

## **Conversation with God - Part 1**

(with a challenge that no where in the world you will find these answers)

**based on 1969 Avyakt Murlis**

God says: Child, give everyone the message:

**“May you be an embodiment of Love”**

**“May you be an embodiment of Power”**

### **PREFACE**

The main points of Avyakt Murlis of 1969 are compiled here in the form of question and answers to understand the teachings of God who is lovingly called as Baba, as well as to know what Baba wants children to practice and imbibe.

God-Father, whose birthday is celebrated as ShivJayanti (the birth of Benefactor) appeared in the body of Sri Brahma (Adam-the father of humankind), from 1936 at this iron age, who was also known as Dada Lekhraj, the founder of Brahmakumaris world spiritual university, Mount Abu, Rajasthan. The versions spoken since 1936 is known as sakar murlis. After Sri Brahma (Adam) left the body in 1969, Supreme Soul and Adam-Brahma's soul together appeared in the body of Dadi Gulzar and versions spoken by GodFather through her is known as Avyakt Murlis.

Murlis are the elevated versions of Gita spoken by God Himself which were later called in the name of Bhagwad Gita. These Godly versions were recalled by Sage Vyas and since God was not known personally during that period, Sri Krishna's name was mentioned in the Bhagwad Gita. Sri Krishna is none other than Sri Brahma (Adam) who appears as Sri Krishna in golden age.

The main points of 1969 Avyakt Murlis are compiled here and it speaks on:

1. To practice becoming bodiless every now and then and maintain bodiless stage even whilst performing actions.
2. receive subtle powers becoming bodiless
3. to become aware of soul
4. Experience all divine qualities being a point
5. Become free from all attachments and become independent
6. Achieve success in all endeavours
7. Become embodiment of love and power
8. Methods to imbibe all virtues

Hope you read these elevated versions of GodFather and pass it on to others.

### 1. Dear Most Beloved Baba, What is soul consciousness? What is the final stage?

Sweet child,

At the end, the body will become completely still and peaceful, this is known as soul consciousness. Now, because there are still some outstanding karmic accounts, your body draws your attention.

Soul consciousness means an avyakt stage. The more you stabilize in this stage, whether someone speaks or not, the more you will be able to know that one's feelings beforehand.

If you consider yourself to be a guest, you will be able to become the final, perfect stage, whilst being in the corporeal form, you will be able to remain in the avyakt stage. A guest does not have attachment to anyone.

Everyone has to create extra time for staying in the avyakt stage. Whilst talking to one another, see each other as souls. Whilst being in the body, see the soul. This is the first lesson which is now essential.

Become a zero, without any sanskars of the past.

I am a point, if you increase your practice, you will be able to stabilize yourself in that stage for many hours, then you can experience the sweetness of that stage. Just as a whole tree is merged in the seed, Baba's remembrance is merged in me, the soul.

Considering yourself to be a soul, you also have to come into a body and perform actions being loving and detached.

Soul consciousness means an avyakt stage.

The weakness of not being able to stabilise yourself in the point form is that the first lesson is not firm. You should experience yourself to be a bodiless soul whilst performing actions. This practice throughout the day is very much needed. You have to be detached from practical matters and then come into action. The more experience you have of this, the more you will stabilise yourself in the point form.

If all of you continue to see the jewel on the forehead of each one, then your drishti and attitude will become pure and satopradhan. The main reason why your drishti becomes mischievous is that you don't see the jewel on the forehead but you see the physical form instead. Whilst looking at the snake (body), do not see the snake. Just see the jewel (soul). The poison of the snake will not be so poisonous if you look at the jewel. If you see the snake which is the body, you will belong to the snake. You will become like that. But if you see the jewel, you will become a jewel in BapDada's rosary. If you want to become a jewel, you must see the jewel. Then your complaint will be transformed and you will become complete.

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All of you have to perform every action whilst in the stage of a spiritual spirit; only then will there be that sparkle in service and in your actions. There will be a new sparkle when there is spirituality in your every action, every thought and in your speech. The more you consider yourself and others to be GodFather's property, the more there will be spirituality. You should create thoughts in your mind whilst considering the mind to be given to you in trust. Whether it is a student, centre or physical object, when you consider it to be given to you in trust, you will remain unattracted by it. It is only when you remain unattracted that there will be spirituality. You have to surrender yourself to the Flame to this extent.

### **2. Dear Most Beloved Baba, How to make effort?**

Sweet child,

Make effort such that all leaves of the old sanskars and bodily relations of the past can easily shed, and you can stabilise yourself in the seed (karmateet) stage. None of the sanskars get stuck so that you have to struggle (due to karmic bondages).

7 to 7.30 in the evening is satoguni (pure) like amritvela, good time for yoga.

Along with five vices, renounce laziness and fear. Imbibe your original form, original religion, original home, pure actions, your aim, the qualities for that aim, and you also have to spin the discus of self-realisation.

By remembering the destination and imbibing the teachings, you will remain patient and introverted, to finish the iron age.

With honesty and cleanliness, the life story has to be written to settle the accounts.

Whether past sanskars, past karmic bondages, mistakes of the present time, main reason for all these is your forgetfulness. Because of forgetfulness, all these wasteful things make the easy things difficult. Remembrance means being perfect. According to how much you practice the alokik drill of the intellect ( becoming incorporeal from corporeal in one second), to that extent, you will attain the aim of becoming what you want.

You have to stabilize yourself in the avyakt stage and then come into the corporeal world.

Two things that you have been told are: 1) to give the donation of not fluctuating and 2) to give the donation of not seeing defects.

The reason for the lack of love for effort is that the majority of you become disturbed on seeing the circumstances. You create your stage with the support of circumstances. You do not change the circumstances through your own stage. Develop the power of the original stage of the self through which the circumstances can be changed. By stabilizing yourself in the original stage of the self, you receive power. And do not stop because you have been influenced by the external

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circumstances. The original stage of the self has so much power that it can overcome any kind of external situation. Because of your weakness in stabilising the self in the original stage, sometimes the external circumstances become powerful.

Always think that even when you are doing something by yourself, you are in front of the world. The souls of the entire world are watching you from all four directions.

Considering yourself to be a soul, you also have to come into a body and perform actions. However, whilst performing actions, you have to be loving and detached. Baba is observing you children. Even whilst observing you, Baba is loving and detached, is He not?

You have to make others like you are, and even more elevated than you are, not less. It is your own greatness when you make others more elevated than you are yourself.

You should not perform such action through which the lamp of the clan is extinguished. There should not be any such activity through which the lamp of hope, which BapDada ignites in the children is extinguished. Those whose lamp is ignited cannot stay without igniting the lamps of others.

### **3. Dear Most Beloved Baba, How will the gathering continue with love?**

Sweet child,

Give regard to one another's suggestions in order to maintain love within the gathering. Even if someone gives an idea and you don't like it, do not immediately reject their suggestion. First give regard to his ideas: "Yes, why not? It is very good." By doing this, the force of their insistence is tempered a little. Then, when you explain, he or she will understand. If you instantly cut down their ideas, then there will be conflict between the forces of you both, and as a result, there will be no success. Therefore, it is essential to first give regard to each other's suggestions. Only through this will the gathering continue with love.

You can only be loving towards one another when you match the thoughts and sanskars of one another.

According to the complete stage, even eight hours of practice is insufficient.

The more you remain in the form of shakti, the more powerful your effort will be.

Whilst living amidst all circumstances, at the least both sides (lokik and alokik) should definitely be equal, one side should not be less. It does not matter if there is less on that side but it should not be less on this side. Then you will be able to fulfil the lokik responsibilities accurately also.

### **4. Dear Most Beloved Baba, How and when the souls will come close?**

Sweet child,

When you have both love and power in your drishti, like the Father, then souls will come close.

### **5. Dear Most Beloved Baba, What is the message to be given?**

Sweet child,

give everyone the message to be the embodiment of power and the embodiment of love.

Two words: Unshakeable and Constant. Keep this in the locker of your intellect as gift.

