

## **(Episode 1)**

1) Brother you have told several times to read the Murlī in different ways so that it won't get bored. Can you please give / suggest some ways, ideas.

## **(Episode 2)**

2) Please tell what exactly one has to do in ashareeri stiti.

3. When the soul departs and enters the womb, will it enter along with subtle body of the past birth?

Is it that we have all 63 subtle bodies in the current body?

## **(Episode 3)**

4) Baba says give your burden to me. How to give?

5) Sis Shivani's class, she said give positive vibrations to water/food and then only eat. Is it necessary to do it exclusively even when you're preparing and eating in Baba ki yaad?

## (Episode 4 )

6) Om shanti..

Dear Divine brother

Baba found me and I found baba around 2.5 years ago.. I am now happy that very soon I am flying back to paramdham with my baba.. Baba filled me with powers and made an carefree bird in this last birth..

I was in great negative stage, who once was in bad company of blinds and who spent his time in performing shudra neech activities is now dead in this last birth..

Coming to the point..

I has a hidden defect or weakness since from 2.5 years.. He has the problem of his past birth's impure thoughts, memories which is effecting his body in night times in dreams..

Last sunday baba told me that about this weakness in avyakth murli.. Baba sujested to inform this to a teacher whom you have belief..

So this cub here is in need of lion's help..

I sometimes fell while moving along due to lack of power.. I have now made the promise of purity to baba..

Very few times I did yoga in amritvela and did yoga after amritvela.

I used to sleep after meditation..

Now baba has rejuvenated me I now dont want to miss amritvela..

I am now not sleeping after amritvela

I never miss murli

I study murli in cellphone provided by baba.

I now from past 3 days experiencing, feeling that I will be free from the past experience and I now need your help relating to the problem in form of spiritual practices or medicine..

Thank you in advance

Om shanti

## **(Episode 5)**

7) In sakar murli of 24th april'17, baba said that to understand the deep and significant secrets we need to have a very good intellect. I wanted to know more about the subtle region and our complete angelic form. I have read gulzar dadi's 1969 avyakt sandesh, with those i am able to understand what "movie" language is. And I know that going in trance has no link to purusharth. Our aim is to become Laxmi Narayan, but as Baba says we have to first become Brahmin and Farishta then only we can become Deities. So how can we see our complete angelic form? How deities also gather in subtle region? Can we see our deity form also in reality? I am new in gyan(2yrs) so just also wanted to know why baba created subtle region? What is the purpose of subtle region for us? How can we use subtle region in yog also?

I hope you'll put some light on this topic so that there is more clarity.

## **(Episode 6)**

8) Om Shanti,

It is very disheartening and most disliked thing to get to know that drama repeats because of the unpleasant past Child abuse, inferiorities, helplessness, failures, teenage dirty mistakes, physical and mental torture, vengeful attitude etc.

How to console self and convince that be ready to undergo the whole non-sense again in the next kalpa?

## **(Episode 7)**

9) Please let me know how to reduce and remove clashes between husband and wife?

## **(Episode 8)**

10) As per murli of 16/4/2017 no karma happens in paramdham. Just want to know that when baba gives his vibrations / energy what it is called ? Karma or part of Baba ?

11) Baba says you should be happy that you are going back home .

Tell all those intoxicating points where we fall in love to go there

## **(Episode 9)**

12) Os, I have heard it from teachers that one should take bath after potty - toilet why? As long as one is constipated no problem, the moment it is out bathing sounds funny. None of the teachers have given any convincing answer. I feel its like following one of t bhakti marg ritual. Just pour 2 mugs of water after potty in what way you are getting cleaned and why head is not covered. Conveniently changing and understanding does not inspire to follow voluntarily. Can you please give explanation why it has to be followed as per shrimat.

13) I am in knowledge since my childhood. I have finished my lokik education... I am having very bad experience of centre. Baba says that you should not hold the basket of service. I dont want to get marry. I also like to do Baba's sewa. But whenever I go to do sewa in centre every time I have bad experience, many times i see how they behave with other sisters. When we are new in the centre they behave very nicely and as time passes their behavior gets changes.. I become dishearten. So now I don't have courage to stay in centre. so now I have a question what decision should I take? Please guide me.

## **(Episode 10)**

14) How much time we should give while offering Bhog to Baba?

15) Is there any difference between ashareeri, videhi, dehiabhimaani, atmabhimaani.

## (Episode 11)

15) I Wanna know about stages of Yoga. One of our surrender sister told that there are 4 stages -

1. Smirithi stage
2. Simarana stage
3. Manana stage
4. Magna avastha

I don't know these in detail, can you please explain and help to experience those stages.

16) My question is how we can extract swaman from sakar murli and avyakt murli, and how we can know that our study is over and now only practice yoga and do intense effort ?

## (Episode 12)

17) I am not a gourmet/fond of eating variety things but I love to cook and feed others. Sometimes I prepare bhog and wants to serve variety food. This all, I am doing at home.

How I should develop disinterest in all these things?

I checked myself and found that there is no desire of name & fame while doing all this.

I usually prepare tolis for giving others so that anyone who visits my home , he/she may get things which have been offered to Baba and they might be inspired to become Baba's child.

18) I have a doubt so thought of getting clarified here. The question is about mind. I decide not to get angry which goes by Baba's srimath. I know, accept and that it should not be done but get forced by external forces to get angry. Sometimes although I manage to stay quiet at that moment, mentally vent my anger through my thoughts. Although my mind creates such thoughts of anger, something inside me warns that I'm again creating a bad sukshma account by Doing this. I want to know which s giving me that caution. Is it my mind again ? or intellect ? or the soul by itself ? When I don't intend to do then why does my mind create such thoughts.

## **(Episode 13)**

19) How to do Prayaschit ?

What are the ways to reduce weight of vikarm ?

20) I am a Kumari staying with my father and sister. My father is retired and sister is serving. I am staying at home only. I am in gyan since my childhood but right from childhood we suffered a lot from BK family and never get proper guidance for yoga and gyan only sewa and sewa.

Now we are not much attached to the centre..we go to centre just to listen murli. I listen your classes at home. when I listen Murli and your classes feels so much enthusiasm but afterwards everything become soda water. I even dont watch TV or dont have smartfone so no wastage there also. But in my life there is no zeal and enthusiasm for Purusharth. Everyday I want to do so much purusharth but cant do anything. When sits in yoga no experience feels boring.

My question is what I should do for bringing zeal and enthusiasm in my Purusharth and stay constantly in remembrance of Baba or experience His company all the Time.

## **(Episode 14)**

21) Baba says you have made very good plans for service, but put those plans into a practical form with a plain intellect. What does it mean to have a plain intellect ?

22) Baba says make your stage such that you can catch the thoughts, feelings, desires of others. Sometimes, there is rubbish in others' mind, why i need to take that in my mind ?

## **(Episode 15)**

23) please let me know the details in behavior of detachment and carelessness.

When my mom is ill i just give my time and do my duties like doctor, tests etc. I don't worry nor fear her absence (death) nor get affected with any negative diagnosis. Earlier i was the one who use to pamper her illness, care etc etc.

I am not able to judge my vritti / attitude whether i am detached or developing carelessness

24) In one of the Avyakt Murli Baba talked about always sitting on the Godly throne, I want to know in detail how can one become entitled to sit on the Godly throne ?