



Brahma Kumaris - Dadi Magazine - August 2012

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## Dadi Janki – The festival of Rakhi



Om shanti. Om shanti second time in sweet Baba's remembrance. Today, it is Sunday and you are also celebrating the rakhi festival. I, the soul, am with you. Baba is with me, and I am also with you, in front of you. The festival of the Rakhi of Godly love is the number one festival out of all festivals. We constantly have love for Baba. I always ask myself: How did I fall in love with Baba? In the whole cycle, who else have I found who is like Baba? Someone said: I have separate love for Shiv Baba and for Brahma Baba. I said: I experience the love of three in one. All three – avyakt, incorporeal and corporeal -are together. Can you experience that? You have created such an atmosphere there, have you not?

The scene in Global House looks beautiful. As soon as you enter the house, everyone's yoga of the intellect is connected with Baba and lost in Baba's love. You have love for Baba, love for the study and because it is such a good study you feel extra love for Baba. The study is so good, don't even ask! The attainment you have received through the study is of the prosperity of constant happiness and peace in life. All I have to do is to remain constantly peaceful and to give peace. I don't have anything else to do. It is not my duty to be peaceless. It doesn't matter

what else is happening, or even if there is peacelessness, my religion is to remain peaceful and my duty is to spread peace. I don't have to do anything else. This is why Baba has said: Baba, study and attainment – be full of love for all three. You are tying this rakhi today. I am tying rakhi here in Shantivan, giving the tilak and toli. Sudeshben has also come there for Rakhi and the atmosphere there must be powerful.

Only some have the rakhi tied, but all those who sit in yoga and accumulate this power will find the accumulated power useful throughout the year.

To have birthdays at such a time is wonderful. Baba always said: Celebrate the lokik birthday of those whose alokik life is for removing the sorrow of others through their renunciation, tapasya and service, who are merged in Baba's heart and one who merges Baba in their heart – to such sisters – to all brothers and sisters of the class – specially Murli Dada – personal love and remembrance to all.

Lots of love and remembrance to all.

BK Janki

# DADI JANKI – 20JULY 2012 - SHANTIVAN

## UNDERSTAND WHO IS TEACHING YOU



Baba has placed us in the Confluence Age and given us a lot to do. There is little time left in the Confluence Age and lots to do. Stay in remembrance and destroy negative karma - this is one of the big tasks we have undertaken. Become conqueror of negative actions by staying in remembrance. This is Baba's order, His instruction that He gives us in every Murli. We hear this everyday, but do we put it into practical? How many of us really feel our negative karma is being settled? The more the accounts are settled the more we feel we are becoming victorious over negative actions. No negative thoughts can come to our mind thereafter. Once it enters the mind, it will express itself in words and actions too. Mind, speech, actions and relationships have a deep connection between them. Can I forge connection of all four with Baba while living in the corporeal world? When the mind is peaceful, what words will I speak, what actions will I perform, who will I come into relation with? I will only be drawn to connect with the Supreme Father, the Innocent Lord Shiv Baba, the Father of all. Go into silence and experiment with this.

If you want to accumulate good wishes, make your mind, speech and actions pure. If you spend more time looking at what other's thoughts, words and actions are like, then the flow of good wishes stops. Further, you won't experience Baba's love and power. To keep old or unrelated matters in your heart makes you unworthy of receiving good wishes. "Claim good wishes from your Mother and Father, and the burden of sin will be removed..." So pay attention to this. Stay light. The lighter you are, the more you stay in the flying stage and receive might.

Amritvela holds great significance. As Dadi Gulzar has often said, our ancestor souls come to be with us in the subtle region at Amritvela. Even

in bhakti they say worship in the early morning hours enables you to sit in the boat of truth. Transformation easily takes place within our thoughts at Amrit Vela. Thoughts become so elevated, that waste thoughts, are no longer allowed to come to us during the day. Why would they come anymore? There are many who want to share their thoughts, as they feel they are 'right' and others should listen to them. But they could not be more wrong due to ego.

***If you want to  
accumulate  
good wishes,  
make your mind,  
speech and  
actions pure***

Dadi likes a song which speaks of how pure virtues and defects make a person either a diamond or a stone. There is such a contrast between a person with good qualities and one with defects. Let me recognise myself. Virtues tell me I am becoming a flawless diamond, and defects make me a rough stone. Stones have no value. So understand your own value well, and increase your allure. Forget everything else. There is so much power in Baba's remembrance that it helps us become valuable. If you wish to increase your value, then look at yourself in the mirror and check yourself against the list of 12 values and 8 powers. If I am lacking in even one value, it means there is less power. Baba says take as much strength from the Father as you wish to become Master Almighty Authority.

Those who have regard for the good study don't look at anything else, apart from the Teacher and the attainments of the study. If we don't

study with this understanding, then we miss out on the attainments we should be experiencing. Even in a lokik study, the student has trust that the Teacher will help them become that which they are studying for. Let us have faith too. Baba's Murlis gives us teachings and cautions us: so study carefully. He also makes us 'understand'. I should not miss a single teaching which could be my decoration. The more we imbibe the teachings, the more we please Baba.

We were initially ordinary but are now so fortunate to have been adopted by the Father. How many of us are happy to be found and adopted by Baba? We will receive the thrones later but first we get seated in Baba's lap. We used to sing this song in the early days, "O Mothers of Om Mandali, seat us in Baba's lap and give us nectar..." Having drunk nectar we now know the difference between nectar and poison. Nectar makes us ever-healthy, wealthy and happy. So continue to drink nectar and help others to drink too. We listen to the Murli and say, "It was a good Murli", but what do you do the whole day? Revise the Murli the whole day, and extract the power of nectar so that only words of nectar emerge from your lips. If I have drunk nectar, then I will never speak bitter words or words that lack essence. There is no joy in being 'dry'-natured. Some say I like to be quiet and stay in yoga, but if you are really in yoga that sparkle and smile should be visible on your face. Whoever comes in front of you should be reminded of Baba. Let your remembrance be so powerful, that whoever is in your midst, even from a distance, will experience vibrations. There are many who are far away from Madhuban but connected deeply with the intellect, and there are some who are in Madhuban but their intellects wander around in the old world... So ask yourself: where does my intellect go?

***Omshanti***

## DADI JANKI – 14 JULY 2012 – SHANTIVAN

# THE PATHS OF GYAN AND BHAKTI ARE CLOSELY CONNECTED...

Do you experience the beauty of a Raja Yogi life? Not only is the life of a Raja Yogi beautiful if experienced fully but living the life of a Raja Yogi at the Confluence helps us to do bhakti accurately during the cycle: to live within the gathering, using every second in a worthwhile way... remembering God with honesty from the heart. We are on the path of knowledge... we are walking on that path. He is telling me how to walk on the path. When God tells us to do something then we naturally have the feeling to do it. Following Shrimat allows the soul to create an elevated fortune for itself.

Through the devotion we performed with great love on the path of bhakti we created sanskaras that support us until now. It is that dedication to God on the path of bhakti that helps us at this time of the Confluence. It is as if that emerges from the soul now. The principles we follow now and the type of actions they allow us to perform also help us to do bhakti accurately from the Copper Age. One who has been accurate in their bhakti (previously) will also find it easy to follow Shrimat accurately now. The feeling of deep love for God that we develop now will emerge on the path of bhakti. The principles Baba has created for us for us to follow at the Confluence Age allow us to be internally 'clear' enough to experience God's love now. The happiness of experiencing that love this is revealed on the face.

Baba pulls us to Himself and to follow Shrimat. However, if there is any other pull it means there is something wrong. Check yourself in this. It shouldn't be that as I am moving along I get new pulls from here and there. If you are not feeling a pull for amrit vela it means that you are not paying attention to some aspect. It means that there is some aspect of this study that you are not paying attention to. I have to study well be-

cause my intellect needs very refined points to churn and sustain the self.

*In fact it is only God's love that has enabled the soul to change for the better.*

It is a deep point but if you are finding it is taking you a long time to change yourself, it is due to a lack of love. Only that quality of love, given by Baba, which goes deep inside the soul allow one to completely transform all which is old and fills the soul with power.