### **6. Dear Most Beloved Baba, What is the main teaching?**

Sweet Child,

Not only when you sit in solitude, but also come in the corporeal form while being stable in the avyakt stage. You have to be the jewels of constant karmateet stage.

The main teaching for the children is that they should come in the corporeal form whilst being stable in the avyakt stage. When you sit in solitude you are able to remain stable in the avyakt stage, but you don't achieve stability in the avyakt form whilst in the corporeal form. This is why there are very few jewels who have a constant karmateet stage.

The main thing that has to be polished is just this: Everyone has to create extra time for staying in the avyakt stage for a longer period. Only the polish of the avyakt stage now remains. Whilst talking to one another, see each other as souls. Whilst being in the body, see the soul. This is the first lesson which is now essential.

Remember two main points: 1) Look at the jewel (soul). Do not see the snake (body). 2) consider yourself to be an incarnation. Perform all tasks whilst incarnating in this body. And remember on slogan: whatever BapDada says, and whatever He makes us do, however He makes us move, we will do it just like that. We will move along, speak and see only that.

### **7. Dear Most Beloved Baba, How there will be success in service?**

Sweet Child,

By sitting on the throne of humility, with love, surrendered intellect and being ever-ready, you will be able to do all your work –fulfil all your responsibilities accurately.

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Give love to the young ones and regard to the older ones. You give love to receive regard.

Together love and power bring success in service. You have to give rays of light and might to the world.

No matter what the circumstances may be, their stage must always remain constant. Only then will there be success in all-round service.

All of you must become stable in being the embodiment of power, and all your long lost and wandering devotees will be attracted to the magnet against their conscious wish and come. It will not take long.

The main service that an elevated effort maker do and the proof of the intense effort of an intense effort maker is to enable anyone who comes in front of him to experience a living death.

A time will come when you will enable them to go beyond in a second with drishti, and then there will be success in service and you will also have an impact.

The more humble you are, there is more success in service. One becomes humble when there is the consciousness of being an instrument. Everyone bows down to those who themselves bow first. You must carry-out all tasks whilst considering yourself to be an instrument, Just as the Father only takes the support of the body as an instrument, in the same way, you must consider that you have adopted this body only as an instrument for service. Then there will be humility. Then watch success come in front of you.

You can serve with an attitude of your mind and your avyakt drishti. There is no bondage in serving through your attitude and vision. You should do service through that in which you are completely free.

As your power of discrimination becomes powerful, you will continue to have success. Because of your not being able to recognise fully, and because someone does not receive the method through which his fortune could open, there is not so much success in service.

Very few heirs being created means that you were not able to perceive their pulse. You must also have the power to take decisions, there has to be the power to solve problems. Then you will be able to face anything, and after you have faced everything, you will attain success of the revelation of the yagya.

Maintain your chart of how many souls you have given God's message to, and whether you have been revealing God's love and relationship to those souls through that message, through your thoughts, words and actions. Just to give a message is not service but to bring them in to relationships by love.



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Get together and think about how the world can come to know what the time is and what task is being carried out. The message should reach them in some way. The service that should take place through the papers is not yet being carried out. In the form of one gathering, and by understanding one another and giving co-operation, you have to bring about an unlimited form in the unlimited service.

### **8. Dear Most Beloved Baba, What are the gifts children receive from God?**

Sweet Child,

Always keep the gifts from BapDada with you. Always remember the Father of His teachings that you always remain obedient and faithful to BapDada, instrument sisters and the divine family members. The gift of the Teacher are: Imbibe knowledge and imbibe virtues. And teachings of the Guru is that you must always remain in unity. You must remain constant and in the remembrance of One.

You have received the teachings that you must never let go of courage and love. What gift is BapDada giving you? 1) Stay in the love of the One at all times. Mine is One and none Other. 2) To be economical. The remembrance of One, and being economical. These are the two gifts. No matter how much others may try to pull you towards themselves, there shouldn't be anyone else for you. This is in context of the mind, and economy is in the context of action. So when your thoughts and actions are right, your words will also be right. You have to pay special attention to these two aspects. Generosity should be merged in economy.

In order to go up in a lift, you have to become a gift for the Father, and then you also have to give what you have as a gift. You will have to give a gift as well as becoming a gift for the Father, for only then can you sit in the lift.

### **9. Dear Most Beloved Baba, How to remain safe from upheaval?**

Sweet Child,

Whilst in the corporeal form, you have to stabilize in the avyakt stage. Then there will not be any upheaval in that stage.

### **10. Dear Most Beloved Baba, What was the stage of Adam-Brahma?**

Sweet Child,

Those who were stable in the avyakt stage knew and recognized the avyakt form.

Adam-Brahma Baba said, I was experiencing how the soul was leaving the body, experiencing dead silence and I was watching how the power of the soul was leaving every part of the body one by one. I was experiencing the karmateet stage and what death is.

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He was the one who was completely perfect, unshakeable, immovable and stable. You have to become like Him to give the proof of love.

He showed you in actions, his main teachings were to be incorporeal, humble and to relate to one another with love.

At the time of eating talking and eating, Baba seemed to disappear from the body for a second or two. Even whilst talking to someone, he used to see the bodiless form, the form of the soul. This was the effort being made in stabilising the self in the awareness of the point. You are lacking in this effort and therefore your sanskars do not change.

The part of the corporeal form has finished, and therefore he gives a current from a distance.

The course of study through the body that had the part of teaching has finished. Now, Baba does not come to teach you but to meet you and entertain you. What did Baba do when he became bodiless and karmateet? He became a bird and flew away in a second. And so the study has now finished. But one task still remains: that of taking you with Him. This is why Baba now just comes to meet you, to entertain you with avyakt teachings and to make you fly.

Nothing can happen without having some significance.

### **11. Dear Most Beloved Baba, Why should the hand of the intellect be kept with God?**

Sweet Child,

Those whose hand and company of the intellect is slack will continue to rock about. This is why children have to pay special attention to keep the hand of the intellect strongly in Baba's hand.

### **12. Dear Most Beloved Baba, Who can see and experience God?**

Sweet Child,

If you look whilst in the vyakt (body consciousness) stage, you will not be able to see the Father. Only children who are stable in the avyakt (bodiless) stage will understand this.

The children will be able to have the experience of avyakt meeting to the extent their intellects are clear.

### **13. Dear Most Beloved Baba, Who will continue till end?**

Sweet Child,

Now, you have to become complete embodiment of power. Now, you have to make others powerful through the powers that you yourself have received from the Father. Only such loving children will remain with the Father till the end.

Where there is the combination of both love and power, the meeting of the soul with the Supreme Soul remains eternal and constant. In order to make your meeting eternal, you have to have the combination of love and power within yourself. Only then you can say that the soul and Supreme Soul have met.

### **14. Dear Most Beloved Baba, What are the benefits and signs of being in Avyakt (bodiless) stage?**

Sweet Child,

The more you are stable in the avyakt form, the more the actions performed by the senses will be according to the advice given by shrimat. Love has to be there for virtues not for five elements.

The signs by which one is able to discern the avyakt stage in the life of all of you are that there will be uniqueness in each action and secondly, whilst they are performing every action, there will be experience of super-sensuous joy from every physical sense. Their eyes, features and activity will always remain in super-sensuous happiness. If you are able to see the sparkle of uniqueness and super-sensuous happiness in your actions, you should understand that you are stable in the avyakt stage.

When you have avyakt stage, you will be able to know one's feelings beforehand.

### **15. Dear Most Beloved Baba, What is total surrender?**

Sweet Child,

You are bodiless in terms of the relations of the body and the thoughts of the mind. Only when the consciousness of the body is totally finished can it be said that your life is totally surrendered.

You cannot renounce it now whilst there are still the karmic accounts with your body. You definitely have to settle all karmic accounts either by yoga or by suffering. If there are any severe karmic accounts, this body will remain, it cannot be renounced. You are surrendered anyway, but now the stage of surrender has become even higher.

Surrender means to have remembrance in every breath; You should not forget Baba even on one breath. Each breath should be in remembrance.

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If you surrender yourself and then perform actions, you will make others surrender. They are the ones who are called heirs. So, now make plans to create heirs.

