



## 24 POINTS FOR BECOMING 24 CARAT COMPLETE IN COMPLETION YEAR

- 1) Effort must be essentially made to rectify Amritvela (Nector time 2.0 – 4.45 AM) This time should never be missed out and simultaneously attention must also be given to make it powerful and loveful .Godly version says "Children you only rectify your Amritvela then I will rectify everything of yours.
- 2) Do maximum contemplation & churning over Baba's Sakar and Avyakt murlis. Listening to murlis at centres provide special power along with extra support of the environment.
- 3) Evening yoga (6.30 – 7.30 PM) must be done either alone or in gathering to give search light / current to souls of the world and nature.
- 4) At night do at least 15-30 min yoga before sleep, if possible read full Sakar or Avyakt murlis or essence followed by giving chart to baba and then go for sleep after emerging elevated thoughts. This will help you in getting relieved from the burden of sinful karmas and your next day will begin with elevated thoughts.
- 5) Do keep connection with the centre. Spare some time for doing yoga in Baba's room. This will charge the battery of soul thus maintaining an elevated stage at work place.
- 6) Both Baba and Maya are multi tasker and both are all mighty authority, one must not forget this and keep awareness against Maya every moment.
- 7) Be alert against your target and responsibilities. Effort and study has to continue till end, one must pay attention against entry of even minor laziness and carelessness. Hence it's always necessary to remain in zeal and enthusiasm.
- 8) Keep more interest for essence in comparison to expansion. Soul point, Shivbaba point and Drama point. All expansions are merged in it.
- 9) Highlight your virtues through actions rather than words.

- 10) Attention must be paid to make mind, bodies and wealth all three worthwhile in service. If you are unable to do any of these give and take constant blessings to all by becoming merciful. This is an easy and powerful service which takes little time and lesser effort but yield greater results.
- 11) Attention has to be given on all four subjects but as per present time focus must be on imbibing divine virtues because we have paid enough attention over other subjects and now the time has come to reveal self and father through our activity and face . This will actually reveal the study and the teacher. All virtues to be imbibed are included in purification of conduct, thought, words and diet.
- 12) Until we are able to make unlimited vision and atmik vision (soul conscious vision) till then understand that destination is at far off distance.
- 13) One must now attain the stage of being ignorant of knowledge of desires in relation to vices and physical attraction. This is possible only if it stops coming even in our thoughts and dreams.
- 14) Do not become double faced personalities i.e varying internal and external behavior otherwise you will get stuck in the midstream. God like those who are truthful and clean hearted.
- 15) Do elevated karmas or actions instantly and repeatedly think before doing bad karmas, if possible keep Bapdada in front and contemplate, you will get invisible help.
- 16) In life maintaining balance in everything is important. This is the highest spiritual endeavor and clarity of intellect is the highest guide because balance brings stability in life, clarity moves us towards right direction and finally makes egoless and humble.
- 17) The virtue of love and contentment is very essential since love for everyone is the foundation of a happy world and contentment is the foundation of all attainments. The one who has these two qualities is loved by everyone and remain satisfied with him thereby accumulating his account of blessings and charity.

- 18) Solitary, maun (silence) and thought churning, these three practices will support you in attaining **bodiless stage**.
- 19) Swadarshan chakra (Spin of self realization) or Panch swarup ( Five forms) and Traffic control practice must be done intermittently. This will make mind powerful followed by development of divine qualities. Do not lose your valuable time at looking others, narrating tales or waste talks. The valuable period of Sangam or confluence age is available **only once**. Keeping this in mind make your time worthwhile otherwise you will have to repent at the end.
- 20) **Arrogance** has the capability to wipe your earnings in a moment and make you degrade from the position. If there is a quality of **gratefulness, humility** and feeling of **trustee** then there will be no place for ego. There is no denial for making race but do not to compete.  
Increase your **chart of remembrance** up to 4-8 hrs. For this you need not have to sit at one position but **remembrance must continue whilst doing work** because during the last moment this practice will help you in making unshakeable immovable stage and final moment service.
- 22) One who does **self checking and changes himself** can only change his sanskars.
- 23) Do this practice of remembrance intermittently that **I have to go home and return back to new world** meaning awareness of **Land of Liberation and Land of liberation-in-life**. This will help in becoming detached and with unlimited disinterest.
- 24) Finally, **Manmanabhav (put your mind into me – the Supreme entity), None other than one Father, One power one faith**. This is an elevated tapasya (penance). Those who bring this into practical and become ever ready through long time practice considering **every moment as the last moment** will pass the **final paper** of second appearing instantly and acquire front number.

\*\*\*\*\* Om shanti \*\*\*\*\*