

For May 24, 2015

Smriti or to Remember

Sweet child: The main thing you need in order to fly the flag of victory is realization. It is one thing to hear or say that you have all relationships with the Father, but if you were to remain absorbed in the experience or attainment of each relationship, you would easily remain beyond the atmosphere of the old world. To have yoga means to take co-operation from the Father and experience the different relationships with the Father at every moment. The Father is bound to fulfill His duty of any relationship at any moment.

Sweet Baba, I will remember how taking cooperation from You is also a form of yoga. I will experience the relationships of Father, Mother, closest Friend, and Beloved with You during the course of today. I will experience a different relationship for each task I perform today. And through the co-operation I receive from You, I will experience constant yoga.

Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

Mano-vritti or Attitude

Baba to Soul: Does the sound of 'having attained everything that has to be attained' emerge in your heart with great happiness? Sound through the lips cannot be constant, but the sound in the heart is always eternal. So, does this sound of having attained

everything emerge in your heart? Does it emerge deep within your heart, or do you feel that you have yet to attain something or that you are still attaining something?

I am determined to embrace this attitude: I have attained everything that has to be attained.

Drishti or Pure Vision

Baba to Soul: Just as a jeweler knows the value of every jewel, similarly, the Father knows the greatness of every child. Each jewel is more elevated than the next. You are not ordinary. Even the last bead is not ordinary.

I am determined to see the gifts that each one possesses. In my drishti, I keep a vision that each soul I see and interact with is the most elevated.

Creating a Wave

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, manovritti, and drishti from above and give sakaash to the whole world as a humble instrument.