Those who are complete moths will have all relationships with the One; they will be loving, close and maintain courage. These four things will be visible in them.

Do moths see anything except the light (soul)? When you see anything else, they deceive you. Maintain this eternally.

The vision of those who have surrendered become spiritual. Spiritual vision means that you have to see yourself and others as spirits. Even whilst looking at the body, you must not see it. You should have such a practice. And then, when anyone asks you what was so-and-so like, you will not know. Your stage will be like that. But that will happen when you transform the lokik things that you see into their spiritual form. Whether you are working in your office or doing your business, eating food or looking at or speaking about something, you should have a spiritual awareness. The feet are walking here, but the intellect is engaged on the pilgrimage of remembrance (of strength and power). This remembrance is the food for the soul. With the awareness of the soul, you have to consider yourself to be detached. You will be loved by the world when you perform your tasks whilst considering yourself to be a soul, detached from the body. You must not be detached from just the things of the world, but you first have to be detached from your body. You will be loved when you become detached from your body. You will then be loved by your own mind, by God and by the world.

You will continue to receive complaints until you become detached from your body first. Then you will be loved by the world. Some look at themselves and also look at the things of the world outside. They first change those other things and then change themselves. This is why there is no impact. In order to create an impact, you first have to transform yourself. You have to bring about transformation in your vision, attitude and consciousness, as well as in the way you use your wealth and your time. Then you will be loved by the world.

One is to renounce your body and bodily relations, and remember Me alone. This is for your thoughts. Then for words, you must let only jewels of knowledge and never stones. And for your actions, you must remember that whatever actions I perform, others will see me and do the same. And also, those who do something will receive the return of that. Both these aspects give power in your actions, that is to say, those who come into connection with you receive power through this. I should perform such actions that when others see me they will be inspired to do the same. If you remember these main things for your thoughts, words and actions, then you will be able to make your surrender complete and eternal.

You must maintain the account of how you use your body, mind, wealth and time. If you keep your thoughts short, your news will be short and the line of effort will be clear. Then your news will also be clear.

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The greatest surrender is that of being surrendered in thought. You should not have any waste thoughts. It is because of waste thoughts that your time and energy are wasted. So, you have to surrender completely even in thoughts. You now have to bring the enthusiasm of the mind into a practical form.

### **16. Dear Most Beloved Baba, How can we have cheerfulness and power?**

Sweet Child,

Whatever is the extent of someone's tolerance, his power increases accordingly. Those who stay in remembrance in every breath must definitely have the virtue of being tolerant. And because of being tolerant, their cheerfulness and power will be visible, there won't be any sign of weakness on their face.

Sometimes, the stage of the mind fluctuates and then only later do you catch hold of the stage. This also becomes a stain.

### **17. Dear Most Beloved Baba, What is the practice we have to do?**

Sweet Child,

According to the time, the stage of being introverted, of going beyond sound, of being avyakt whilst engaged in action, should be visible and that is still lacking.

You should be able to create whatever stage you want whenever you want. You have to make the mind practice this drill. You must definitely practice coming into sound in one second and going beyond sound in one second. Practice coming into thoughts about service in one second, and going beyond thought and stabilising yourself in your original form in one second. This drill is absolutely essential. It should not be that you are not able to come away from the physical consciousness. Come into physical consciousness for the sake of a task in one second and then become bodiless in one second. Those who have made this drill firm will be able to face all situations.

Just as you are made to practice physical drill in the morning, in the same way, you must especially practise this avyakt drill at amritvela. You have to do it throughout the day, but the time for this special practice is amrit vela. When you see that your intellect is very busy, at that time practice this. Even whilst being in a situation, are you able to make your intellect detached? You will be able to remain detached when you perform all your actions in a detached stage. If you have attachment to that task, you will not be able to become detached in one second. This is why you must practice this, no matter what the situation is.

The practice of being bodiless and then coming into a body is being made firm. Just as God enters a body form being in the bodiless state, in the same way, all of you children have to be bodiless and then enter a body. You have to stabilise yourself in the avyakt stage and then come into the corporeal world.

### **18. Dear Most Beloved Baba, What is the use of divine intellect?**

Sweet Child,

Children will have the experience of the subtle region, but on the basis of a divine intellect. The alokik experience you have now will be all the more beneficial, alokik and unique when it is based on a divine intellect.

### **19. Dear Most Beloved Baba, How can we remain in the avyakt stage at amritvela – early morning hours from 2 am to 5 am?**

Sweet Child,

Only those who are stable in the avyakt stage and introverted throughout the day will be able to remain stable in the avyakt stage at amritvela.

There is not that intoxication or awareness of being embodiment of power. Instead of your being the embodiment of power, what has been mixed is laziness and the line is not clear to have the experiences that you should have in the meeting.

### **20. Dear Most Beloved Baba, How to become an Angel?**

Sweet Child,

When children have pure attachment, they become the embodiment of it; they either become loving or they become detached. But BapDada is both loving and detached at the same time. When this difference that remains is finished, you will become introverted, avyakt and alokik subtle angels.

Although you children are living in the corporeal world in a corporeal body, you have to remain as the form of light and might, so that anyone who sees you, sees you as an angel walking around. But that stage will only be possible when you sit in solitude, become introverted and check yourself. It is only through this stage that others will have a vision through you children.

The main speciality of angels is that they will remain light in all aspects. They remain light in thoughts, light in their speech, light in their actions and light in their relationships. If there is lightness in these four aspects, then that is the stage of an angel. Those who are light will be able to recognize the sanskars of any soul within a second. And they will also be able to make a decision, within a second, about whatever circumstance comes in front of them. This is the sign of being an angel. When all these virtues are practically visible in your actions, then understand that your perfect stage is close.

### **21. Dear Most Beloved Baba, Does subtle region exist?**

Sweet Child,

The subtle region does exist, but instead of going to and coming from the subtle region, you now have to become a resident of the subtle region. This is BapDada's hope in the children. There should not be lot of coming and going; this is not accurate. Instead of coming and going to and from the subtle region, you yourself must become a resident of the subtle region.

### **22. Dear Most Beloved Baba, How to get answer by our own self?**

Sweet Child,

Become stable in the avyakt stage, you will get the answer.

You receive a response instantly, but in between you have to let go off the corporeal form, and then you will be able to hear the response.

In the avyakt stage, there is no need to know anything, Baba can know the things inside everyone also. Everyone's chart is automatically visible within a second. In the avyakt stage, the stomach is filled simply by having the fragrance.

### **23. Dear Most Beloved Baba, What are the obstacles created in service?**

Sweet Child,

Always pay attention whilst doing service, to the thought, "I did this. Only I can do this." To have this consciousness of 'I' is called the arrogance of knowledge, the arrogance of the intellect, and the arrogance of service, the feeling of wilting and depression.

Constantly remember one term, "I am an instrument" to maintain the stage of incorporeal, egoless, humble and free from waste thoughts.

### **24. Dear Most Beloved Baba, How to face the situations?**

Sweet Child,

I must not have desires, I have to face everything. If I have any desires, I will not be able to face situations.

### **25. Dear Most Beloved Baba, How to become elevated?**

Sweet Child,

By considering yourself to be a guest you will be able to remain stable in the high (Mahaan) stage. If you are influenced by praise, you will fall.



### **26. Dear Most Beloved Baba, How to remain stable in the stage of self and have success in service?**

Sweet Child,

Only when you imbibe Tyaag, tapasya and service, you will be able to remain stable in the stage of the self and there will be success in service. You also have to renounce: 1) never make excuses; 2) never wait to be told to do service and 3) never wilt whilst doing service.

### **27. Dear Most Beloved Baba, Whose visions will people have?**

Sweet Child,

Remain the form of light and might, which you attain when you sit in solitude and check yourself in deep introversion. Then souls have visions thorough you children.

When children give the Father's introduction, then the Father also continues to give the introduction of the children, visions of the children in a subtle form, to all the souls.

### **28. Dear Most Beloved Baba, How to do service?**

Sweet Child,

All you shaktis have to become the goddesses who are like the volcano. You have to ignite such a fire in which the iron-aged world burns away.

