

## **Dadi Janki - 27th December 2013 - Shantivan**

### **What do I need to do now?**

Baba speaks to us every day about happiness. He has given us a great deal of happiness and that happiness should be visible on our faces. My face should reveal my happiness; if there is happiness internally it will be revealed through my shining, smiling, cheerful face. Whatever we are thinking does not stay inside us, it is revealed through the face.

We have to keep a balance of remembrance and service. Only then can we be successful. Shiv Baba has come in the body of Brahma and the easy method to make effort is to remember Shiv Baba and follow Brahma. I have to give priority to remembrance. Keep stabilising yourself in remembrance and then come into action. Service will be automatic if you use this method. You will earn a lot of income and it won't take effort. Your remembrance will automatically pull others to remember God. When we stay in remembrance our thoughts become powerful because they receive the strength of yoga power.

Our attention should now be on 'what I have to do'. What internal effort do I personally need to make now? Spend time in silence and ask yourself this question. It is time to focus on self transformation because my transformation automatically does service. Baba has made us instruments to do service. We don't have to be influenced by the nature and sankaras of others. Don't let your nature and sankaras be complicated - let them be simple.

We are now moving towards the subtle world. Someone is pulling us with the string of love. Baba gives love and teaches us how to give love. Baba's love is totally unique; it is totally different from worldly love. That type of love is difficult to describe; it can only be felt. We have to now become the embodiment of knowledge, power, love and bliss... We fill ourselves with God's love and become full of love. Baba fills us with love in such a way that it becomes easy to attain perfection.

If there is even a little arrogance one cannot remain content. It is virtues that make us complete. I have to become a good person. Goodness takes us towards completion. By imbibing Godly virtues our weaknesses are removed. We have to keep good company because company has a lot of influence. Good company takes us across while bad company drowns us. We need to be careful of our conversations; don't go into any type of 'looseness of familiarity' or negativity when we speak with others. Whoever comes in my company should be coloured by God's truth. My character and activity should glorify God's name.

Om Shanti