pandavas and the Shaktis – were moving ahead in their efforts at a fast speed by being introverted in an incognito way. Externally, they are not visible, but they are good effort-makers. BapDada saw that in today’s form, especially in the *subject* of love, everyone’s face was sparkling. You are gyani children, but the *subject* of love is also essential because those who have love have to work less hard and easily remain in the experience of love. No matter if the problem is as big as a mountain, with the power of love you are able to change the mountain into cotton wool. You are able to make the mountain as light as water. Love is a canopy of protection and because of that canopy of protection, you remain constantly *safe*. It becomes easy. With love you make the Supreme Soul and God your Friend and the memorial of this is Khuda-Dost (God, the Friend). By making God your Friend, because of the relationship of the Friend, you are able to make any problem easy. Love makes you make the Father your Companion. Knowledge is the seed and the water of love brings fruit from the seed; the fruit of attainment. The loving children of such

a Father do not consider remembering the Father to be effort, but they consider it difficult to forget Him. One who loves cannot forget that love. When you say “My Baba” with your heart and with love, you receive the key of all treasures. So, both Bap and Dada are so loving that they become present in front of those who love them as their Lord. Everyone remembers them, but some remember them with some effort whereas others remain constantly merged in the Ocean of Love. People of the world say that the soul merges with the Supreme Soul, whereas the soul actually remains merged in God’s love; it doesn’t become merged but remains merged in love.

So, today is the day to remain merged in love. Effort finishes and changes into the form of love. So, BapDada saw the *result* of all the children. The *majority* of you have done your *homework*. You have even repeatedly *revised* and *realised* the aim of becoming equal to the Father. The *result* of 75% of the children was good. However, you have to become equal to the Father. No matter what storms come in front of you, it is, after all, the time of the completion of the Iron Age, and so of course storms will come because this is the time of transformation. However, what are storms for you children? Storms (toofan) are not storms, but they are a gift (tohfa) because BapDada’s hand of blessings is on the head of all the effort-making children. For those who have had a determined thought, that is, who have used the key of determination, according to their present *result*, they have attained success. However, now, for all time, make the storms into a gift and make the problems into solutions and continue to move forward. BapDada is pleased with the present *result*. You have kept a firm aim in the yoga-tapasya you did: I have to become this.

40 years of avyakt sustenance have now been completed. So, what comes first in the year “40”. It is the point – *zero*. So, the *zero* reminds you that you are a *hero*, (a real diamond) and a great hero and that you have to be a *hero* actor and perform every task as a *hero*. So, always remember *zero* and *hero*. And for the “4”, you have to bring four things into your life in a *natural* way. You have to do that with determination. Will you do that? Are you ready? No matter what paper comes in front of you, you have to bring these four things into your life. Are you sure? Sure? Sure? Those sitting at the back, are you sure? Maya will eat those who are weak and this is why you have to remain strong. One thing – always have pure and positive thoughts for others (shubh chintak). Seeing or hearing about anyone’s weakness, be merciful, have pure and positive thoughts for them and definitely give them your co-operation. You must not see their weakness, but you must definitely give them co-operation. This is known as having pure and positive thoughts for others. You will remain strong in this, will you not? Bestowers of support, be merciful and give your co-operation. Do not step away from them or have dislike for them, but instead, forgive them. One never has dislike for someone who is under an external influence; instead one gives them support. So, have pure and positive thoughts for others. The second is to have pure and positive thoughts for the self (shubh chintan). Nowadays, BapDada sees that the *majority* of the children sometimes has a lot of waste thoughts. By doing this, the powers you have accumulated are wasted. Therefore, give your mind the *homework* of having pure and positive thoughts for the self or of giving yourself a *title* of self-respect of one thing or another. Create a *timetable* for your mind. You make a *timetable* for actions anyway, but now create a *timetable* for your mind. After celebrating a meeting with BapDada at amrit vela, give your mind a point of