If you keep the highest aim in your effort, that quality of effort, which can make the soul complete, then you will experience how Baba gives you His company. If you keep allowing subtle desires and attachments to pull you then you will not experience His company. There will also be some subtle type of worry internally. Your conscience will bite. Ask now: Have I finished all my desires and attachment? Only if you finish them can you experience liberation and liberation in life. You may think you can hide these things from others but remember - you cannot hide anything from God.

Don't allow yourself to develop the habit of hiding anything. If you need to hide it then it means something is wrong. Dadi checks herself in all aspects before speaking anything in the gathering. In fact desires and attachments are a type of arrogance. Go into the depths and see that if you have desires and attachments then Baba is not bound to give you any return. Go into the depths of the feeling of God. It is a fortune to feel that one is receiving everything from God.

But for this you will have to destroy even the slightest desire and attachment. Baba will then see that you don't need anything else and thus He will give you all the treasures He has. You may see that others, even seniors, are making mistakes and so you think it is ok for you to make mistakes also. However, do this and Baba will not forgive you. Do this and it means you are not looking at Baba but rather you are looking at others. You may have been earning a very good income yesterday but because of being under the influence of desire and attachment today then you may lose everything.

It is desire and attachment that take the soul into loss. Such souls may sit in the gathering but they are only half-heartedly into the study. They will not sit with deep feelings. Thus, the conditions that God puts on receiving His treasures are not fulfilled. How can one who is a slack effort maker expect to receive everything freely from God?

It is Baba's direct gyan that dispel desires and attachment. You can call it an injection. Only if you dispel desires and attachment can you be said to be in the light. Ask yourself: what and who is in my heart? Are you in Baba's heart and is He in your heart? A true Baba's child will have the desire to become like Baba – Bapsaman. We have to see Father and follow father. Don't allow your zeal and enthusiasm to decrease. Care for the jewels of knowledge you are receiving. If you keep making little mistakes you will lose your zeal and enthusiasm. This is the time of the Confluence – I should not miss out on anything. I have received the fortune of knowing God, given my life to Him... don't now allow anything to pull your intellect towards it – don't now allow anything to come between you, God and your fortune...

*Om Shanti*

# DADI JANKI - 18 JULY 2012 - SHANTIVAN

## BECOMING AN IDOL OF PURITY AND A FLAWLESS DIAMOND

### *Teachers' Bhatti, Shantivan*

What would an idol of purity be like? Bring that image in your mind's eye. Can you see yourself as that? Any type of impure or waste thought, even that which is not necessary would not come to such a soul. To become a flawless diamond one has to leave the habit of looking at others. A diamond does not need to look at anyone else. We diamonds are individual, separate from others and so we have to look at ourselves. In the soul-conscious stage, create such a deep relationship with Baba, that you do not see anyone apart from Baba.

One becomes a diamond through the power to discriminate. One who wants to become a diamond is attentive to remove all flaws – not a single flaw should remain. My thoughts should remain clean and peaceful. In Baba's remembrance, such a soul becomes the form of light and draws in might. Purity, peace, love, happiness and power would be present in an idol of purity. Bring Baba, Mama, Dadiji in front of you...look at these idols properly. These five qualities make up this idol. If my drishti and attitude lack even a little bit of purity, then I cannot be called a complete idol.

There are some who make good efforts with purity, peace and happiness. They do not make a show of their efforts but are naturally noticed by others. First is to become worthy of praise, next - worthy of being remembered with regard, and further, worthy of being worshipped. To be praise-worthy, one needs to keep a high quality of thoughts – be honest, faithful, and obedient. Let there be the natural practice of emerging the image of yourself as this praise-worthy idol.

We become worthy of being remembered with regard when these qualities emerge and are visible very naturally on our face and in our behavior. Further, more deep effort is made on the

self to become diamond-like. A diamond may be small while an idol is big, but a diamond is more valuable. Gold is melted in the process of purification (removing alloy). Only then can it be called real 24-carat gold. But a diamond is never melted. So with purity remove all defects of the soul. This is what Baba wants to see in our volcanic yoga. My life is a pilgrimage. When one is on this journey the intellect's yoga is totally connected with the destination. One has to maintain cleanliness and purity for the period of the journey, whether it's how one dresses or what ones eats, or remaining celibate. Pilgrims remain very aware that 'they are on a pilgrimage'. So to become an idol of purity, pay attention that your food, how you dress, how you behave and your speech are pure in nature. Purity attracts. As Baba always reminds us, cook and eat in Baba's remembrance. Attention needs to be given to every action. Baba used to even remember Shiv Baba while bathing. The intellect is free at that time, so remember Baba and you will experience joy.

Compare yourself with your seniors when you want to finish all differences. Don't compare yourself with anyone saying: "Why don't I have what they have...If they change, I will change... Why doesn't anyone correct them... One who is involved in such thinking or commenting cannot become an idol. When there is purity, peace, and happiness you will not fluctuate. You will be able to help those who fluctuate with the power of purity, because you are accumulating strength. When situations come and you have to battle with them, you lose energy and it becomes harder to regain it quickly.

Spiritual endeavour is good and easy to accomplish. It's not a big deal. As Baba says, stay free from tension but be attentive. Don't have tension over keeping attention. To have attention means to remain focused. Knowledge (Gyan) tells us pay attention (Dhyan rakho) on your mind, speech and

actions. Where there is attention, I am able to remove all differences and make my mind, speech and actions as Baba wishes to see. Whenever Dadi finds time, she sits in front of Baba for 5-10 minutes. Dadi was checking herself and focusing on saying 'My Baba' but it wasn't coming out naturally. Why? 'Baba' means the One who is mine, isn't it? So I don't need to keep telling anyone 'He is mine'... Let there not be the arrogance of 'mine'.

When subtle arrogance of 'mine' has not ended, we continue to use it and make other entities 'mine'. My mind doesn't belong to me, the body doesn't belong to me anymore...I don't own anything. Nothing belongs to me. I have to pay attention to this so that it helps me in my last moments. Ever since Dadi came to Baba, she has paid attention to making the final moments the best possible. Dadi never thought she would live to such an age... In Karachi Baba always used to say, "Give importance to your final moments ...". Dadi has never slackened in this effort. It's a guarantee that you will leave the chariot with satisfaction if you have made effort over a long period of time: Your final moments will take you to your destination...

Recognise yourself. A diamond means that which is real. It holds great value. If I make effort to be diamond-like, Baba will definitely give me the reward. I am the one to make effort, and Baba is there to reward me. When Dadi decided to dedicate her life to Baba and the Yagya, Kikni Dadi advised Dadi lovingly saying, "Always drink nectar and enable others to drink the same." Dadi has made her life worthwhile by following this advice. It should be as if we don't know how to do anything else. Study the Murlis, learn from our books and magazines – it's our duty to change and become. Never forget your aim. Sparkle like a flawless diamond even from a distance. Increase your own value by becoming more real.

*Om Shanti*

# DADI GULZAR – 19TH JULY 2012 – SHANTIVAN MAKE ‘BABA SAYS AND I DO’ YOUR MOTTO



Have you made the mantra of ‘om shanti’ so firm that its affect is with you no matter what situation arises? When you say ‘om shanti’ and your mind is filled with its significance, then the mind becomes still and everything becomes quiet. To say ‘om shanti’, with significance means to remain obstacle free. Within this one word, there are so many things. Do you experience this? You have been listening to a lot since your birth. You come to Madhuban to do what you speak about. Easy effort is contained in two words – Baba says and I do. This was Mama’s effort. The wonder of the Murli is that no matter how old it might be, if you have an obstacle today (we are all effort makers), you will find the answer and your means of safety in the Murli. So read it with this in mind. Whichever Murli you pick up, you will find the answer to all forms of maya within the reference to the four subjects.

