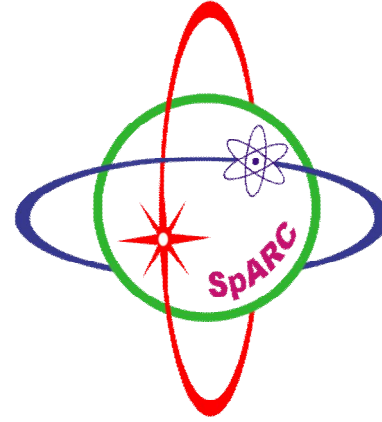


# Health, Wealth and Happiness – A Spiritual dimension

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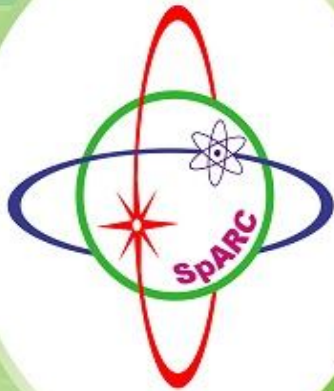
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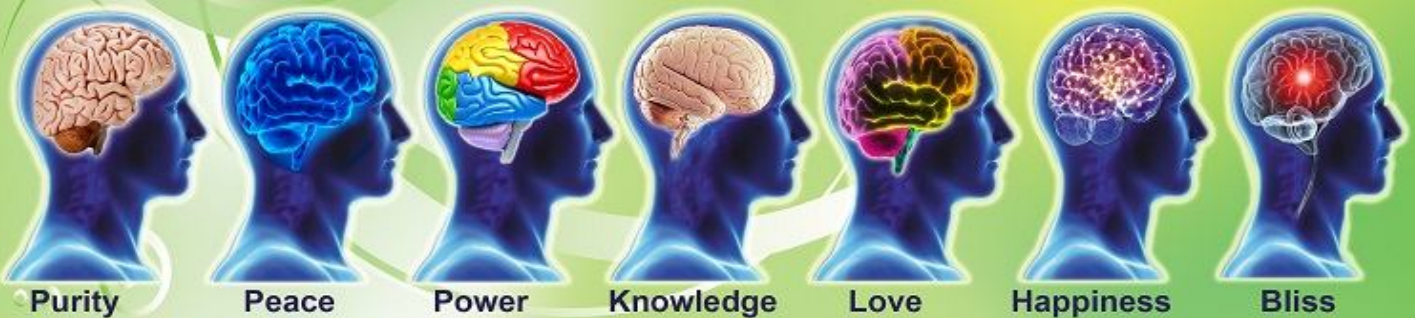
Brahma Kumaris Ishwariya Vishwa Vidyalaya  
HQ: Mount Abu, Rajasthan, India

# Life Journey – The Art and Science of Life

The Aim of Life is to experience the Original (innate) Nature of Self



## Health, Wealth and Happiness - A Spiritual Dimension



The Object of Life is to experience Health, Wealth and Happiness



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# Health, Wealth and Happiness – A Virtual Journey of Life



No one can play your part better than you – Unique Experience



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# Health – The Crown of Life



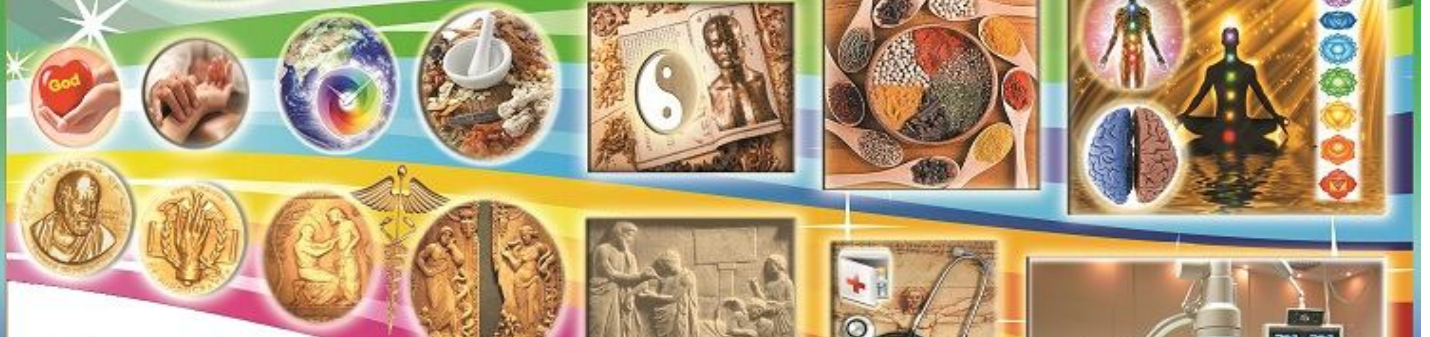
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# Holistic Health – The Essence of Past Life