self-respect. However, as Baba has told you earlier, each one definitely has some time 12 to 13 times a day and in that time, have *realisation* and also *revise* it. By keeping your mind *busy*, your *time* will not be spent in wasteful thoughts. You won't have to make effort. The confluence age is an age of pleasure and you will stay in that pleasure at every moment. Second thing was to have pure and positive thoughts for the self. *Check* and *change*. Third is a pure attitude. Through an impure attitude, you spread impurity into the atmosphere; therefore, have a pure attitude. The fourth is that each one has to take the responsibility: My duty is especially to create a pure atmosphere and not look at others. What do you do when there is a bad odour in the atmosphere? You spray a fragrance, do you not? You cannot tolerate the bad odour and so you use one or another fragrance. In the same way, you definitely have to change an ordinary or impure atmosphere. Whether someone is young or new, this is each one's responsibility. You have to have the determined thought: I definitely have to create a pure atmosphere. This promise will bring about revelation. You make a promise and BapDada is pleased, but, sometimes, there isn't that determination in the promise and this is why there isn't the success you want, as much as you want. Each one has to create such an atmosphere in the whole world, for matter and also souls and within souls - Brahmin souls are also included - each one has to create such an atmosphere at their service place with that determination. If you have to renounce something, then do that. Not: I will only renounce something if others renounce something; no. "If the *system* is fine, then..." Do not make conditions. I definitely have to do this. Being a world transformer is your self-respect, is it not? All of you are world transformers, are you not? Raise your hands! OK. World transformers. Very good. So, first of all, BapDada wants to see - it is there and it will also happen - but this year, if BapDada tours around at the little and big centres, what would the atmosphere be like? Just as today is the day of love and power, in the same way, the atmosphere at the centres in the villages and also in the big centres should be like a living temple. 'In making the *negative* into *positive*', I have to be first in this. Do not say, "You first"; no. 'I have to be first in this', because BapDada, the *advanced party*, and nowadays, even nature are all waiting. You are the ones who are making all the preparations; you don't have to wait, but make the preparations.

Today, there is fear everywhere. In everyone's heart, the *majority* of people in the world has the one thought: What will happen tomorrow? You know what is going to happen tomorrow. So, who is having this thought: 'I will become the first instrument to bring about transformation'? Raise your hands for this. You will have to do it. You will have to do it. You will have to change. You will have to become a protector. You will have to renounce something and take love. Did you raise the hand of your mind or just your physical hand? Who raised the hand of their mind? When your mind changes, the world will change. So, what will be the *slogan* this year? What *slogan* will it be? "**NO PROBLEM**". The flag of victory will be hoisted in your heart, and everyone will perform the dance of happiness in their mind. The dance of the mind is happiness. So, you will perform the dance of happiness at every moment. And, you are children of the Bestower, and so whoever comes to you, definitely give each one the *gift* of one or another virtue. Then, in one *second*, that determined thought, the thought of the bestower will become a *lift* and, within a *second*, they will reach wherever they want - the supreme abode, the subtle region, physical Madhuban, or the corporeal world - without having to make any effort.

Whoever comes in front of you, do not send them away empty-handed. Do not meet them without any virtue in your words, on your face or in your behaviour.

So, this year, keep the *result* of every month with yourself and send a *card* of *OK* to the yagya through your *teacher*. Do not send a long letter, but just send a *card* of *OK*. Do not send a big *card*; do not send the *cards* of the world. Send the blessing *card* that you receive from your *teacher*. How many gifts of virtues and powers do you have? If you were to make a *list*, it would be a long *list*. And it isn't that the more you give, the less you will have, but they will continue to increase. They speak of the magic mantra, and so this Shiva mantra is that whatever virtues you have, they will not decrease for you, but they will instead increase because it is said: When you give a donation, you become free from the eclipse of bad omens. Achcha.