When they read the Sikh scripture, they open any page and start reading from there. They feel that there is a solution on each page. We have the Murli spoken by God. Shiv Baba has a solution and answer to everything - to anything that happens. Baba says and I do – make this your motto and you will receive huge blessings. You will have so much happiness about what Baba says. When you revise the Murli amongst yourselves, so much enthusiasm is generated. To have love for the Murli means to have love for Baba. Not just love for reading it, but love for putting it in to action. The Murli is our life and the Murli is our heart. Brahma Baba had so much love for the Murli. Shiv Baba comes and relates the Murli early in the morning.

You have so much love for Baba! Each one says: I love Baba so much. What does this mean? Whatever He says, I do. People are prepared to leave their body chasing after physical love. We have God; what would you not do for Him, if there is love? The Beloved

just has to utter a word and you do it. Do you have this much love? Mama became Mama because of this. Despite being a kumari she became Jagadamba (mother of the world). This can also be our aim: Baba says, I do. There is no need to remember any other points. This is easy, isn’t it?

In the early days we would sometimes go to Baba’s room to say good morning. Baba would say to us,

***‘Children I am preparing food for you. I am looking at what food Baba is going to feed you’.***

Baba had to go to Bombay once or twice for an operation, but He would never miss the Murli. He would write it and Mama would read it out. Even on His last day before becoming avyakt, his health was not so good yet he spoke the Murli in the evening, He didn’t miss it. Even till the last day, Baba sat straight without any backrest. He never took any support, neither for his back, nor feet. He was so bodiless despite his age. None of us have followed Baba in this. Baba’s experience of being bodiless was an example for us. You can see from Baba’s practical example how his practice of being bodiless meant that the body was never able to deceive him. You can use whatever you need for the body, but observe Baba’s stage.

Whatever problem comes you can now find solutions. There may be many things that happen in your life, but remember your fortune of having

being selected by Baba. It is such a big thing to have been selected by God! You were not able to find Him. It was God that found you. He has given you such a wonderful seat of being alongside Him. Normally, no one is allowed to sit on the seat of the guru. Baba has given us the seat of His Murli. He has called us ‘gurubhai’. Never have the thought, ‘I am small, I am like this...’ It might be that you are young, but you are very fortunate. Always remember your fortune. Then the little things that happen will not affect you. Don’t look at others and disturb yourself in this way. Become free from even this bondage.

If you are walking along and a brother or sister has fallen down, you wouldn’t just carry on and walk past them, would you? You would stop to help them. In the same way, if someone’s sanskars are troubling them it is as if they have fallen down. Therefore maintain good wishes and pure feelings for them. It is easy to do this for outside people, then why can’t you have this for your brothers and sisters? We need to keep the knowledge in our intellect of what is right and wrong, but we also need to maintain good wishes and pure feelings. ‘She is like this or like that, she bothers me or disturbs me’. To keep this feeling for them is wrong. If someone is weak, your job is not just to ignore them. Maybe they are weak because of some sanskars. My job is to give good wishes and pure feelings. You are divine sisters and brothers and you live together for 21 births, not just one birth. Check your chart on the day that something happens, did you remember Baba or that person? If you were to leave your body on that day then what would your result be? Baba has told us that everything will happen suddenly. Baba has also told us that if our yoga is correct then we will find the means of safety.

Today’s topic is to be free from bondages. Ask yourself whether

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*Continued from page 5:*

***Dadi Gulzar – 19th July 2012 – Shantivan. In teachers' bhatti  
Make 'Baba says and I do' your motto***



you are free from bondage? It is usually the bondage of sanskars that causes obstacles. We know that all do not have the same sanskars. It doesn't matter what others' sanskars are like, but what are mine like? It is easier to note others' sanskars. Look at your own, what did you do? If someone got angry and you felt bad and got caught up in asking questions, it is you that goes into loss. If someone has sanskars of carelessness and I begin to think about it then it affects me too. The rosary means that each one is numberwise. We know that each one will be different, so there is no need to become disturbed about it. If you fall because someone else fell, then it is because you got involved in the wrong way. Actually, we need to help others, rather than allow ourselves to fall. Our task is to remain loving and cooperative with each other. At that time you may not even be able to say anything to

them, but what can the loving feelings of the mind not do?

It's not enough to just come and listen to the class, but we have to transform everything. Make your face powerful. Each one knows their own sanskars. There will be a variety of souls - that is how the rosary is formed. Take away this determined thought with you. In this way all bondages will be broken.

The second topic is to be free from negative (sinful) thoughts. After amrit vela, spend about 20 minutes to see how you will keep your mind busy throughout the whole day. Baba has given us drills; He has given us mansa seva to do. We have the Murli to churn on and this can be done whilst walking or moving around. Then before sleeping (if needed, sit on a chair) and give account of your whole day to Baba. What was the aim of each moment and what was your result? If you made a mistake in your

mind, words, actions or interactions, then relate it to Baba. Baba is in the form of Father at present. I have seen the form of Dharamraj in trance. There was a scene with a table, which had lots of beautiful things for decoration of the body. Maybe a beautiful comb... But as soon as you pick up the comb, it sticks to your hair. I saw many other things there. We don't want to experience that. So give everything to Baba and don't try to take back what you have given to Him. Have such control over you mind.

Baba has given us the mantra of maintaining good wishes and pure feelings. Keep your mind busy. There are many things you can do even whilst you are doing things physically. Emerge all powers, all qualities - then you will be free from negative or sinful thoughts and you can be Manmanabhav. It's easy isn't it? Remain happy and let Baba be happy with you.

*Om Shanti*

## **DADI JANKI – 28TH JULY 2012 – SHANTIVAN DO I ALLOW MY INTELLECT TO WANDER?**



To be able to do mansa seva one has to move away from corporeal feelings; to move away from the consciousness of one's own body, and the things of the physical world. I have to move away from corporeal feelings and all the ups and downs that those feelings from the corporeal world bring.

To be able to do mansa seva I need to have love for all souls and that includes all souls of the world and all Brahmin souls.

In fact, Om Shanti takes us away from the limited world and into the unlimited. Only when one remains in the unlimited are they able to do unlimited service. Baba, the knowledge He gives, and the inheritance

are all unlimited. Think about this. Only when you really understand this will you be able to do unlimited service and take the unlimited inheritance. It is a deep aspect but whatever sanskaras you adopt, your companions will adopt the same. Therefore, be careful.

A true Brahmin is such who maintains a direct connection with God. To the extent you know the Father, that much you will develop self-respect. If you are going to be a true instrument, you need to keep true knowledge in your intellect. You have to be in true remembrance of Baba. We listen to gyan through the mouth of Brahma but I have to remember that incorporeal One.

Not only that but I have to focus on what I am listening to when I listen to knowledge. It should not be that I allow my intellect to wander here and there. Nowadays, this happens all the time... the intellect of many wanders and they do not focus. They look here and there, thinking of this and that. Baba did not used to like this. If your intellect wanders during the Murli, your marks are reduced.

It is time for us to go to the world of peace. The drops of remembrance fall on the soul, making it pure. Therefore, make effort to stay in Baba's remembrance and allow that remembrance to do the work of purifying the soul.

*Om Shanti*

## DADI JANKI - 19 JULY 2012 – SHANTIVAN

# KEEP AN AIM AND THE QUALIFICATIONS TO ACHIEVE IT WILL EMERGE

Baba has told us many times to caution each other and progress. It is a big mistake to remember either that which I have done wrong or that which others may have done wrong. We all know the definition of a mistake and the definition of remembrance. It is through Baba's remembrance that so many wonderful things have taken place and continue to do so. I may have made a mistake, another may have made a mistake but to remember these is a further mistake. It is a further mistake to remember, to find out more detail, or to talk about these things. Why? Because we then can't remember Baba. We have to keep remembering Baba with a true heart. Keep this aim in your heart. When there is an aim the qualifications of that aim begin to emerge. We have so many different types of experience in Baba's remembrance and many miracles happen through Baba's remembrance. Is it first remembrance and then experience or the other way round? Sometimes we have an experience which then allows us to have remembrance again. When we start thinking about issues connected with other people and things we don't like, we realise through our experiences at that time that this is not what we should be doing. Make it a principle for yourself to never do this. In order to keep this promise we have to make very deep effort with a lot of love from the heart. It is a secret and continuous effort because it involves keeping our thinking very pure.

