

## Rajyogini Brahma Kumari Asha Didi

Born in Kanpur city, India in the year 1949 Rajyogini Brahma Kumari Asha was gifted with the socio-spiritual bent of mind and was brought up in good discipline & environment.

Sister Asha was the topper and gold medalist in M.A (Sociology) from Bangalore University. After working for several years as a lecturer, in 1973 she had dedicated her life to the Brahma Kumaris Organisation for the noble cause of building a value based society

In 1985, she represented the Brahma Kumaris from India at the U.N's Decade for Women Conference in Nairobi in 1985. Sister Asha was selected as an 'Outstanding young person of the world for 1989' by Jaycees (Junior Chamber) international USA for her invaluable contribution towards Peace.

She is one of the organization's topmost Speakers and has travelled through India and overseas countries like USA, UK and 21 European countries spreading the fragrance of Peace and Divinity.

Sister Asha is a good writer, she has spoken and appeared in several domestic and international Radios and T.Vs and during the last three decades she has conducted lecture programmes in numerous public and private sector organisations and various other public forums.

Well known for her keen Dedication, Determination, Humility, Cheerfulness and Optimism she is turned into a great spiritualist, orator, and efficient administrator. She has also become an exemplary model of an excellent organizer and coordinator of various national and international programmes and projects like

- # International Year for the Culture of Peace
- # Million Minutes of Peace appeal
- # 'Global Cooperation for a better world'
- # Meditation courses for Ministers and M.L.As at Andhra Pradesh
- # Stress Management courses for IAS officers at A.P. Secretariat
- # Inter faith meets

### **Presently she is the**

Director of 'OmShanti Retreat Centre' the 30 acre Campus of the Brahma Kumaris located just outside Delhi.

National Coordinator of Administrators Service wing of Rajyoga Education and Research Foundation

Associate Editor of the institution's monthly magazine 'Purity' which focuses on various socio-spiritual issues.