**“Let thy food  
be thy Medicine and  
Let thy Medicine be thy food”**

**“Natural forces within us are the true  
healers of disease. Nature is the healer of disease”  
– Hippocrates, The Father of Western Medicine**



**When diet is WRONG, Medicine is of no use  
When diet is CORRECT, Medicine is of no need  
– Ancient Ayurvedic Proverb**

**God & Time are Great Healers**



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# Wealth – The Status of Life



Money & Material



Professional

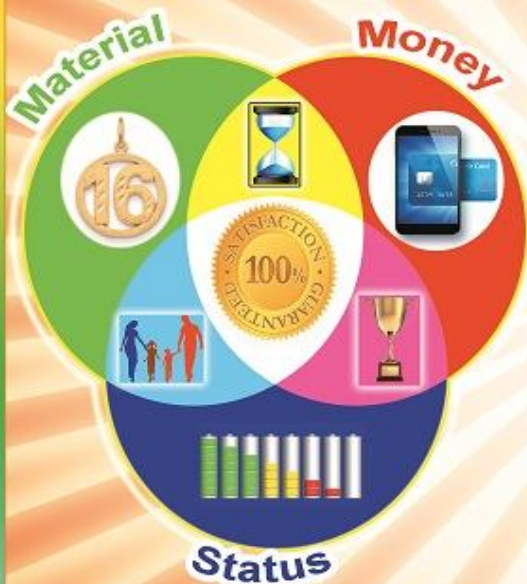


Self Respect



Social Status

## Wealth – Material Status of Values & Moral Status of Values



Material Status



Spiritual Status



Moral / Social Status



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# True Wealth – The Effort of Present Life



**Knowledge**

**Relationship**



**Contentment**



**Human Values**



**Moral Values**



**Social Values**



**Ethical Values**



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# Happiness – The Beauty of Life



Govt. Service



Spiritual Service



Happiness is based on Blessings of Service, Sign of Fortune and knowledge of Past, Present & Future of World Drama



Social Service



Religious Service



Happiness can be experienced through the Innate Quality of the Self and through Physical Body, Facilities of Science, Relationship & Events



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# Real Happiness – The Fortune of Future Life

## Co-operation



## Help



**Happiness is the expression / result of the experience of Natural Innate Quality of the Soul**



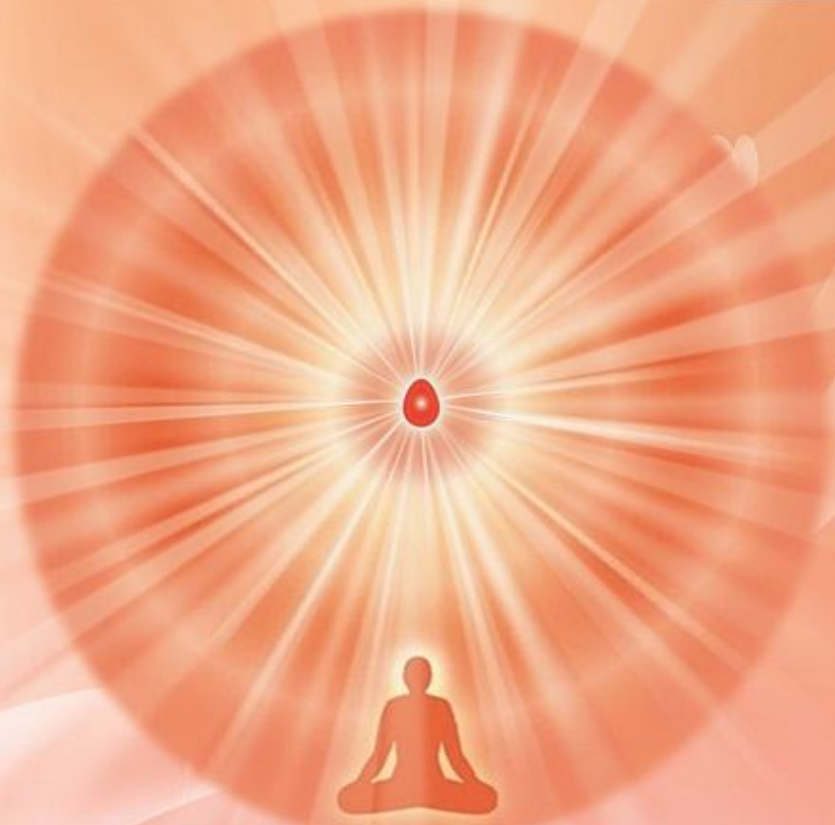
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# Meditation – An Inner Journey of Life