The attitude of criticising other people (parchintan) prevents the soul from thinking about the self in a deep way (swachintan). When we are 'swachintan' we can spin the cycle of self-realisation. If I have a critical attitude then, when I think about myself, it is sometimes with arrogance and sometimes with a type of disheartenment... It is like two sides of an ego which don't let go of the soul. To finish this there is one method – and that is simply to keep on looking at the self internally and to stop looking at others. How

much time do you spend evaluating yourself? Or do you spend more time evaluating others?

Baba can see clearly whether you are looking at yourself or at others. Why should He do this work? Because all of us are His children and He knows that the biggest blocks to self transformation and the greatest waste of time is to get involved with: **a) Parchintan (thinking about others) b) Pardarshan (looking at others) c) Pardosh (assigning blame)**

The greatest hindrance in our efforts are these three things. Anyone who can be free from these three will enjoy life very much. Their heart will be happy and their head will be very cool. Their nature will be easy going and they will have no worries at all. Realise this one thing and there will be so much transformation within. Then the boat of your life will reach its shore. When we realise something we get the 'real eyes' to see the self. In the Gita it is said that He is the Giver of the Divine Eye. What exactly is in our eyes? Whatever is in our attitude emerges through our drishti. Anything that sits in our attitude will go further within and sit inside the consciousness and awareness. We have to be detached and understand to grasp this. God speaks to I the soul. God speaks to the child of God. See yourself as the 'son of God'. Baba has said that it only takes a second to get a point and realise and the experience of jeevanmukti occurs. The soul then becomes free from any issues or bondages and experiences freedom in life. The Father is the One who takes everyone to their true destination; if you can remember God in your last moments and He is the One who is everything for you, then you will definitely reach a good destination. So the ones who are free from all three P's are free from the plague, or black death. We have to be free from all three as they are all connected. If we have negative thoughts about someone, we will be blaming them because of something we saw in them. The initiating issue is that you saw something that displeased

you and you then started thinking about it. You then started telling other people... so who is to blame? Whoever becomes free from this can give their name privately to Dadi Gulzar and she will send it to Baba and Baba will give a prize. Whoever is looking at the self will become the embodiment of the song... "Open up your eyes and see what is in the mirror of the heart". The soul can look at Baba who will see what pure and what negative action has been done. You will then attain such a stage that you can see into the mirror of your heart and into the mirror of Baba. Others will then see into the mirror of you. You will then inspire others as you communicate something deep from your experience.

It needs to be a firm discipline internally to make sure there is no criticising anyone to anyone else. I never go into why something has happened and who is responsible. I never set up into an enquiry into any incident. Baba used to tell us in Karachi that some people have the nature of a lawyer; they create cases against others. He would also say some are like judges. Baba would ask us who we were to think we could judge others. He would tell us to only judge ourselves. In the old social system there used to be elders in the community who were very wise or religious souls. Brahma Baba was such – people accepted what he said. He would tell us to evaluate ourselves and never others. The consequences of karma are very deep and so we have to perform such karmas that we are happy with ourselves, Baba is happy with us and the whole world is happy with us. Baba once asked me: Do you realise the whole world is looking at you? These are the great words of God. The world is looking at us. In the early days I had no idea what would happen in the future but we had great faith in the wonderful words of God. I have travelled throughout the world and met so many important people but nowhere have I met anyone like Baba. There are also no other people like us.

*Om Shanti*

## DADI JANKI – 7 MAY 2012 – EVENING – GCH, LONDON

# THE PULL OF GODLY LOVE

How can I share my experience of silence in words? When you sit in silence does your heart wish to hear something or stay in silence? Listening to knowledge all this time has brought us to where we are now. If we were to write all that we've heard, the knowledge would not end. Hearing what Baba says, we are no longer interested to hear anything else. Listen to what will take you into silence. Silence allows us to hear only what is useful and not forget it. Otherwise it's human nature not to forget whatever they hear and these other things we remember and think about are meaningless. Now we are listening to knowledge and experiencing silence. What is silence? The deeper you go into silence, the more benefit you experience.

The various kinds of love – prem, pyaar and sneh all have an attraction. God's love pulls the soul, taking us beyond the sky, beyond the physical element. While we are standing on this earth, the intellect goes beyond to the Brahm element, the element of light. In silence we go beyond and we go deep inside. We go up above and connect with the Sun of Knowledge. All darkness is then dispelled and we experience light. All the while have been stumbling in the darkness, the inner self, the mind, has been receiving nothing – we never gave time to the self to know what it needed.

Now all the vices have been transformed. Lust is kaam in Hindi, which also means 'work'; we continue to work all the time. The five vices have now been transformed. The force of anger is no longer manifest as anger, but instead, we use that force to make effort. Greed – we now know that no matter how much knowledge we have, it's still very little and we are greedy for more. The attachment we have is only to the One – there is no one like Him. And the arrogance of ego is transformed into pure intoxication. The vices, which were so damaging, have now been purified.

People who came to meet Sakar Baba were given a form to fill with three questions: 1) What is your name 2) What is your Father's name and 3) Why have you come here? They were then told that it wasn't about giving the names of their physical body or physical father and the real purpose of being here was not to search for peace but to become free of all the vices. This form was a good method to enable us to clarify knowledge. If students understand and benefit a lot from the first lesson, they will want to come to the second – then it isn't a case of telling them they should. There will be that attraction to come again. So it's important that, whatever we are doing, we are always ready to share knowledge in a way that will pull souls. As we listen to knowledge, we are able to have yoga and imbibe it well and then we want to share it with others. If I have a real desire to share knowledge, then those who want to hear will come in front of me; if I don't want to share, nobody will come to me. How can we say, 'It's rest time'? That time may not be convenient for you but it may be the only time that's convenient for those in bondage. Baba was clear that we must be always ready for service.

Instead of talking about other things or other people, share knowledge! Avyakt BapDada has underlined how we have to use our time in a worthwhile way. I have to keep my life in front of me. We are in a bhakti, listening to knowledge so that we see what is lacking, what weaknesses we have (instead of what others have) and what we need to do now. A satoguni soul never looks at the weaknesses of others, but only sees their goodness; that goodness then develops in the self and it becomes visible in my relationships. We shouldn't ever complain that we can't get on with someone. Our life before Baba was so dirty and now it is of first-class quality. Through your life inspire others to lead a good life. Baba has given us so much. Use the love that Baba has given you, then you will

be able to take more and experience more. If you're not drawing more from Baba, how cannot hers draw from you? Anyone who comes to Baba's house should be pulled by Godly love. The whole world is calling out for God, not knowing who He is or what He is like. We know, accept and experience God – so let us share what God is like, so that others experience Him too. Baba should be pulled to sit in my heart – a heart that is clean and free from rubbish - and I should be pulled to stay with Him. In BapDada's recent message, Baba emerged us all in the subtle region. Trance is just a temporary experience but you can stay with Baba in the subtle region constantly with your intellect. Baba has given us so much and when we give the return, He gives us even more. Others should also feel the love that is within the sustenance we give. People in the world are thirsty for love – even a drop gives new life to the soul. So fill the soul with love, so that you can give to others and be able to help them in their time of need. Love filled with honesty will work.

Baba has made me a master almighty authority and I have to use those powers at every moment and not let any weakness – any discontentment, intolerance or sorrow – to disturb my stage and so break my connection with God. If I keep my stage and stay cheerful, God will help. You all have a right but you have to value your time and not waste it. Recognise how Baba is the Bestower, the Bestower of Blessings and the Bestower of Fortune. Baba doesn't get tired in giving, it is those who are receiving who get tired! Hold up your apron in front of Baba and He will fill it with knowledge. Ask yourself how many have I inspired to lead a good life? Have I served my neighbours with such love so that they ask: 'Who are these people?' We are not ordinary and nor should we behave as such by getting into waste. We will enjoy our every thought, word and deed by using them in a worthwhile way. Let us share the love that we have from God and for each other with everyone.

