

For June 02, 2015

Smriti or to Remember

Sweet child, the body has to be renounced while sitting in remembrance. This is why Baba says: Become soul conscious! Continue to grind this into yourself. Continue to remember the Father, the Seed and the Tree. You children know that the Father, the Ocean of Knowledge, is teaching you. It is not a human being who is teaching you. Make this very firm. You have to study.

Sweet Baba, during the course of the day I will reaffirm the awareness that "I am a soul." I will remember again and again that I am a soul, a child of the unlimited Father. Baba is the Seed of the unlimited Tree. The Ocean of Knowledge teaches me and transforms me into a master of the self and the world.

Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

Mano-vritti or Attitude

Baba to Soul: May you be one who understands the significance of all secrets and who remains content by knowing the significance of remaining detached and loving.

I adopt an attitude of contentment. To understand the secrets of contentment, I love and stay detached just like Baba. When I develop an attitude of contentment, Baba becomes pleased with

me. Pleasing Baba gives me the wisdom to remain loving and detached.

Drishti or Pure Vision

Baba to Soul: This incognito treasure is for our future. You are studying for the land of immortality, not for this land of death. Our spiritual Baba is teaching us. This world of sorrow now has to change. The golden age is the world of happiness.

With my divine drishti, I see the Land of Immortality, the Golden Age. I develop the ability to clearly see the Golden Age even while seeing the world of sorrow. I preserve this hidden treasure in my drishti as I walk and move around.

Creating a Wave

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, manovritti, and drishti from above and give sakaash to the whole world as a humble instrument.