

For January 16, 2015



A Trustee in Conversation with the Lord and Master

### First Awareness

The moment I open my eyes, I realize: I am a soul. I descended from the Sweet Home of Light in order to give radiant light to the world.

### Who am I?

I am a trustee. Baba entrusts to me my body, mind, time, and wealth. Baba merely loans them to me; I am a trustee and not the owner.

### To Whom do I Belong?

Soul converses with Baba:

Good morning sweet Baba. I sit wherever you make me sit; I do whatever you ask me to do. Baba, I am in a sweet relationship with you, and not in bondage to my karmic accounts. I am free. I feel how You, the Lord and Master, inspire me to move. I perform every act by your divine inspiration.

Baba converses with the Soul:

Sweet child, wake up! Sit down with Me. When you give all you have to Baba, you experience living death and rebirth. This is a new divine birth that cannot be compared to anything else. In this birth you are free and not dependant. This freedom comes when you transform "mine" into "yours". When you remember that this body, this service, these virtues, and these powers have been loaned to you. Then in a second, you will be able to fly. Don't spread the net of, "This is karmic bondage." "This is bondage of my old body." "This is the bondage of being part of a group, etc." You spread a net, trap yourself in it, and then call out to Baba, "Free me!" Baba says, "You are already free – let go of the net and see that you are free."

### Receiving Inspirations

I take a moment to quiet my chattering mind by focusing on Baba, the Ocean of Silence. In this silence, I receive from Baba pure, inspiring thoughts for service.

### Receiving a Blessing from Baba

I manifest my angelic form before sweet Baba in the subtle regions. With much love and powerful drishti, He gives me this blessing:

*With the magic mantra of remembrance, you can achieve whatever you wish. By keeping this mantra in your awareness constantly, you achieve boundless success and a future beyond your wildest dreams.*

### Unlimited Subtle Service (last 15 minutes)

I bestow on the world the blessing described above. I take this blessing from Baba and gift it to the whole world through my pure thoughts. With my angelic costume, I circle the earth globe and give this blessing to all souls.

### Before Going to Bed

I steady myself in the stage beyond sound. I mentally check: was I disobedient in anyway during the day? If so, I admit it to Baba. Did I succumb, mentally or physically, to any attractions, attachments, or selfish preferences? I chart my actions, and remove the impact of faulty actions with 30 minutes of yoga. I go to sleep with a clean and clear heart.