*Om shanti.*



# DADI JANKI – 13 JULY 2012 – SHANTIVAN SIT QUIETLY AND UNDERSTAND OUR YAGYA



The 12 July evening (felicitation of 1600 of Baba's instrument teachers dedicated for between 20-30 years) was such a beautiful gathering. When we were listening to BapDada's message for the teachers, it felt as if Baba emerged all of us in the subtle region even though the message for specially for the teachers.

We are Baba's children, we are His students studying in the same University. We reside in the same hostel meaning we belong to one home, one hospital. It's definitely also a hospital where old illnesses are treated.

We have to live with the consciousness of being a student; we are not householders anymore. To be a householder means to be busy or occupied. I always remember Mama's teachings: once Mama came to Pune, and we celebrated Shivratri with splendour; Mama gave everyone lovely experiences. When the programme ended, I told Mama, "Didn't everything go well!" Mama immediately replied, "You have become a householder". Since that day I decided I never wanted to be a householder (in other words, not be overly busy in physical work). We have to remember that this is our student life.

Secondly, when we speak of our four subjects we speak of gyan first, yoga second etc. We don't say yoga first... Baba said recently, 'Recognise yourself, know where you have come from and where you have to return to. Know your Father'. All of this relates to gyan. We are listening to One sharing these sweet aspects. When gyan touches our hearts and we connect to Him, that is yoga. We don't have to 'sit in yoga' all the time, but His words touch us souls and help us to fly to Him. All bondages break naturally.

When the word 'Baba' emerges from our heart with love, we begin to like to

wear white, we value Brahma Bhojan cooked by yogi souls, we understand deeply how food affects our mind. Pure food, elevated thinking and good company make us strong in dharna. Lust and anger may leave us but greed and attachment are very subtle.

***Many years  
back, Sakar  
Baba instructed  
us to put up the  
slogan "Be Holy,  
be Yogi" all over  
the place.***

Then came "Speak softly and sweetly". Dadi added the line, "Speak the truth". When gyan is in my intellect, I understand myself, Baba, time, and know I have to return home. We have packed up our things, and are waiting to return Home. We are free from everything else now. To look at the self is to understand gyan.

One who has imbibed purity, experiences peace automatically. Purity includes honesty, humility and divinity. Lack of purity results in irregular experiences of peace. Impure thoughts never allow us to be peaceful and loving. To be knowledgeable means being powerful and loveful. Gyan is not meant just for sharing. Gyan means living with purity.

Has our yoga destroyed our negative karma or have our elevated actions freed us from negative or wasteful karma? There are times souls sit in yoga, but are not able to completely experience purity, peace and happiness - what should they do? Engage the self in Yagya service/spiritual service that is practical karma yoga (whether it's cleaning the dishes or

making rotis). Yagya service means unlimited service. How can we not look after our home? Sometimes we count how many things we do in Baba's home... or we say, am I here just to clean the dishes? Let's change our attitude towards Yagya service.

Our dharna becomes good when we value Baba, the Yagya, Sangam Yug and service equally. Let me not avoid Yagya service at any time. Do whatever is essential at the time and your bones will become stronger. Those who have served sincerely remain healthy till the end. The more we serve through the body, the mind stays well too. There may be others who contribute financially in the Yagya, but we are the ones to use it in a worthwhile way and thereby create our fortune. Sit quietly at times and understand what the Yagya is. My Baba created the Yagya, and gave birth to us Brahmins. Brahmins alone can sustain the Yagya. When true Brahmins feed other souls, they too become Brahmins. We won't feed them just like that - we keep the aim of making them belong to Baba. Baba is the Lord of the Poor but we haven't come to the Yagya just to eat and drink. If we eat from the Yagya, we should serve the Yagya at least ten-fold times in return. Dadi has always been very attentive about how much she eats and how much she serves during the day. Each grain of the Yagya is worth a gold coin. Others contribute to the Yagya and use what they have in a worthwhile way. That goes into my stomach but what service did I do? I have to serve from a soul-conscious stage.

Baba invites us to the subtle region often but who can reach there? Do you emerge that scene often? Baba is giving us drishti and signals. We don't remember Baba as much as He loves us. Sensible children are those who understand signals and do what is needed.

## DADI JANKI – 28 JULY 2012 – OM SHANTI BHAVAN FINISH ALL WEAKNESSES THROUGH BABA'S RAYS OF LIGHT AND POWER

***On this day Dadi came from Shantivan to Gyan Sarovar in the morning after conducting class and reading Murli there. She met and spoke to 700 participants in the Doctor's Conference in GS. Dadi then came to Pandav Bhavan and conducted evening class. Dadi gave everyone toli and then returned to Shantivan as many of the senior brothers are returning to their respective places tomorrow after their four day bhatti.***

You are all smiling; if you want to stay healthy, wealthy and happy you need to do the exercise of smiling. Don't see the screen! (there is now a big screen in OSB). If you look at the screen and then here and there you won't concentrate! We have to do that which Baba wants us to do. The intellect has the habit of wandering here and there but we now have to rein it in. We read the Murli with great attention. If you read the Murli in the class then don't look down all the time! Read half a sentence and then look up. When listening to the Murli then Baba is speaking directly to me. After all He is the Father of all but He is also my personal Baba. When I realise and experience this I get power. The soul needs strength now. We had been so body conscious that the body was running the soul. Now the soul has to run the body through soul consciousness. Baba says forget the body and bodily relations and remember Me. It is such a simple thing but it is very powerful. Knowledge means to pay attention. If don't pay attention I am not living by that knowledge. Baba checks where our attention is going. Baba doesn't just want us to share knowledge – He wants us to become the embodiment of knowledge. I have to become filled with love; mercy, truth and forgiveness... let me live with these qualities.

Mama's motto was 'Baba says and I do'. He inspires us to do the same as

he did. Can you make your thoughts quiet in a second? If you can make your thoughts powerful in a second you can experience peace. Sometimes there are too many thoughts in the mind and you cannot quieten them. This is why Baba pays attention. If I can't quieten my thoughts then there is a negative effect on the body. You will even ask: What can I do now? Nowadays even doctors ask this. Don't think a great deal of what to do and how to do it. Baba is telling you what to do – you just have to do it. Come my sweet Innocent Lord Shiva – my life is in Your hands. When I am happy and people see me dance in the remembrance of God they feel happy and they are also inspired. I have to be so worthy that I climb onto Baba's heart throne.

My task is to change those with a salty nature into those with a sweet nature. I have to take in the Light and dispel any darkness within the soul. I then have to spread those rays of light in me outwards. Those who have weaknesses need the strength

the finish those weaknesses. Many have become subservient on someone or something. They feel so insecure. But when I am aware that God is my Father I get filled with power. When I don't keep this awareness then my heart weakens. Keep your heart so clear that God can reside in it.

You will then feel true peace – peacefulness and negativity will not be able to enter. When Brahma Baba became avyakt, he drew all power from Shiv Baba. We don't have to try to hide anything from God. If you are not honest with Baba then you will have to hide away and you will cry and repent. One who is honest can become completely bodiless and a trustee. This is the way to win Baba's heart.

Now remain happy and we will go home together... Even if I were to tell Dadi and Didi that I am coming to them they would say 'No, no, you remain here'. My task, it seems, is to take all of you back with me!

*Om Shanti*

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### DADI JANKI 14 JULY 2012 (BY PHONE TO LONDON) BE IN THE FORM OF AN ANGEL

The Murli is very powerful and wonderful today. We are currently listening to the Avyakt Murlis of the early 1970's and most of the original jewels around the world heard these in front of Baba at that time.

Baba is the Bestower of Fortune and enables the fortune of others to be created. At each step we earn multimillions and become very fortunate. The personality of the power of purity is such that it brings royalty and reality.

All of us are and should become companions and so our thoughts, words and deeds become equal. Then we become samples and examples in front of the world. We are changing from humans into angels, and people should see the form of an angel when they see us.