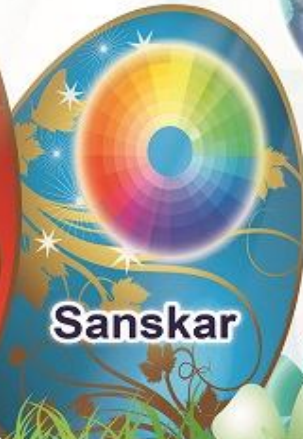
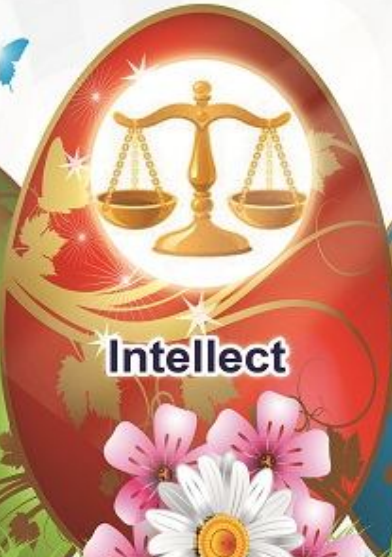
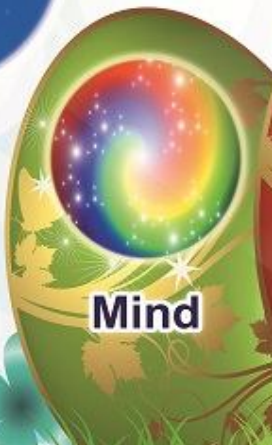
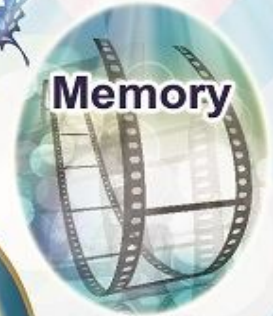
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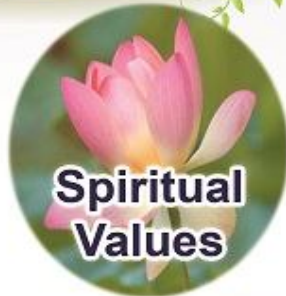


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# Life – The Journey of Life Science



**When we Change  
the World Changes**



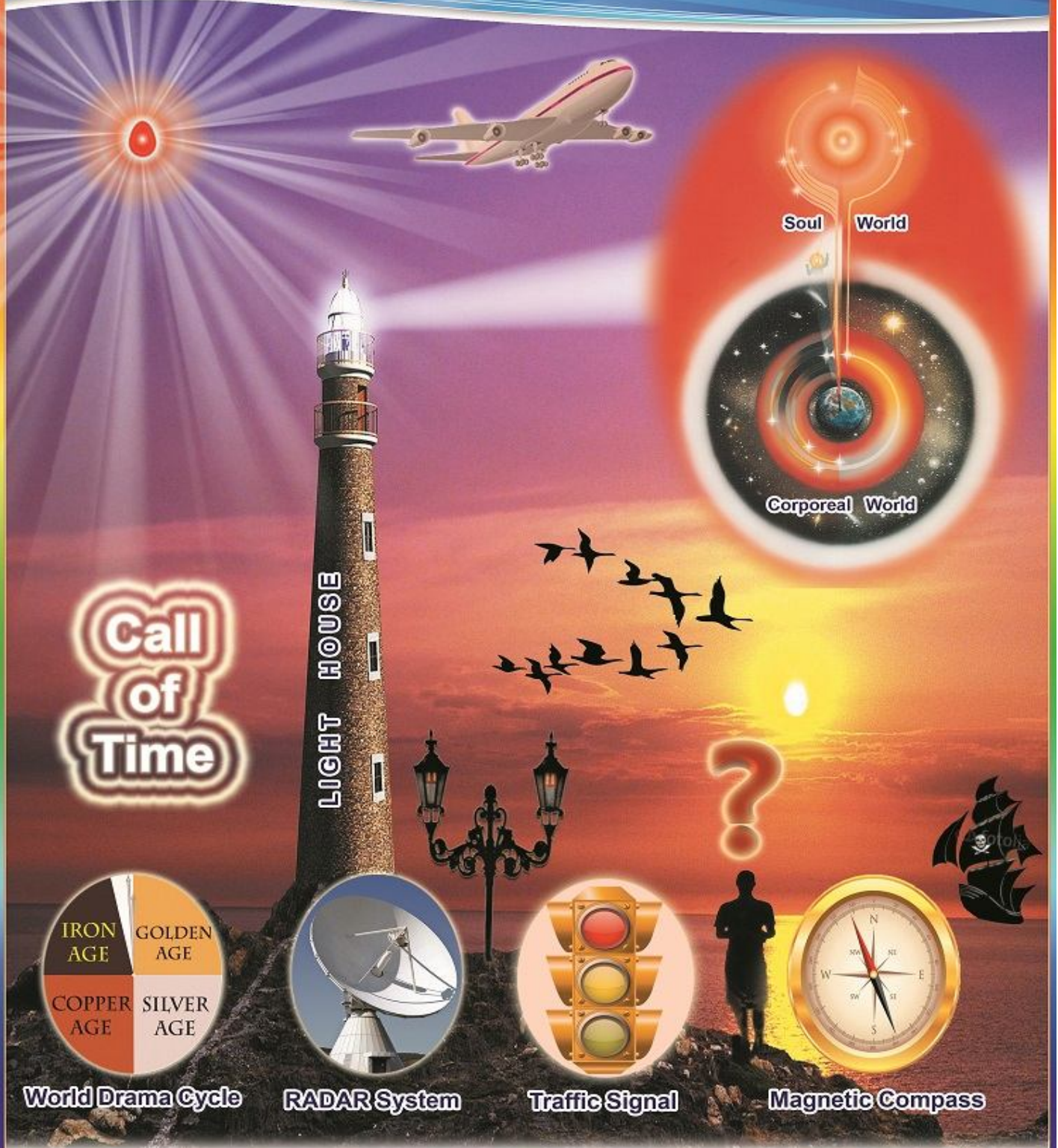
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# Journey – The Art of Lifestyle