Through your every activity the divine activity of Bap and Dada should be visible. Only the Father should be seen in your eyes and only His knowledge should be heard in your speech. People should see the avyakt image in your corporeal image.

The main effort is to stay on the pilgrimage of remembrance and to perform actions whilst being stable in the avyakt stage.

Now, you have to give lectures specially in the form of a shakti. Challenge them by giving them the recognition of time with even more greater force and tell them again and again that this task of the Father is not going to continue for long. You have lost time already, now do not lose the little time that remains. Give the recognition of time with such force.

Now become stable in the seed stage once again and challenge people. The seed can be planted in many thorough the challenge. Only if you remain stable in the seed stage will the seed of the recognition of time and Father's introduction be planted in many souls.

If there is too much expansion, there is no value. It will be wasted. This is why you must remain stable in the seed stage, in the remembrance of the Seed and then sow the seeds. Then see how easily the fruits emerge and how good they are. Until now,



you have made a lot of efforts, but there has been little instant fruit. Now make less efforts and show greater visible fruit.

Some become very happy thinking that they have explained to so many students, that they have given so many lectures, that they did a lot of service, but even that service is limited. Now, you have to do unlimited service. When there is unlimited service through all three forms, those of thoughts, words and actions, it is called being serviceable. So, now check yourself to see if you have become serviceable. Such serviceable souls will also be very loving.

### **29. Dear Most Beloved Baba, Who is always fortunate?**

Sweet Child,

One who always has deep love for the Supreme Soul is considered to be always fortunate.

### **30. Dear Most Beloved Baba, How long will Baba be with us?**

Sweet Child,

Until destruction takes place, Baba is with you. Brahma Baba has gone to the subtle region for a specific task.

Children used to receive the warning from sakar form from time to time that such a time will come when you will only be able to meet BapDada from afar.

### **31. Dear Most Beloved Baba, How to deal with negative and waste thoughts?**

Sweet Child,

The main thing that everyone has to think about is never to allow your old sanskars to emerge. You have to finish them in thoughts. Finish the thoughts whilst they are still in thought form. Then, finally, your old sanskars will not emerge even in your thoughts.

To the extent that your intellect, your vision and your words are simple, light and easy, you will be liberated from conflict with your nature.

Whenever you have a thought that is wasteful or sinful, you must not speak about it to anyone except those who are the instruments. Otherwise, you will become an instrument to spoil the atmosphere, and you will then create an obstacle in your efforts.

Whenever you see someone's virtues, pick up that virtue very quickly because each one definitely has one or another special virtue, and become complete with all virtues. If you see a defect in anyone, simply turn your back on it. Do not even think about them, this is called turning your back on them.

## Answers from Avyakt Murlis 1969

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You may have a complete aim for yoga, but only those who are free from waste thoughts are considered to be true yogis. You have to imbibe this aim.

### **32. Dear Most Beloved Baba, What are the characteristics of being a child and a master?**

Sweet Child,

Those who continue to move along being a child as well as a master will have the main sign of firstly being creative and also egoless at the same time as being humble and the embodiments of love. You will be able to see all these four aspects in their every activity.

Do not simply be a child nor must you simply be a master. By having both virtues, you will be able to do everything accurately. To be a child means to be free from waste thoughts. Simply follow the orders and directions you receive. To be a master means to give advice. You also have to observe at which place and in which aspect you need to give advice. Do not become a master everywhere. If you are a master when you have to be a child, there will be a conflict of sanskars. This is why in order to become each other's helper, imbibe both aspects.

Be one with many forms, do not always have just one form. As is the time, so should be your form. But don't become one with many forms in the wrong way; become this in the right way.

It is essential to be able to become a master in one second and a child in one second.

### **33. Dear Most Beloved Baba, What is perfect stage?**

Sweet Child,

Being the embodiment of love, according to the situations of the present time, you also have to be the embodiment of power to the same extent. Both should be simultaneous and equal. This is the sign of the final perfect stage of a shakti.

When you consider yourself a guest, you will be able to become the final, perfect stage that has been remembered. If you consider yourself a guest, then whilst being in the corporeal form, you will be able to remain in the avyakt stage. A guest does not have any attachment to anyone.

### **34. Dear Most Beloved Baba, How to reach perfect stage?**

Sweet Child,

Sometimes clouds come in front of the stars, sometimes stars change their position and sometimes, they even fall. Sometimes, when you see, they are very high, sometimes, they are in-between, and sometimes, they are even lower than that. So,

do not change your position. If you do change your position, it should be to move forward, not to come down. Constantly continue to climb to the eternal, perfect and complete stage. Become such a star.

The total surrender is those who have totally surrendered their body, mind, wealth, relationships and time. If you have surrendered your mind, you cannot use it without shrimat. It is easy to use your wealth according to shrimat; it is also easy to use the body, but the stage where the mind does not create even one thought without shrimat is what is called the perfect stage. This is why manmanabhav is the main mantra. If the mind is totally surrendered, then you will instantly be able to direct your body, mind, wealth, relationships and time towards that One. So, the main thing is to surrender the mind, that is, to surrender wasteful and vicious thoughts. This is the sign of a complete moth. Those who are totally surrendered will think about nothing except BapDada's virtues, task and relationships with their mind.

You sometimes mix shrimat with the dictates of your own mind and the dictates of your body consciousness. This is why you are not constantly able to maintain the karmateet stage or the avyakt stage. The mind is tasting the different tastes and so its stage is also different all the time. If it is constantly tasting the same thing, it will constantly remain in one stage.

The easiest thing that you have to remember is: I am a point and Baba is also a point. But, together with being a point, He is also the Ocean. So a point (bindu) and an ocean (sindu) are the introduction of the children and the Father. If you remember these two words, you can easily become perfect. So, the remembrance of the point is just the one thing in which everything is included. There is the remembrance of the One, the constant stage, the direction of One and you are the helpers in just the one task. If you remember everything connected with one, you can make yourself move ahead very fast. Just apply a point (full stop), and there is no need to go beyond that. If you go into expansion, that is only for the sake of service. If you are not involved in service, there is no need to use your intellect for anything except the point and the One. Remember just these things and you will easily be able to attain perfection.

### **35. Dear Most Beloved Baba, What is renunciation?**

Sweet Child,

To be egoless means to be a total renunciate. Such souls surrender everything that belongs to them. When you become a total renunciate, you imbibe all the virtues. Not to see the defect of others is also renunciation. If you have the practice of renunciation you will be able to renounce this also. To be a total renunciate means to also renounce the awareness of the body.

The main virtues come through the renunciation are: Easiness (implying easiness, lightness and simplicity) and tolerance. Those who have easiness and tolerance attract others and they are able to have love for one another.

## Answers from Avyakt Murlis 1969

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To die a living death means to be dead to your body, your friends and relations and the old world whilst alive. When someone dies, his past sanskars also finish.

To be humble means to renounce regard for the self. Through renunciation, you receive greater fortune. The more you renounce, the more you will receive respect. The more you try to seek respect, the more it will become a means of losing respect. This is why you must increase the practice of going up and down the ladder, of being a master and a child. There will be success in this when you have the power to perceive situations. When you have perceived situation, the result will be good. When you don't perceive them, the result is going to be wrong. What is the effort to increase the power of discrimination? More than just cleanliness of the heart, you need cleanliness of the intellect. You should have the power to apply a brake to the power of thought. Whatever thoughts you have in the mind, or whatever the intellect judges, both need a powerful brake, and they also need the power to bend. Both these powers are most essential. This is called the power of remembrance or the angelic power. If you are not able to apply a brake, it is not good, and if you are not able to bend, that also is not good. If you have the power to apply a brake and to steer, you will not waste the power of the intellect. Energy will not be wasted, instead it will accumulate. The more you accumulate it, the more your powers to discriminate and take decisions will increase.

Those who sacrifice themselves receive a lot of Godly power.

### **36. Dear Most Beloved Baba, What is seed stage? How to become a point?**

Sweet Child,

Your food, drink and clothes etc are all moderate. Make a judgement in this way by being stable in the stage of being in-between and then continue to move along. In some aspects it is visible that you are either on one side or the other side to a greater extent, whereas you should be in-between. The stage of being in-between is the seed stage; to be just a point. Just as a seed is very subtle, the seed stage is also very subtle. You need courage and the method to remain stable in that stage.