*Dadi gives love and remembrance to everyone around the world.*

# DADI JANKI – 15 JULY 2012 - SHANTIVAN GOD’S PLAN IS TO MAKE ME PEACEFUL



Along with the Yagya, we Brahmins took birth. Whilst being in the sakar form Baba created his angelic stage. It was a wonder! Baba has done so much service through His avyakt form. Baba has instilled the introduction of the Supreme in each one of His children. Our intellects used to wander so much in search of One that we developed doubt. But now, with God’s introduction, we have developed faith in the intellect. It is that faith that leads the soul to victory. Whom shall we be victorious over? We had been suppressed and harassed by the five vices, our account of negative karma had increased, but now we are settling our negative karma through remembrance. By teaching us karma philosophy Baba has taught us how to perform elevated actions and made us true Brahmins. Look at the contrast between those who don’t have knowledge and Brahmins: everything has changed - from our lifestyle to our thinking, speaking, acting, behaving and being. Now, we Brahmins are just concerned about becoming angels like the Father.

It’s the time of Confluence Age, God has incarnated. Remember how He has transformed you since the time He found you. Look at the gap between your present stage and your perfect stage. We have the mantra that will remove these differences: That mantra is ‘Om Shanti’. Don’t remember matters of the past or that which does not concern you.

What is remembrance? It is to not remember anything but One. To remember other things - the past or various issues is not part of God’s plan. God’s plan is to see me peaceful according to the time. He says, “Take power from Me to help you stay peaceful”.

Do we have any other concern apart from this? Give it all to Baba. Don’t ask Baba how can you do it – simply do as He says.

You have heard and read last Sunday’s Avyakt Murli with attention and it would have touched your heart. We don’t have to make plans in reality; plans are made by God - they are fixed in drama, we just have to bring knowledge into practical form. It’s as simple as that.

We actually don’t have the wisdom to make plans, but on the other hand, we cannot just detach and say, whatever is meant to happen in drama will happen, so why make effort... Baba has given us the understanding of time, self and Himself. I now have to act accurately according to God’s plans. When I use time in a worthwhile way, time will always support me. Experience this daily.

Each elevated version has brought me closer to understanding who I am, who I belong to, and what I need to do. You don’t have to worry about what others are doing. When you think, “This person should not be doing this...” just see how the tone of your voice, your face and behaviour change. At that moment you cannot be considered to be a knowledgeable soul. Baba is asking, “Do you want to become an angel? Then pay attention to your words and behaviour. Don’t come into tension but be attentive”.

Those who pay attention can become carefree. One with tension will not know how to face situations accurately.

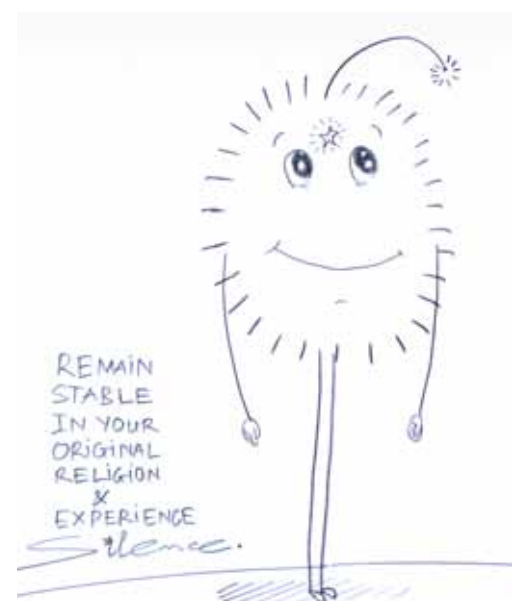
Baba’s children are becoming the light of His eyes. Through this light, the world will have a vision of Baba. Dadi was reading someone’s experience of having experienced God (after a long search) through Dadi Hirday Pushpa drishti. Don’t we experience this as well? He makes us mighty (powerful) by giving us light, and makes us light by giving us might. God’s drishti holds great comfort. I am so fortunate to have received such powerful drishti from

God Himself, so let me always remain in His drishti. There is nothing we need further in life apart from Baba’s drishti and His words. If my drishti and words do not reveal Baba, how can I possibly say ‘My Baba’? How will Baba say this is My Child? Experience the joy and power of this loving relationship all the time.

***Live your life in this way. Looking at you, others can then learn how to live their lives well. Keep the intoxication alive! You don’t have anything else to do.***

In 1978, our sweet Baba shared the importance of having yoga for the benefit of world service, and then we started World Meditation Hour. Give one hour of silence and spread peace in the world. Initially other countries used to have their World Meditation Hours at the same time India did, but then it was changed to 6.30pm at their respective places. It’s beautiful that for 24 hours every third Sunday, we BKs are engaged in this service according to Baba’s directions. Whatever Baba does or says is, and always will be beneficial.

***Om shanti.***



## DADI JANKI - 14 MAY 2012 - EVENING – GCH, LONDON

### Q&A WITH SISTER JAYANTI



**Q: In the 1970's avyakt murlis we are hearing now, it feels that BapDada is preparing all to reach the karmateet stage. Given that it was 40 years ago and there were only around 1000 souls in the organisation at the time, on what basis was the murlis spoken? Baba said to these few that they had to become Bapsaman, karmateet, vikarmajeet. Was it that BapDada wanted the Dadis in particular to have the power to move forward at fast speed? Otherwise, there would have been few who deeply understood and imbibed, just as at this time, few who listen then deeply imbibe. So, on what basis were the murlis of that time being shared?**

The answer to this question is very deep. Even when we heard the murli in sakar time, Brahma Baba explained that the murli wasn't just for those sitting in class, but it was for people wherever they are. Dadi was in London when BapDada spoke the murlis of the 1970s, and the murlis didn't come instantly then as they do now. Irrespective of the date the murli was spoken, Dadi studied as if BapDada were in front, and paid a great deal of attention as it is through the murli that Baba is filling the children with power. It is with study that we acquire attainments, and that maintains our interest. We receive incognito marks when we attend class in the consciousness of being the student in front of God.

Just as it is the children's duty to pay good attention to the teacher, the teacher isn't really a teacher if no attention is paid to teach. It isn't enough to study; none of us would be here today if we didn't play the role of teacher also. Teaching instills a practical confidence within us that we can do something for the world. It is God's plan that we all take birth in

the way that we do – Dadi recalls how Baba in fact started speaking English words upon seeing Sister Jayanti so that she would catch what was being said; he understood God's plan was that she would do world service.

Dadi receives so much correspondence every day, and it is because there are so many treasures of knowledge have been acquired within that the right words always come out, whoever is in front. Baba said 'Child, continue to share the immortal, imperishable jewels of knowledge and they will never disappear.' By having the bhavna (pure feelings) that as long as we continue to share and care, it will help others at some point, we will begin to see a result. Even if only a few listen deeply, they will be able to inspire many others.

**Q: During the period 1974-78 when Dadi couldn't go to Bharat and we are now revising those same murlis. Does Dadi perceive any difference in the murlis studied back then and the same ones in our hand today?**

Even on the path of bhakti, the Granth and the Gita are the same. It is through our bhavna that we acquire the strength and power, not from the words themselves. Dadi read the sakar murlis eight times every day, yet never felt it is revision because these are God's versions. It is the same as the fact we eat fresh food every day; even although it may be made with the same ingredients each day there is freshness and strength in it.

In the sakar days if someone made a mistake Baba would stop them from coming to class and they would cry. Although these days we let them come, the reality is we gain a result according to our actions. Dadi has always followed God's principles of amrit vela and study, and although her

physical health has always been weak, she continues to have strength and to experience an elevated life. Sakar and Avyakt Baba have both said 'Until you reach your karmateet stage, until destruction, this study will continue.' We should have a lot of value for this confluence age time – otherwise we don't have a life that is worthwhile. We can see through our actions and relationship with God, how elevated our life has become.

**Q: Dadi, for myself, upon listening to these murlis since January, I ask myself 'What did I understand at that time?'**

There is always a right time and a right moment. The more our stage moves forward, the more our catching power increases. Baba said the revised course would happen but we didn't know it would be in this way. What wonderful predestined drama to keep the children's attention in this way!

