

For February 23, 2015

A True Master of Reality

I was in Madhuban and knew Dadi was in quite a bit of pain and that her health was fragile. I went to visit her and was surprised to see how radiant she was. It was as if the room was glowing with this diamond light. She took my hand with her baby soft skin and told me with a smile that the golden age was close. She was so rooted in the beauty and joy of this truth that no scene of pain could shake her.

Sometimes we make up stories about the scenes of the past or present and because those stories are false, they cause sorrow. Dadi doesn't allow the scenes of life to deceive her by convincing her of limits or "untruths". She doesn't allow the scenes of drama to steer her thoughts. I felt so blessed to know and hold the hand of a true master whose every thought is born from Divine Reality

Words of Wisdom

"Think about how the happiness from the Mother and Father is different from that of the Teacher and of the Satguru. With happiness we earn a lot of income and earning so much brings more happiness. Baba has given us this experience. However, sometimes something happens and my happiness disappears and I say: "I don't know what happened, I don't know why..." and, in saying this, my happiness decreases further. In reality, when I understand the reason for losing my happiness, I can look at it and remove it instantly. I'm the child of the Almighty Authority and so the reason gets scared and goes away. Sometimes people give a reason to try and justify their unhappiness, giving the reason greater importance than the unhappiness."

“Keep the sustenance that Baba has given you in your heart and nothing else. Things will come up but be brave. Baba has said three words 1) pass the past and move forward; 2) whatever situations come up, pass that; 3) always stay close (pass) to Baba. Revise the murli, so this reality becomes clear in your mind and eyes. Whatever has happened is good and what ever will happen is even better.”

Drishti Point

I let go of the history I have with each soul and see them beyond their role. I see their eternal and true form. I see each soul as unlimited, expansive and full of a light that reaches every corner of the universe.

Karma Yoga Exercise

I step away from this earthly cosmic play and immerse myself in the loving rays of the One who is always in light, always in truth, always in divine reality. By doing this, I too become free from illusions and return to my form of sacred and exquisite light