It is not difficult to stabilise in the form of a point. Practice becoming detached; the point form is of being detached anyway. It is incorporeal and detached. When you stabilise yourself in the stage of being incorporeal and detached, you will have the experience of the point form. Whilst walking and moving around, you will be able to experience the angelic stage. Your practice will become such that you will be able to remain in the avyakt stage whenever you wish. You will then be able to fill yourself with a lot of power in just one second's experience. And you will also experience the powers of applying a brake and steering. To experience the point form is not difficult. It is just thoughts that bring you down. If you have the power to apply a brake to your thoughts, you will be able to remain in the avyakt stage for a longer period. You have to consider yourself a soul and remain stable in that stage. When you stabilise yourself in your original stage, you will then experience your virtues.

## Answers from Avyakt Murlis 1969

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You are able to experience the virtues of a place that you visit against your conscious wish. When you visit a cool place, then even if you don't want to, you experience the coolness of that place. This is the same. Soul consciousness means remembrance of the Father. It is not possible for there not to be Baba's remembrance in soul consciousness. A soul conscious intellect that has faith is not separate from Baba's remembrance. Firstly there is the experience of the point form and you also experience the original virtues of the soul.

To sit as a point is not a non-living stage. Just as a whole tree is merged in the seed, in the same way, Baba's remembrance is merged in me the soul. When you sit in that stage, you will experience all sweetness.

### **37. Dear Most Beloved Baba, What are the methods to remain in seed stage, avyakt stage?**

Sweet Child,

When you sit in yoga, when you stabilise yourself in the seed stage, there is no need to churn the ocean of knowledge. You can churn the ocean of knowledge even whilst walking, moving, bathing and eating. The time for a heart to heart conversation is fixed for amritvela. In the same way, when first sit, spend some time in stabilising yourself in the awareness of the point, and then have a heart to heart conversation. When you find you are not able to stabilise yourself for a long time, then catch hold of the second stage (heart to heart conversation). But what happens is that because it is easy to have a subtle heart to heart conversation and to churn the ocean of knowledge, you do that very quickly. Because it is difficult to stabilize yourself in the awareness of the point, you pay less attention to that. But it is essential to have that stage.

You will only be able to make the avyakt stage permanent with the practice of being bodiless and staying in the awareness of the point. Otherwise you continually come into a corporeal feeling.

There has to be such a practice that you should be able to forget the consciousness of the body and yet also be aware of it. By having such a stage you will not experience punishment from Dharamraj at the end. Otherwise because of the strong sanskars you have, there will be the experience of punishment. The practice of the awareness of the point is lacking.

When you stabilize yourself in the awareness of the point, a sparkle will be visible on your forehead. Your memorial of the third eye will be physically visible through the stage of the soul.

By staying in this stage, you will automatically become introverted. And solitude will pull you even when you are not especially practicing it. You can experience this even whilst talking. However, unless you have the practice of sitting in solitude, you will not be able to experience this stage whilst performing actions.

Knowledge becomes merged internally when you remain stable in the awareness of the point. Everything is merged in the seed, and so when the seed is sown in the earth, everything emerges. In the same way, all knowledge is merged in the awareness of the point. It emerges when you come down. When you have the awareness of the point, your stage remains full.

### **38. Dear Most Beloved Baba, How to transform sanskars?**

Sweet Child,

At the time of eating talking and eating, Baba seemed to disappear from the body for a second or two. Even whilst talking to someone, he used to see the bodiless form, the form of the soul. This was the effort being made in stabilising the self in the awareness of the point. You are lacking in this effort and therefore your sanskars do not change.

The more you stay in the awareness of the point, the greater will be the change visible in your sanskars. So, this is the main method for changing the sanskars.

A life is changed only through changing the sanskars.

A zero; there is nothing associated with a zero. There are no sanskars of the past.

You are finishing something and creating something. You are doing both tasks. The last rung you have to come down is to renounce the awareness of your body. When you remove the clothes from your body, you remove them so easily. In the same way, you should be able to easily remove the costume of this body, and also be able to adopt it easily at the right time. Those who have tight clothes are not able to take them off. If this costume which is the body is stuck to any sanskar, that is, if it is tight, it does not come off. You have to see which sanskar the costume of the body is attached to. When you become detached from all sanskars your stage will become unique. When you remain easy in everything, all tasks become easy. When you make yourself tight, there is tightness in the task also.

You have to take with you your original form and your original task. You have to make yourself attractive and also become active. You have to be active in everything. You have to remain ever-ready, at any time for any service. Those who are not active waste their time on thinking about it. Those who are active will be able to involve themselves in that and also attain success. Those who have heaviness are not called active. Those who are heavy in their effort or in their sanskars are not called active. Those who are active are ever-ready and easy. When you yourself become easy, all tasks, service become easy and the effort also becomes easy. Service is not difficult, but your sanskars and your weaknesses are visible in the form of a difficulty. Effort is not difficult either. Your weaknesses make it difficult.

The promise you have to make is that from now on, there will be unity, cleanliness, subtlety, sweetness and greatness in your thoughts, words and deeds visible to everyone at every step.

GodFather is teaching you the education to become world emperors. So what will be their sanskars? Just as you saw in a practical form that Baba is loved by all and Baba has love for all, in the same way, flowers of love will be showered on those from within each and everyone. Check yourself: How much am I, the soul, being showered with the flowers of love here? That cannot remain hidden. So, keep the aim of being worthy of the flowers of love from everyone. When you give co-operation to everyone, you will receive co-operation and you will be worthy of the love of those with whom you become co-operative. Only such souls can become world emperors. Therefore keep a high aim.

You will be able to make others as yourself only when you make yourself equal to GodFather in His virtues.

### **39. Dear Most Beloved Baba, What is the difference between Samadhi and seed stage?**

Sweet Child,

Because there is no knowledge, people call blankness as Samadhi. Seed stage is not like being blank, this is being the embodiment of knowledge. You churn knowledge to clarify some points, that is the second stage. Some simply entertain themselves with their experiences of sakar Baba, and that also can be called yoga. There is the remembrance of just BapDada, but that is to a lesser percentage. That is also called remembrance, but the awareness of the point is more powerful. The other is just like being stable in the embodiment of love. There is the difference between the awareness of the point and the embodiment of love. There is special power in the other stage.

The nil (empty) stage of Samadhi is different. There is no aim in that, whereas here, you have attainment. There is also the experience of happiness, coolness and being complete with all virtues. This is the stage of being full. Just as seed is full, it is not empty, so this stage is the same.

Those who have special experiences of the awareness of point should relate their experience to others and try and make them experienced in that. However, each one will experience that stage through their own practice.

There is the memorial of the pandavas that they melted away and were finished. It was not on the mountains, but they melted with an elevated stage and brought themselves to the very top from being at the very bottom. They melted in that avyakt stage, that is, they attained perfection in that avyakt stage. There is this memorial of the pandavs.



### **40. Dear Most Beloved Baba, What is the effort of first special 8 souls?**

Sweet Child,

Whatever it is that you are practicing, you will not be able to achieve it until you first firmly make yourself stable in the awareness of the point. This is why the maharathis, and especially those who are going to become the eight deities, should pay special attention. Only the eight will cross the land of Dharamraj without experiencing punishment. The more you stay in the awareness of the point, the greater will be the change visible in your sanskars. So, this is the main method for changing the sanskars.

At the end, there will be such unique deaths of very few children that the son will show the Father. Only those who have the one special virtue will be able to do this. They will continue to reveal the Father till the end. Such souls must definitely be powerful and must have the practice of being bodiless in one second, even one second is too long, your thinking and doing should be simultaneous. Those who have such practice will be able to take the initiative for service. Only a few such souls are instruments. Flowers will be showered on them here. So, even at the end, they will be those who show the Father. Even their death is serviceable to this extent. In the drama, only some children will receive a medal for this service at the end. Now, each of you should judge yourself whether you can be an instrument to claim such a medal. Anyone can become that. Even the new jewels will perform wonders.