Upon listening to the murli, do you feel your attention drawn where it helps your stage? Dadi has awareness of nothing except what is important: remembrance and service. In remembrance, service becomes natural; it is very subtle. Not even today's date is remembered, or that Dadi would have this interview with you. What is important is to be present, no matter what the task. Always be present in class – fix your seat. Dadi likes everyone to have their particular seat and to come and sit accurately every day.

**Q: Can Dadi explain why Baba said in yesterday's murli '... make such effort that your own weaknesses will finish and also the gathering's weaknesses will be removed.' Are everyone's weaknesses not their own responsibility, and how can I remove them?**

*Continued on bottom of next page*

## DADI JANKI - 17 JUNE - 2012 - GCH (BY PHONE) SING SONGS OF BABA'S WONDER



Baba is making us all residents of Madhuban and is giving us such wonderful avyakt sustenance that there is no difference between the residents of Madhuban and us all. Those who value the study and appreciate Baba's teachings are totally intoxicated and are the light of Baba's eyes.

These recent revised avyakt murli's are from 1975. It was with the angelic and avyakt stage that Baba enabled us to do service and the fruit of that time is so wonderful. Baba has explained and taught us so well and we are constantly appreciating all that Baba has given.

All are happy, detached and engaged in service. It is not even a question of remembering Baba, but appreciating Baba and singing the songs of His wonder and with this we are so happy. We are no longer under

the influence of old nature, sanskars or Maya. It is finished now and all gone. There may be just a little bit of Maya left and pay attention as this not only influences the self but also others. Now it is time to go completely beyond all that.

When there are delicate sanskars within the self, we get influenced by the sanskars of others and become suppressed by these, and this doesn't allow any sparkle on the face.

Baba says, Children now the time is going very fast and don't think that you will make effort at the end. Make such effort now that others receive inspiration to do so too.

Let each one consider the self to be Baba's very lovely, long lost and now find child and to accept personal love and remembrances. Be loving with the Father and with this love

become cooperative and with this remain happy, fruitful and prosperous in every way. Do not remember the past or the things that belong to others for even one second.... this is the bell of danger!

Divorce the self from the past and the things of others because to think of these things is very dangerous. When we become free of these things then it is easy for Baba to make us instruments and to use us for service.

Love and remembrances to everyone and everyone is to continue to receive the fresh jewels from Madhuban.

***Special love to Dadi Gulzar who is in Japan at this time.***

***Om Shanti***

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### ***Dadi Janki - 14 May 2012 - Evening – GCH, London Q&A with Sister Jayanti***

The first thing is that we have to become complete and perfect ourselves, and we should always keep this aim in our thoughts during the day and in our dreams at night. Baba wants a child who will become a sample. In this wave of self effort we should be so intoxicated we don't see the weaknesses of others but our power reaches them. If we see someone's weaknesses and talk to them, the vibrations are felt and their response isn't good. It is shameful to share anyone's weaknesses with others; we should only pay attention to ourselves.

***Q: In a gathering each one makes their own effort. It's not my responsibility, is it?***

Dadi sees how a small gathering is a happy family, and how as the family grows the happiness also increases.

There isn't a head of a family as such, but Dadi likes to give class because it's about giving inspiration. Others can be inspired by listening to such elevated things, such that they don't forget what they've heard and it helps them in some way.

There is also inspiration in Dadi always giving class, and to always be available at 7pm, not just now and then, because we generate a lot of power when we constantly do something as a discipline. Dadi also conducts amrit vela for the children. Baba said amrit vela is especially for giving power to the children.

Baba reminds us how anything can happen suddenly so we have to be ready. Who feels they are ready and what are the signs of being ever-ready? (reply: When we experience all powers and the soul

is unshakeable and immovable irrespective of what happens.)

You will be that and others will also receive that power too. Those who are ever ready have made it their natural way to be bodiless and are not drawn to either their own body or other bodily beings; they experience no weakness, there is no struggle in mind, body, wealth or relationships.

Wherever the child is, Baba will help if that child remembers God – irrespective of whether BK or lokik. If the child worries or frets Baba can't then be responsible. There should be such a connection with Baba that the feeling is that Baba is making the child move along. Having one determined and powerful thought in a situation will in itself make everything OK. We need to rehearse in this way all the time.

***Om shanti.***

## DADI JANKI – 8 JULY 2012 - MADHUBAN

# BABA IS DOING EVERYTHING HIMSELF AND GETTING IT DONE

***Baba is doing everything Himself and getting it done. You simply have to practice observing as a detached observer.***

All of you have the happiness and intoxication that you have attained the three jewels, do you not? If it weren't for these three, where would we be? If Baba were not here, where would we be? Where would we be without the murli and Madhuban? Know yourself. Where did you come from? Who are you? Who is telling us all of this? Who is relating all of this to us? On the path of devotion, it is said that the blind find the path through whatever they hear. It is now the time to return home. We came from there and we have to return there. How are we going to go there and when will we go there – it is now.

Baba praises amrit vela so much. If I sit alone, how will Baba come to me? Baba becomes present here in order to give everyone love filled with so much force and to make us equal to Himself. All the ancestors also become present. They are also pulled by amrit vela. No matter where they may be, they will definitely come to us at amrit vela because they know the importance of amrit vela. They have even now gone for service. We will all return to Paramdham together – they cannot go ahead of us, even if they may have taken a jump and gone ahead from here.

It is now the month of Didi. I have seen with my eyes that I have not done as much service as Didi did. Each one can ask the self: Have I done as much service as Didi, Dadi, Mama and Baba did? They never ever missed amrit vela. Mama never missed amrit vela at all. We may not make any other effort, but at least we have to fulfil the hopes that our Beloved Baba has in us. We have to use our breath, thoughts and time in a worthwhile way. Today, Baba said: You should be concerned about the

effort you have to make. Maintain thoughts of the original self.

Baba, what should we do now such that we quickly become complete and perfect? We should now become present in front of Baba having become complete and perfect. Baba says: Remember the Father and your sins will be absolved and you will not commit any further sin. You should have the feeling that your sins have been absolved and that there are no more sins being committed, not even ordinary actions. God will inspire us to perform elevated actions, but it is still we who have to perform them. Baba tells us so much to remember Him. Do not remember anyone else and do not commit any further sin. Baba is inspiring us to perform elevated actions. He Himself is doing everything and inspiring us. We do not have anything in our hands. He tells us: Simply learn to observe everything as a detached observer.

Baba has pulled our intellect and kept us belonging to Him such that we became instruments for service. Baba is inspiring everything, we simply have to remain seated. We have to sit in remembrance and

stay in remembrance. We should not remember anything else. Just continue to see how remembrance does so much. Let me just observe how He gets everything done. Baba has given His company till today so that I can observe as a detached observer and also play my part. From within, there should never be the sound: What happened? Even if someone makes a mistake, do not see the mistake of that person. If someone insults you, then embrace that person. If I embrace someone who embraces me, that is not a big thing. But when I embrace someone who is insulting me, imagine what stage I need for that.

God's versions are: Child, it will happen. Baba is sitting at home. Child, it will happen. From Pandav Bhavan, we had Gyan Sarovar, from Gyan Sarovar, we had Shantivan. So much expansion has taken place and we don't know how much more expansion is going to take place. So many new children are coming. It is not a big thing for the expansion to take place, but the expansion that takes place through our stage will be so powerful.

*Om Shanti*

## DADI JANKI – 25 MAY 2012- GRC, OXFORD

# THE JOURNEY TO SELF-SOVEREIGNTY

Are you wonderful, is God wonderful or is the drama of life wonderful? We are here on this spiritual journey. We have come to make our booking for a spiritual journey. We don't need to think too much about it. The Supreme is going to take us back home – back to where there is no sound, to the land of peace. Are you amazed about where you have reached? You are now sitting in an aeroplane going on a journey. Sit with a plain intellect and have complete trust in the pilot, the Master. You are on a soul journey. When we use the word 'soul', we realise that we are not using our

feet on this journey. When we drive, we have to use the intellect a lot. Here you just have to sit with a plain intellect. It is with great happiness we have embarked on this journey. So Dadi will navigate you and help you understand where you need to go and how you will get there. I have no doubt that you will reach the end of your journey. You have started on this journey to bring about self-sovereignty, to become a king.

