

For March 9, 2015

Have Courage and Baba and Dadi Give Help

In the early 1990's the Miami family was celebrating Global Cooperation for a Better World. We had a program at the Philip Michael Thomas Theater which seated about 400 people. I was asked to do a five-minute commentary. Being new in knowledge and having never given a commentary in front of even four people, I went through every excuse in the book why someone else would be a better choice. But, alas, Sister Waddy would not entertain my excuses. The job was in my lap. To add to my nervousness, Dadi Janki was to be in the audience. Can you imagine being a newbie and speaking a meditation commentary in front of Dadi Janki?

Well, we got through it. Surely it was we, Baba and me. The commentary was received so well that for years afterwards any time Sister Waddy would re-introduce me to Dadi she would say, "This is the sister who did the commentary in Miami that you loved so much."

To this day I use this as a reference point that when we have courage, Baba and Dadi give help.

Words of Wisdom

"Just as we are always Baba's children and His companions, let your remembrance be constant and continue to do everything with Baba. Never be alone as Maya will catch you off-guard. When you feel the need, call Baba, "My companion, please come!" and Baba is guaranteed to make Himself present. One step of your courage will bring a thousand-fold help from Baba."

“Waste, fears and desires cause distress. What is needed is courage on the basis of faith, trust and honesty. Absorb what Baba wants you to do in your life and that will start to work inside you. We have to mould ourselves in order to become real gold.”

“Courage and faith enable me to move forward. The road clears and then others can follow. Instead of worrying, do good karma and there will be no time for wrong actions. Good actions create the fragrance of an angel. Who am I and who do I belong to? I am a soul and my Father is the Supreme Soul. Knowing this, you will experience happiness and lightness and the power to perform good actions.”

Drishti Point

I keep my heart connected to the source of all power and might and I shower this power on every soul I interact with today.

Karma Yoga Exercise

I, the soul, am infused with the Shakti of God. I walk through the world with ease and deep peace because I have nothing the world can take away. I am protected. I am loved. I am free.