### **41. Dear Most Beloved Baba, What is supersensuous happiness?**

Sweet Child,

To stay in the avyakt stage and experience Godly happiness.

From the activity of those who stay in a stage of being totally lost, the virtues of uniqueness and having super-sensuous happiness joy are visible.

Even whilst coming into sound, you can stay in supersensuous happiness, so why are you trying to stay beyond sound? If you stabilise yourself in the incorporeal stage beyond sound and then come into the corporeal, you will be able to bring others into that stage also. You become incorporeal in one second and corporeal in one second. You have to learn such a drill that you become incorporeal in one second and corporeal the next. When your stage becomes like this, then whilst you are in the corporeal form, everyone will have a vision of your incorporeal form.

### **42. Dear Most Beloved Baba, How to sleep in remembrance?**

Sweet Child,

First stay in remembrance and then fall asleep. It is the code of conduct of shrimat to check your chart and then go to sleep. You know what the code of conduct is even in terms of thoughts.



**43. Dear Most Beloved Baba, What stage will the one who has faith experience?**

Sweet Child,

When you look at someone who has faith in the intellect, from his eyes you will have the feeling that although he is looking at one thing, he is seeing something else. And his words will also be accordingly. This is the sign of those who have faith in the intellect. The stage of a marksman is that of intoxication. And so, the sign of those who have faith in the intellect is that they will always aim at the target and their stage will be that of intoxication.

Those who have a faithful intellect, that is, those who have the full faith in themselves as the Father, that whatever transformation they have brought about, they will maintain that eternally, and the promise they make will definitely be fulfilled. They are the ones who have a completely faithful intellect.

**44. Dear Most Beloved Baba, How to make the thoughts, words and actions accurate?**

Sweet Child,

In order to make your thoughts, words and deeds accurate, simply remember three words. For the thoughts, become incorporeal; in your words, become egoless; and in your deeds, become viceless. This is the proof of the words and deeds of the deities (virtuous human beings). The more you stay in the incorporeal stage, the more you will be able to remain egoless and viceless. There won't be any bad odour of vice.

**45. Dear Most Beloved Baba, What is known as being dependent, How to overcome dependency?**

Sweet Child,

You must remain firm in the disciplines and also be fully independent.

To the extent that you remain tied by the code of conduct, accordingly you will remain loving and detached.

When you consider yourself to have a right, you will not be dependent on Maya. In order to save yourself from being dependent, consider yourself to have right to the happiness of the confluence age, right to the happiness of the golden aged heaven in future. When you forget your rights, you become dependent on one thing or another. And those who are dependent on external things can never be happy. Those who are dependent on external things have the attainment of sorrow in every aspect; in their thoughts, words and actions.

Just as BapDada enters a body temporarily, in the same way, consider the body to be a support, an instrument, Does BapDada have attachment to the body? When

you consider it to be a support, you will not be dependent. At present you are dependent on the body, whereas then, you will control the body.

You must not be dependent on nature or Maya, but you should control both. Because you are dependent, you lose your rights. So, you must not be dependent. You have to control them, then you will claim your rights, and the more you claim your rights, the more you will receive respect from nature and people. To make them give respect you have to stop being dependent, and maintain your own right. By maintaining your right, you will become one who has all rights. However you renounce your rights and therefore, you become dependent. You become dependent on your own creation of thoughts. You even become dependent on your creation of the physical senses. By being dependent, you lose your birthright. So as soon as you become a child of GodFather, you become one who has all rights for purity, peace and happiness. If you renounce your right, you become dependent on one thing or another. So, now stop being dependent and claim your birthright.

### **46. Dear Most Beloved Baba, Who is a spiritual rose?**

Sweet Child,

A spiritual rose remains in the stage of a spirit and is always close to a spirit.

You have to carry a burden on your head and you have to remove it also, but you must not get tired. Why do children feel tired? Because they do not consider themselves to be spiritual roses. If they consider themselves to be spirits, they can remain detached from body and very loving. As is the Father, so are the children.

Children's intellects should remain alert and far sighted. Baba has already given you the crown and the throne in order to make you far-sighted.

### **47. Dear Most Beloved Baba, How to deal with the wandering souls?**

Sweet Child,

Many such souls will come in front of you; internally they will be one thing and externally something else. They will come to test you in different forms and colours in order to judge you. Therefore you must pay attention to what each one comes for and what his attitude is like. Be very cautious with impure souls. Day by day, there will be many such cases. There are many sinful souls. Calamities, untimely death and sinful actions are increasing, and so because their desires are not fulfilled, they wander as impure souls, and therefore you have to be very cautious about this. When an impure soul has entered someone else, you have to work with the power of yoga.

You have to heat up each of your physical senses with the fire of yoga so that no one can attack you. If there is the slightest slackness, if any of your physical senses become slack, then it can enter you. Those impure souls are also very powerful.

## Answers from Avyakt Murlis 1969

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Maya's power is no less. And even the elements of nature will carry on with their own work. In order to confront them, imbibe Godly power into yourself. At that time, you must not have love for it. At that time, you need to be the embodiment of power.

You have to think about when you need to be the embodiment of love and when you need to be the embodiment of power. You need to be an embodiment of power in all these aspects.

If such a person comes and you show him extra love, it can also cause damage. Have love for BapDada and the divine family. But with all the rest, you have to confront them with the form of power.

Many children make mistakes and they are attracted by their love. That love increases and makes you weak, and therefore there is now the need to be the embodiment of power.

At the moment, many different forms will come to entertain you, in the form of the soul and also in the form of the body. But don't be entertained by them. Many examinations will come but they are nothing. Those who have the accurate power of discrimination can pass the examination. The greater your power of discrimination, the better you will pass the examination.

### **48. Dear Most Beloved Baba, How to overcome fear?**

Sweet Child,

The main method is to be incorporeal; the more you remain in the incorporeal stage, the more you will remain fearless. There is fear when you are in the body.

Now, courage is needed. By surrendering yourself at every moment, at every step in every thought. Those who surrender themselves have greater courage. And so, the more you surrender yourselves, the more you will come close in the garland around Baba's neck.

You are not afraid, are you? The more you go into the depths, the more the fear will disappear. Until you go into the depths of something, there will be fear. There is fear because of the waves at the top of the ocean, but when you go to the bottom of the ocean, what happens in the depths? Together with the total stillness and silence, there is also attainment. Therefore, whenever there is any fear, go into the depths, and that fear will disappear.

### **49. Dear Most Beloved Baba, Why should we have soul conscious vision?**

Sweet Child,

To have the vision of brotherhood means to change the vision first, and then everything changes. This is why there is the praise that the world is created through vision. When you see the soul, this world appears to be old. The main effort is to

change your vision, When your vision is changed, your stage and circumstances also change. When your vision changes, your virtues and karma also change. This soul conscious vision should become natural.

### **50. Dear Most Beloved Baba, What is remembrance? How to increase the power of making decisions?**

Sweet Child,

You should have the stage of remaining beyond, ever ready. The stage of remaining beyond is an easy method of remembrance.

The pilgrimage of remembrance is just the method. Why are you taught the pilgrimage of remembrance? The main teaching of the Guru that you have to follow is to be bodiless, to be incorporeal and to be detached. You have the pilgrimage of remembrance so that even whilst in the corporeal form, you can remain incorporeal, detached and bodiless. Only when you become bodiless will you be able to return with the Guru. This is the main aspect that you are following and have to follow.

What effort you have to make in order to increase the power of making decisions? You quickly say: The pilgrimage of remembrance. But what is the knowledge, the understanding, that gives power to the pilgrimage of remembrance? That also should clearly be in your intellect. You have kept the overall factor in mind, but sometimes it brings a loss. In a school, some children are able to give the overall result, but when their teacher asks how they arrived at the result, they get confused. And so, all of you speak of the pilgrimage of remembrance as the outcome, but you should also know the method from which the outcome is derived. So which main aspect is essential to increase the power of making decisions.