Courage, trust and honesty - these are what you need on your journey.

*Continued bottom of next page*

## DADI JANKI – 24 JULY 2012 - EVENING - SHANTIVAN

# INCREASE YOUR CONCENTRATION POWER THROUGH INTROVERSION

When you hear the Murli do you feel that Baba is speaking directly to you? If you keep this awareness and also have the attitude of simply doing what Baba tells you to do then you will never get confused. Baba used to ask us whether we felt that Baba speaks to us personally. If you feel this then raise your hand! If you want to make this life easy for yourself then simply do what Baba says.

If you just read the one line of the slogan and apply it to yourself, you will find that everything becomes easy. Through the Murli and classes there is so much benefit for the self.

To be in silence doesn't mean to be dull and serious. Rather silence means to smile and that smile should be a spiritual smile. Internally there should not be any thoughts. In silence there is the power of concentration. Practice this through your intellect: through silence you will automatically develop the power of concentration. You will feel close to Baba. You will have internal happiness and will experience your fortune. As soon as you wake up you for amrit vela you should bring some newness. That newness will take you towards Baba.

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### *Dadi Janki – 25 May 2012- GRC, Oxford* *The journey to self-sovereignty*

When I have these three, nobody can stop me, and I won't stop either. Without courage how can I build trust? My whole life has run on these qualities, and so this is all I have to offer you. Sometimes, if someone has doubts, they keep asking questions. But I have noticed that these three qualities make me free and very light. Otherwise, if there is ego and attachment, I cannot be free.

If you say that you like something and don't like something else, this too is ego. There is a very deep connection between ego and attachment. Some are afraid that they cannot let

Let no-one else be remembered – just one Baba. You may be sitting in front of Baba or beside Him. Baba may be sitting in front of you. Have different experiences with Baba. Experience will allow you to smile.

There is a great deal of benefit in being introverted. Introversion will enable you to increase your concentration power. Go beyond desires; don't even think of how you think things should be. Your desire for things to change will lead you away from introversion and thus also lead you away from concentration. If you expect something and you don't get what you expect then your feelings can change – you can take sorrow from the situation. Thus, go beyond desires. Don't expect from others or even from your own self. If you expect the seniors to do something or not to do something then you will take sorrow if it happens or doesn't happen.

Leave all thoughts of the transformation of others and focus on changing yourself. If you look at others your face will change. My face should be constantly smiling. If you think that others cannot understand you then you will also not be able to smile

go of their ego. In fact, if you let go of these two things, you will get so much power from the Supreme.

Sorrow, worry and fear are three things we have to get rid of. It could be sorrow from the past... now it is time to remove it. It's actually easy. If you have any of these – sorrow, worry or fear - when a test comes you will fail. But, if you let go of them, you will pass. God tells us: Whatever you want to do, do it today. When we look at each other, what should we be seeing? We are just one family. This is all we have to do.

*Om shanti.*

Nowadays there is so much body consciousness yet the simple solution to everything is to become soul conscious. Don't allow yourself to slip into unconsciousness. The mind of someone who is unconscious cannot work accurately.

Some become depressed even whilst understanding spirituality, whilst being in the gathering and in the company. Depression makes the mind feel empty. The solution to this is to keep your heart clean. Keep your heart clean and God will be content with you. Don't allow yourself to become upset. Body consciousness can be very subtle so go into the depths of the differences between soul consciousness and body consciousness. Whilst sitting I have to learn how to make myself detached from the body – experiencing the bodiless stage.

When I look at the Yagya I feel it is God's wonder how the service is taking place. We used to send just one penny to Baba – look what is happening now. We have learned so much from Baba – He taught us how to do service. He taught us how to improve the self rather than expect others to change. It is only on seeing me and my life that others will be inspired to change. Some people are very influenced by their own nature. They may not be inspired to change on listening to you but they can be inspired to change on seeing how they could be, on seeing how their life could be. In the Gita it says, "Oh Arjun, this one is influenced by his own nature. It is not his fault'. These are the true words of the Gita.

Now, look at your own nature; no-one should be disturbed on seeing my nature. No-one should be troubled by my nature. I have to check my own self. No-one else can transform me but myself. Some have changed their nature completely by doing service and by keeping good company.

*Om Shanti*

# Dadi Janki – 27 July 2012 - Shantivan

## It's time to bring the time close



It is important to look at the 'clock'. Yesterday Baba talked about not wishing to hear the sound of the physical clock, but rather to remember the clock (cycle of time) that takes us beyond sound. It is this clock that is telling us we have to return to the Land of Peace. Our Didi and Dadiji too are drawing our attention to the clock. It is time to become perfect, stay close to the Father, bring time close, and follow shrimat accurately. When we are attentive to shrimat, things are fine. There is no need to labour because we develop a liking for making efforts when we follow shrimat. What would we do if Baba didn't share such wonderful things daily to inspire us to make efforts? We wouldn't have had this life without Baba's words/shrimat.

When a soul listens to Baba and follows His directions from morning till night, Baba surrenders Himself to the soul. Who will become Baba's serviceable children? Do I have the thought of being a serviceable, worthy child? There is nothing else for us to do but dedicate ourselves to Baba. Where can I go without my Baba? In bhakti, we used to hear about devotees sacrificing their lives to Lord Shiva at Kashi in order to settle old negative accounts. Dadi was ready to do even that! There was a deep need to cut away the old sins so nothing seemed too big in front of achieving that... On the path of knowledge Baba has made things really easy. Baba embraces us, says remember Me and your sins will be cut away, don't worry about anything! Just don't worry...

In today's blessing, Baba says become carefree with faith in the intellect. Victory is merged within faith. Make the foundation of faith strong. Is there victory in faith or faith that victory is guaranteed? Maharathis always have deep faith that victory is guaranteed. Baba grants instant fruit to such souls who make sincere effort. Knowledge and yoga are guaranteed to give practical, instant fruit. How many of you experience this regularly? Knowledge implies 'Who am I' while yoga implies 'Who belongs to me'

Carelessness is a defect that doesn't leave Brahmins easily. Many have a careless attitude about attending class; some come to class but sit at a distance even if there is space in front because they want to show that they are present, but free to leave without

being seen... This too is carelessness. The five big vices have departed from a majority of us but the defects of carelessness, laziness or making excuses don't go easily. Those who have understood them in a subtle way, use the power of remembrance and service to overcome them. Don't ask Baba for blessings - stay in remembrance, receive power and do service and you will receive blessings without needing to ask.

It's a fact the one cannot receive blessings by asking for them. You need both good remembrance and good karma. Good remembrance is true yoga where you don't remember anyone else. Check that you don't remember anything in yoga - not even service. Service done in yoga creates a powerful atmosphere and the vibrations reach far and wide. Remembrance helps us accumulate the power of truth.

We are not only engaged to Baba, but are married to Him! So just imagine how happy our lives should be. We are married and are now preparing to go to our in-laws home. The Confluence Age is our Father's home. I have the tilak of a one who is always married on my forehead; the star of my fortune is shining bright. We are performing karma that helps us build sanskars for the golden-aged kingdom. Sanskars of dependency cannot remain. If we are dependent on even nature/elements, how will we rule the kingdom? Be concerned about not having any dependency or subservience to another human being, to the body, or facilities.

We are those who have right to the heavenly kingdom but we have to create those sanskars now. Let my sanskars not impede my progress or make me get stuck anywhere. Develop the real sanskars of royalty and the personality of purity, and it is guaranteed that you will claim right to the kingdom like Baba, Mama, Didi and Dadiji. Take inspiration from the rosary of 8; they never face bad omens but are those who can dispel bad omens.

BK Janki



**Om Shanti till Next Issue**