Those who have come here the first time, stand up! It is good. (Governor of M.P. was sitting in the gathering.) It is good that you have come to this gathering. BapDada is giving all of you who have come this blessing: Definitely always say “*Good morning*” and “*Good night*” to the Father, because if you see the Father first thing in the morning when you open your eyes, then your whole day will be good. Multimillion-fold love, remembrance and greetings to the children who have come here for the first time. Achcha. Whose turn is it today?

It is Indore Zone's turn for service: Achcha, you have kept a good symbol. (Everyone was holding a paper lotus). This is Indore, what does Indore mean? “*In door*” means introverted. According to the symbol that you have kept, always remain detached like a lotus and remain loving to the Father. Those who are introverted are always happy. Those who are introverted are always seated on the Father's heart-throne. The introverted ones are always loved by everyone. More than the estimated numbers have come today. Congratulations! To receive a *golden chance* to serve the yagya is to accumulate a lot of charity. To serve the yagya at every step means to accumulate your charity. You did service at every step for these 10 to 15 days and so how many multimillions did you accumulate? Service of the yagya is great service. BapDada has seen that whichever *zone* takes this *golden chance*; they serve with a lot of love from their heart. Their *result* is *very good*. The *result* of all of you is also good and it will remain the best of all. Now remember: Who am I? A lotus. A lotus lives in the water and yet is detached from it. In the same way, while living in the midst of any problem or any atmosphere, remain detached and loving, because the time is of sorrow and fear. However, for you, the drums of happiness are always beating in your mind. You remain happy all the time, do you not? Raise your hands! Never let go of your happiness. If you lose your happiness, your life is useless. A life that is dry is not good. Therefore, always remain happy. You will remain happy, will you not? And you have to distribute happiness. You should have so much happiness that you distribute it and also remain happy because to be a Brahmin child of the Father means to have the fortune of happiness and to be fortunate. Always remember your *title* of being fortunate, because having found the Father, you have found the treasure-store of all attainments. There is

the saying: When your treasure-store is full, all sorrow is far away, and so what will you do now? Just that you will remain happy now, will you not? You are doing good service. To do service means to attain a blessing. So, you are embodiments of success in service, are you not? Nod, *teachers!* You are embodiments of success, are you not? Say, “Success is our birthright!” Say, “Success is the garland around our neck!” Achcha.

Medical Wing: Achcha this is the *group* of *medical* and *meditation* because you are *double doctors*: to meet the Father through *meditation* and to remove the suffering through *medical*. It is *temporary*, but you do do this, do you not? Just as the Father is the Remover of Sorrow, in the same way, *doctors* and a *medical department* remove the suffering of patients for a short time. However, you are the *medical department* that teaches them *meditation* and you thereby accumulate charity. All of you do *double* service. Those who do *double* service, raise your hands! You are *double doctors*. There are many *single doctors* but you *double* servers are those who do *double* work. BapDada likes this. Many will become happy and fortunate through this service. BapDada has seen that the hospital in Bombay is also instrumental for a lot of service. The hospital in Abu is already like that, but, because that one is in the middle of the city, it has a *chance* of doing a lot more service. You are doing well and will continue to move forward. You have both a *chance* and a blessing to move forward. It is good. You have now made a new *plan*, have you not? Have you made it? Continue to make it. Continue to transform the world, continue to fly and make others fly. Achcha.

Youth Group: The *Government* of today has a lot of enthusiasm for the Youth. They have this thought for the Youth because their speciality is that they will definitely show it by doing what they want and what they think. Youth have *double* power – physical and mental. Collectively, the Youth can do whatever they want. The Pandav *Government* is also seeing that the Youth everywhere are specially serving their school companions well. BapDada continues to receive the *report* of the Youth Wing. Now, make the *addition* that, this year, whatever the Brahmin codes of conduct are, you will all fully observe all of them through your mind, words, deeds, relationships and connections. You have to prepare such a *group*. This year, no code of conduct should be broken. Create such a *group* among yourselves. Those who take the initiative are Arjuna. Do you like this? Who will do it? Will you do it? Raise your hands! Will you do it? Will all the Youth do it? How many of you are there? (400.) Make this firm within your group and then we will show the *Government* that all of you are the ones who follow the highest codes of conduct. The *Government* also wants this, but is unable to do it. You can demonstrate by doing it practically. Show it by being an *example*. You have received your *homework*, have you not? BapDada wants all the Brahmin souls everywhere to perform wonders this year. There should not be the chaos of waste thoughts. Accumulate so many pure thoughts that you don’t even have time to allow any waste thoughts to come. You have this many treasures, do you not? Have you accumulated so many treasures of pure thoughts? Have you? Raise your hands! There are Shaktis too. It is good. Shaktis should become *examples* and Pandavas should also become *examples*. Achcha. BapDada is pleased.