Call  
of  
Time

LIGHT HOUSE

Soul World

Corporeal World

IRON AGE  
GOLDEN AGE  
COPPER AGE  
SILVER AGE

World Drama Cycle

RADAR System

Traffic Signal

Magnetic Compass



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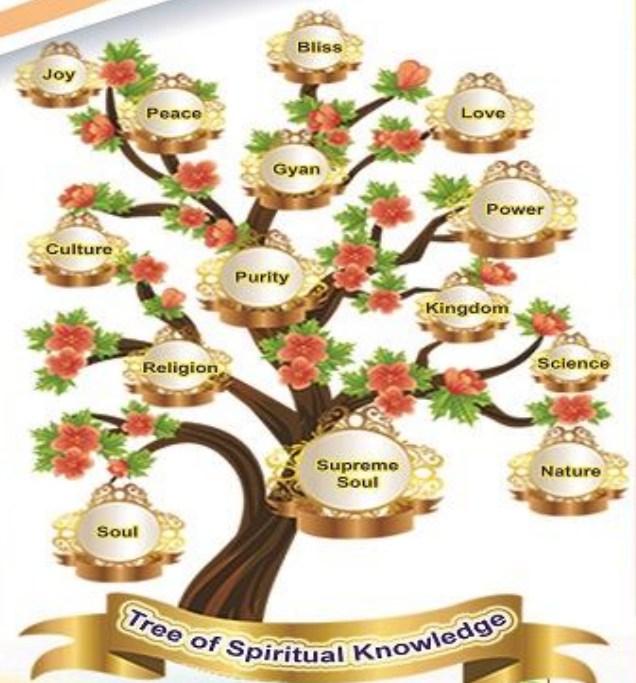
New Beginning – A Sign of Hope about the Future

Forthcoming Golden Age of Bharath

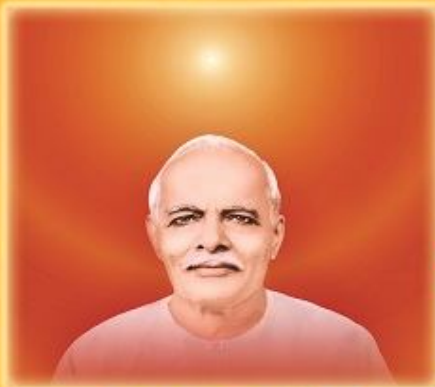
Health, Wealth and Happiness are the Godly birthright of all

Self as a Soul – Gyan  
God as Father – Yoga  
Life as a Drama – Dharna  
World as One Family – Seva

4 Subjects of Spiritual Lifestyle



# Brahma Kumaris and SpARC Wing



**God Shiva,  
the Founder of  
BKIVV through  
Brahma Baba**

**Brahma Kumaris Ishwariya Vishwa Vidyalaya  
(BKIVV) is an International Socio-spiritual Organization  
As an NGO, it is serving the society through  
about 9000 Centers in 135 Countries**



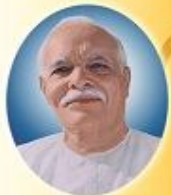
**World Head Quarters  
Mount Abu, Rajasthan**



**SpARC established 1995 as Research Wing  
Brahma Kumaris Academy for Better World,  
Gyan Sarovar, Mount Abu, Rajasthan, India.**



**Vision & Mission of  
SpARC Wing & BK**



**Brahma Baba**



**Jagadamba**



**Dadi Prakashmani**



**Dadi Janaki**



**Dadi Gulzar**



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