

Dear Safe Citizen,

Greetings of Hope and Happiness!

It's only three days left for the third UN Global Road Safety Week (4 to 10 May 2015)!

If not signed until today, we invite you to join us in supporting the UN initiative #SaveKidsLives in three simple steps:

**Step 1: Read the Declaration**

**Step 2: Sign up with your name and country**

**Step 3: Submit**

Sign it [here!](http://goo.gl/forms/k0ulvQbhb8) (<http://goo.gl/forms/k0ulvQbhb8>)

	<b>Safety through Spiritual Life-Skills</b> A Road Safety Initiative of the Brahma Kumaris synchronized with the UN Decade of Action for Road Safety
 <p><b>L</b>ess than 10% of motorcyclists wear helmets in most countries that do not require the use of helmets by law. (Source: World report on road traffic injury prevention:WHO, Geneva 2004)</p>	<h3>Motorcycle helmets: the facts</h3>  <p>Wearing a motorcycle helmet correctly can result in:</p> <p><b>40%</b> Reduction to risk of death</p> <p><b>70%</b> Reduction to risk of severe injury</p> <p>Most motorcycle deaths are a result of head injuries.</p> <p>Source: Global status report on road safety 2013 <a href="http://www.who.int/violence_injury_prevention/road_safety_status">www.who.int/violence_injury_prevention/road_safety_status</a></p>
<p><b>R</b>emember 'Always wear a helmet and buckle the helmet straps, it's only when you are safe, your family is happy! We protect what is precious! What can be more precious than Human Life?</p> <p><b>S</b>piritual Skill to practice today.... <b>Protective Shield of Positive thought</b></p>	 <p>Each thought is energy; energy travels. Find some sacred space along the journey of life at five instances today; take a one -minute pause and look within. Be still, be patient, let inner peace surround you. Choose to radiate positive thoughts for every scene your life witnesses. With gentle progression, a protective aura of pure, white, subtle energy surrounds you; you feel safe. Any negative energy that attempts to reach you today, will bounce off this protective shield. Now, as this envelop of pure energy protects you, choose to expand the aura universally. I am safe, my world family is safe. Don't be surprised if this mental exercise opens your way to stability, safety and success as you travel.</p>
<p><b>P</b>ositive affirmations for today; read these thoughts slowly and <i>feel</i> the difference.</p>	<h3>Fulfilling Responsibility ... along life's journey</h3> <p>I am part of the world family ... I care that this world may be safer place for everyone ... I care that each traveler reaches their destination safely ... so I follow rules of the road ... my conscience is clear ... my mind is at peace ... I choose to follow rules whether others choose to do so or not... I am happy that I am part of the solution, not part of the problem.... I am responsible ... I am free. Click <a href="#">here</a> to listen and experience these affirmations through an audio track.</p>
<p><b>V</b>ideo for today: Humpty Dumpty sat on a Wall! <b>No!!</b> on a Bike!</p>	<p>Once upon a time in a faraway land, where rules were friends, travel was fun and crashes were very rare. One bright morning, little Humpty went for a ride, with a smile on his face and shine in his eyes. It turned out to be an unfortunate day, but let's see how humpty kept his pride .... Watch the video <a href="#">here</a></p>

As a part of the awareness drive, you may also actively participate in the following ways:

- ✓ Join the Action, take the **road safety pledge** [here](#).....
- ✓ Forward this email to friends and contacts.....
- ✓ Join us on [FaceBook](#).....

If you have any feedback, feel free to write to us at [bkroadsafety01@gmail.com](mailto:bkroadsafety01@gmail.com)

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