Security Wing: These are of the *Security*. You are also those who provide *double security*. Firstly, you keep *security* from those who create chaos. Secondly, you also have to provide *security* for those who want to be constantly happy and peaceful. Give them the mantra of Manmanabhav, the Shiva Mantra, and at least let them remain happy. Give them the *security* of happiness. Show them the path of this *security* so that they never lose their happiness. So, provide *double security* and you will receive so many blessings. When you make unhappy ones happy and sad ones happy, you will receive blessings. In this way, give every home a small mantra so that they never lose their happiness. Let there be happiness in every home. The more of this type of service you do, the more you will become those who provide *double security*. Spread this. Give this *responsibility* to every place. Everyone has a place. In your own country, first of all, provide this type of *security*. All the villages and all the big places, all of them will become happy. So, will you do this? Will you? Achcha.

Now, for the four things that Baba told you about, and the fifth one was to become a *zero* and a *hero* – Brahmins souls who are to become angels, who churn these things and stay in the stage of being merged, to become a deity is your birthright, you are angels who are to become deities. So always remain merged in love, be merged in love, those who constantly keep the key of thoughts of determination in their mind, intellect and awareness, because Maya chases after this key a great deal. To all the children everywhere who always remain powerful in their mind and intellect, BapDada's love, remembrance and namaste.

To the Dadis: (to Dadi Janki): You came back having gone on a tour, very good. What you are doing is very good. Baba remembered the picture in which Jagadamba is standing in the middle, holding a flag, and all the Shaktis are standing behind her. BapDada now wishes to show that picture to the world. Out of all the Brahmins, prepare such a Shakti Army who becomes instrumental and, while touring around, make the atmosphere powerful. They should also have the determined thought: We are having the determined thought that we will demonstrate this by definitely changing this atmosphere. They should hoist this flag. Make such a *group* emerge who would tour around and make the atmosphere right with their stage, words and company. Demonstrate this by preparing such a *group*. BapDada remembered this picture and so it should happen *practically*. Do not say that you don't have time. None of you can say that you don't have time. You will find time if you have the good wishes. Prepare such a *group* and bring it to BapDada.

Speaking to Dadi Nirmal Shanta: You are doing service. You are giving a lot of sakaash by serving through your mind. You remain *busy* in service.

Those from Calcutta decorated Madhuban with flowers: It is good. You do it all the time.

To Dr Ashok Mehta and Yoginiben: Both of you have maintained courage well and you brought Dadi here on time. (They brought Dadi Gulzar to Madhuban from Bombay on the 17th.) Congratulations for this. You fulfilled the *duty* you were given.

Avyakt BapDada meeting the Governor of MP – Balram Jakhadji: Very good. Look, it is your fortune that you have reached such a gathering. BapDada is now saying, “learn the meditation that is taught in this gathering; this meditation is of three hours, and so definitely do this.” Look, you will have to give three hours separately. If you are *busy*, you can give time on your days off. It is good. You have come to the Father and so the Father would give you a gift, would He not? The blessings are that you will always remain happy through meditation. Never lose your happiness. Whenever any situation arises, just say, “Baba, Shiv Baba!” Give that situation to the Father and you just remain happy.

*** * * O M S H A N T I * * ***