The main nourishing food to increase the power of making decisions is to be bodiless, incorporeal and detached in action. The incorporeal and the bodiless stages are a state of the intellect, but you should also be able to be detached whilst performing actions, and also remain unique so that seeing your every action, people feel that you are unique; that you are not mundane (lokik) but extra-ordinary (alokik). So, this is the most essential to increase the decision making power.

This is an easy path but what makes the easy things difficult? (sanskars) Why do these sanskars emerge? By your forgetfulness, you create all these things. Whether they are the past sanskars or past karmic bondages, or the mistakes of the present time, the main reason for all these is your forgetfulness. Because of your forgetfulness, all these wasteful things make the easy things difficult. What will happen if you have remembrance? Remembrance means being perfect, and forgetfulness means being imperfect. When there is forgetfulness there are many obstacles, and when there is remembrance, everything is easy and perfect. If you continue to make the awareness of all that you have heard powerful, forgetfulness will automatically run away. If you do not let go of remembrance, how can you

forget? There is darkness when the sun sets. If you maintain the sun of remembrance, there cannot be the darkness of forgetfulness. According to how much you practice the alokik drill of the intellect, to that extent, you will attain the aim of becoming what you want.

**51. Dear Most Beloved Baba, What is known as being introvert and extrovert?**

Sweet Child,

One main weakness is that you lack the practice of staying in solitude. And the second is that there is not unity. Solitude can be on physical level as well as on a subtle level; both are needed here. If you experience the bliss of being in solitude, you will not enjoy being extroverted.

Remember your destination very well, and also imbibe the teachings that you have received from BapDada. With this dharna, you will remain patient and introverted. You will develop patience, and with that you will be able to finish the iron-aged kingdom of Ravan.

To please people is to be extroverted, and to please the self is to be introverted. So, you have to decorate yourself whilst being introverted.

**52. Dear Most Beloved Baba, How do the waste thoughts affect us?**

Sweet Child,

There are useless thoughts and wasteful actions only when you come into the corporeal form.

When you have any waste thoughts, apply a full stop to them and you will become a dot.

**53. Dear Most Beloved Baba, What is the future?**

Sweet Child,

All of you will experience within yourself the perfect form of the confluence age. You will know who your bhagats are and also who your subjects are. Those who are your subjects will come close to you and those who are your bhagats will eventually bow at your feet. So now the kingdom, or the world, that is in each star will take a practical form. When that revelation takes place, everyone will beat the drums of the wonders of God.

You yourselves become impressed by many things, and so how can those who are impressed create an impression on others? If you wish to create an impression, you must not be impressed by anything. You can judge from your activity how long it will take to create an impression.

Whatever is in everyone's thoughts will never happen. What is to happen will happen suddenly.

### **54. Dear Most Beloved Baba, What is the effort to become victorious?**

Sweet Child,

In any task, whether it is gross or subtle, firstly you must never lose courage and secondly, always maintain love for one another. Then there will be victory for the pandavas.

When there is victory, the play comes to an end. Then you will be able to see the flag of the subtle stage from a distance. The entire world will be able to see the flag of your avyakt and constant stage flying.

When you sit on the throne of the humility, you will be able to do all your work accurately. Be seated on the throne and by wearing the crown of further responsibility, create your future status. Do not come down from this throne. If you do your task whilst sitting on the throne, the task will be successful.

If all of you are courageous, then you will definitely not experience defeat. If you wish to be threaded in the rosary of victory, you will have to bring about the transformation of being victorious. You have to check the main aspects in your transformation. It is very easy. Just remember two words. 1) You have to become the image that attracts. 2) You have to remain cheerful. It is the spirit that attracts. You will be able to attract others only with the spiritual stage. If you have imbibed these two aspects, then you are completely victorious anyway.

A victorious one is not just someone who has himself attained victory, but it is someone who will also make others even more victorious than the self. All those who come in front of you should become victorious.

### **55. Dear Most Beloved Baba, How to overcome attachment?**

Sweet Child,

The reason you come into the feeling of the corporeal is that you do not consider yourself to be a guest. You consider yourself to have a right over things, this is why you have attachment. If you consider yourself a guest, all these things will finish.

You can only become a destroyer of attachment when you have true love (for God). Only those who have true love can become a sati.

Whatever few devilish qualities are remaining, the code of conduct of the lokik clan, the strings of karmic bondages, the threads of attachment that are still tied, all of these have to be burnt. When all of these fall into the fire of love, they will all be broken.

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Attachment is created through the conscious of 'mine'. The first promise that all of you made was: Whatever You say, that we will do. Whatever You feed us.....Wherever you make us sit.....Baba is making you sit in the subtle region. So, why do you come in the corporeal region? Remember that you will definitely fulfil the promise that you have made.

The meaning of surrender is very great. Nothing of mine remains in that. When you surrender, you surrender your mind, body and wealth. Then how can you create thoughts that you wish to? How can you perform sinful actions through the body? The stage of one who has given his mind is manmanabhav. His mind will be fixed on that One alone.

In order to become a conqueror of attachment, remember your promises made to GodFather.

Make a promise to yourself: From now on, I will not look at anything except the jewel (soul), and that I myself will become a jewel of the rosary and sparkle amidst the whole world. Only when you yourself become a jewel, will you sparkle. There will be revelation only when you make a promise. Make it firm that you will bring about the revelation, then your promise will definitely bring about revelation.

### **56. Dear Most Beloved Baba, How to become attractive and unique?**

Sweet Child,

If you do not see your own physical form or that of others and instead see the avyakt form, you will become an image that attracts.

Think that you have incarnated in the body for Godly service. If you go with this awareness, then uniqueness will be visible in your every activity. People will experience that you have become different and totally transformed. When they experience your transformation, you will be able to transform the world. If there is not the experience of transformation from all of you, you will not be able to transform the world. You have to change in order to change the world. You must always move along whilst considering yourself to be an instrument who has incarnated into the body which is on loan for Godly task for just a few days. When you have completed your task, you will go back. Create this stage with this awareness and this aim and continue to move along with that.

All of you think that you have taken your body on loan for the sake of service for just a short time. When you have created such a stage, BapDada's influence will be visible to the world.

You will only be able to become attractive when you have specialities in yourself. In order to become attractive, you will also have to become cheerful. To be cheerful means to swing in supersensuous joy. You have to remain cheerful by churning knowledge. To experience the avyakt stage and to swing in supersensuous joy is



called being cheerful. You have to remain cheerful in mind and body. Those who remain cheerful in this way attract others.

### **57. Dear Most Beloved Baba, What are the steps to follow discipline, to remain free from attraction?**

Sweet Child,

If you forget the discipline, then you also forget the Almighty Authority. If your disciplines are accurate, the stage of the self also remains accurate.

Whenever you see any image (body), do not see the image but see the living being (soul) within the image. See that and the activities of that image. When you see the living being and the activities, because your attention is towards the activities, you will move away from the image, that is, from the consciousness of the body.

If you see the one without an image and the activities, then the attraction that pulls you, even when you don't want it to, will be removed. This is the main effort you should be engaged in at the present time.

### **58. Dear Most Beloved Baba, What is honesty and cleanliness?**

Sweet Child,

It is not that you have recognized the Father and put everything in front of Him, No, those who have made such mistakes, not deliberately from their hearts, but sometimes it happened due to carelessness, have to write their life story. This is the final time. The accounts of eighty-four births are settled here, You use the words with 'honesty and cleanliness', but what is the difference between honesty and cleanliness? You must go into the depth of it and write about everything.

Remember the essence of all the points of knowledge that have emerged in just two words: You have to do what you speak about.

Who is the most dangerous person, of whom everyone is afraid? The most dangerous person and the one who causes a lot of damage is the one who has one form internally and another form externally. He is even more dangerous than one who gossips about others, because he is not able to come close to anyone. He is not able to have love for anyone. Everyone tries to remain distant from him. There has to be honesty and cleanliness. Honesty means to speak only that which you do; to speak only that which you think. There should not be any artificial form. There has to be honesty in your thoughts, words and actions. If a thought is created within the mind, there has to be honesty in that also, and then there will be the aspect of cleanliness. Internally, there should not be any rubbish of sins. There should not be any rubbish of one's nature, feelings or old sanskars either. Those who have such cleanliness will be honest. Those who are honest are loved by all. First of all, they will be loved by God. The Lord is pleased with those who are honest. No one will see



them with any bad vision. There will be such firmness and strength in their drishti, words and actions that they will neither fluctuate nor will they make others fluctuate. Some think: I am honest, but no one understands me. A true diamond can never remain hidden. This is why, when you think: I am like this, but no one understands me in that way, that is not honesty.

