

For January 17, 2015



A Holy Swan in Conversation with the Powerhouse

First Awareness

The moment I open my eyes, I realize: I am a soul. I descended from the Sweet Home of Light in order to give radiant light to the world.

Who am I?

I am a holy swan. Jewels of knowledge and pearls of love are my food. I connect with the Powerhouse and fill myself with the power of discernment.

To Whom do I Belong?

Soul converses with Baba:

Good morning sweet Baba. I realize Maya is very clever. Especially at amrit vela she comes to pull me away from You, Baba. Maya uses the game of many excuses to tempt me. She tricks me with various forms of carelessness and laziness. I see how Maya comes and stay away from her. I take this golden opportunity to be with You. I find all I need in You.

Baba converses with the Soul:

Sweet child, wake up! Sit down with Me. The power of discernment enables you to glide through life with ease. Don't let Maya snatch away this easy yogi life by drawing you to herself. Do not let Maya rob your innocence and steal the gift of discernment that God gave to you. Know thy enemy: Maya. The Godly gift of discernment spreads a canopy of protection, but, Maya casts her shadow and the canopy flies away. Then only the shadow remains. But in the Powerhouse's gift of discernment, there is no sorrow or deceit. Those who possess the power of discernment are never deceived and are safe from adversity. At amrit vela, check to see if your power of discernment is working properly. By correcting it at amrit vela, you fill your entire day with strength.

Receiving Inspirations

I take a moment to quiet my chattering mind by focusing on Baba, the Ocean of Silence. In this silence, I receive from Baba pure, inspiring thoughts for service.

Receiving a Blessing from Baba

I manifest my angelic form before sweet Baba in the subtle regions. With much love and powerful drishti, He gives me this blessing:

You see yourself as special and you only see and speak of the specialties of others. Because of this, you radiate Godly royalty and you fill the hearts of those you know with dignity and divinity.

Unlimited Subtle Service (last 15 minutes)

I bestow on the world the blessing described above. I take this blessing from Baba and gift it to the whole world through my pure thoughts. With my angelic costume, I circle the earth globe and give this blessing to all souls.

Before Going to Bed

I steady myself in the stage beyond sound. I mentally check: was I disobedient in anyway during the day? If so, I admit it to Baba. Did I succumb, mentally or physically, to any attractions, attachments, or selfish preferences? I chart my actions, and remove the impact of faulty actions with 30 minutes of yoga. I go to sleep with a clean and clear heart.