

10 Rules for Happiness - Part -1 - Mind

New Year Resolutions

- Let Go - Do not hold any matter
- No Regret for any one
- Forget and Forgive all
- Do not Expect anything from any one
- Let be - Do not try to Change others
- Accept all as it is if you can't change - Either Situation, Works or Relations
- Do not Compare with others-God has given you enough as per your Capacity
- Be Positive in any situation
- Love all - Life is Very Short, You will never know how fast it goes
- Life is Very Beautiful - Enjoy Every Moment of Life

- D R Luhar