Truth can never remain hidden, and those who are honest are loved by all. Some even think that because they are not so close, they are therefore not so well known. However, those who are honest and firm cannot keep their identity hidden even if they are far away. No matter how far away someone is, he will be close to BapDada. Those who are close to BapDada are close to everyone. So become honest. The proof of cleanliness is visible in one's activities. Check yourself: Is my activity serviceable at every second? This is why you have to do only that which you speak about. By remembering this, you will easily attain success in your effort.

If you are not accepted here, you will not be able to have the acceptance of a high status in satyug. That is why you were told that you must speak only what you think about, and you must do only what you speak about. Your thinking, speaking and doing should all be the same.

### **59. Dear Most Beloved Baba, How to receive God's help?**

Sweet Child,

The more you have faith in yourself, the more BapDada will definitely become your Helper. One who is loving definitely receives co-operation. In order to receive co-operation from someone you must become loving. One who is loving does not have to ask for co-operation. When you have love for BapDada and love for the family, you will automatically receive co-operation from everyone. There are two main things: to have an intellect that has faith and to be a destroyer of attachment.

### **60. Dear Most Beloved Baba, What is a karmateet stage?**

Sweet Child,

You become karmateet not just by love but also with power. By power you get filled up with those sanskars.

Whatever actions you perform throughout the day, that is, whilst living in your home, whatever you say, whatever you do and however you behave should all be the same. Only then will you quickly be able to attain your karmateet stage.

The more effort you make, the more you will be loved by all. The fruit of effort is love. It is love that makes you perfect. Together with love, you also need power. When there is the combination of the two, then the stage of both love and power becomes extremely unique and extremely lovable. You have to become like the One you have love for. This is the proof of love. Check to what extent you have come close to being

equal. The more you come close to being equal, the more you can consider yourself to have come close to your karmateet stage. This is the meter of being equal. You have to recognize your karmateet stage. You will not become karmateet simply by having that love. If together with that love, there is power, then you yourself will become perfect and make others perfect also. This is because you will have been filled with those sanskars with that power. So, now together with love, you have to fill yourself with power.

**61. Dear Most Beloved Baba, How to develop the power of discrimination and what are its benefits?**

Sweet Child,

In order to face any obstacles, you first need the power of discrimination. Then you need the power of making decisions. When you have decided that this is Maya, that it is not right; when you have decided whether something is of benefit or loss, whether it brings temporary attainment or permanent attainment, only after having made the decision will you be able to imbibe the power of tolerance.

First, there has to be discrimination, and then a decision about it can be made. Those who have clear decision making power will never be defeated. In order to be saved from defeat, increase your power of discrimination and the power of decision making.

When you must go into the world outside to do any task for which you have to maintain a relationship with the community of devilish sanskars, then through the practice of discrimination, you can become victorious in many aspects. You need the practice of the discrimination of the present and the future of any situation or of souls with any kind of thoughts. The main method to develop the power of discrimination is: The avyakt stage, remembrance or the stage of soul consciousness is the same thing. However, together with the stage of soul consciousness, only those who do not have a lot of waste thoughts are able to discriminate others accurately.

Those whose intellect is engaged in the remembrance of the One, in the task of One and who are in a constant stage will be able to discriminate others very quickly. Those whose intellect creates a lot of thoughts will have a mixture of their own waste thoughts in recognising others. Therefore, they will not be able to recognize others as they are. Those who have cleanliness of the intellect will be able to maintain a yogyukt stage. Waste thoughts and sinful thoughts become an obstacle in creating an avyakt stage.

The main reason why you are attracted to the body again and again is that there is not cleanliness of the intellect. Cleanliness of the intellect means that it remains lost in the great mantra that it has received. Because of not having the remembrance of One and letting the intellect wander in many directions, it does not remain powerful. Waste thoughts and sinful thoughts make the intellect tired. Any soul who is tired will

not be able to discriminate or make a decision accurately. Therefore you are not able to become victorious. The main reason for experiencing defeat is that there is not the cleanliness of the intellect. Just as those people have the cleanliness of their palms, so you can also do so much with the cleanliness of the intellect.

### **62. Dear Most Beloved Baba, What is the final test paper?**

Sweet Child,

The final paper will be of many fearsome situations, and you will be amidst situations which you would not wish to be in. Compared with that, the situations of today are nothing. The final paper will take place amidst the final situations. You must prepare for that beforehand. This is why when you see that you are very busy, that the intellect is very busy in a physical task, that the circumstances are such that they pull you in all directions, at that time, practice the drill. Then you will know to what extent you are able to practice the drill. If you continue the drill, you will achieve success. There is a number for each subject, this is the main thing. If you are good in that, you can claim a good number. If you are lacking in this subject, you will not be able to claim a number ahead, in the final result.

### **63. Dear Most Beloved Baba, What is love for God?**

Sweet Child,

When someone has love for a person, the face of the one he has love for is visible in his own face. That same light will be visible in his eyes. And there will only be words of love for that person emerging from his mouth. The image of love is visible from his every activity. Only that person would be visible in his eyes, and the image of the one he has love for would be merged in him. You should have such a stage. At present, there is a great difference in the sanskars of the Father and the children. When you become equal, your sanskars will not be visible. Only He will be visible. Others will see the Father in each one of you. Everyone will have visions through all of you.

You were told that together with being an enlightened soul, you also have to be a loving soul. Those who are loving receive love. When you have a lot of love for someone, it is said: This one has totally forgotten consciousness of everything else. The meaning of forgetting consciousness of everything else is that you forget the awareness of even your own form. The love of the intellect should be only towards that One and none other. Those who are like this are called loving.

Those who are loving automatically receive cooperation. There is no need to ask for it.

### **64. Dear Most Beloved Baba, What is the benefit of being tolerant? How to develop tolerance?**

Sweet Child,

The greater the power of tolerance, the greater will be the success in service. The power of tolerance is also needed to stay within the gathering. The power of tolerance is needed for the final paper of destruction also.

The more you become loving, the more love you have for someone, the greater the power is in that love. Have you experienced how you are able to increase the power of tolerance through love? For instance, the example of a mother and a child: when an obstacle comes to a child, because the mother has love for the child, because of that love, she has the power to tolerate anything. At that time she does not worry about her own body or the circumstances etc. So also, if you have constant love in the same way, then it is not difficult to tolerate anything for the One you love.

### **65. Dear Most Beloved Baba, How to develop the controlling power?**

Sweet Child,

There are children who become trapped in another type of love if they do not receive Godly love. You have to save yourself. This is the response to God's love. You have to keep safe from : 1) there has to be purity in mind and 2) you should maintain such control that no inaccurate words emerges from your mouth. There should be control over your words and control over the mind. 3) You must also keep yourself from the influence of company.

At the moment, many different forms will come to entertain you, in the form of the soul and also in the form of the body. But don't be entertained by them. Many examinations will come but they are nothing. Those who have the accurate power of discrimination can pass the examination. The greater your power of discrimination, the better you will pass the examination. (repeat)

Because you don't have controlling power, whilst understanding everything and thinking about it, and yet, you do that same thing again. In your thoughts, words and actions, and also in connection with the lokik relations and when coming into relationship with those of the divine family, because you do not have the full controlling power of what you must do, what you must say and what you cannot say, you are not able to have success. So, how will you remove the weakness of controlling power. You would have seen many times that when something is to be controlled very firmly, in order to control it properly, you sometimes have to keep it light, like in the case of kite flying, in order to control your intellect you must let yourself become light in many aspects. What is the lightest thing of all, The soul, the point. So, when you have to control yourself, stabilise yourself in the point-form which is the lightest. In order to control anything, you have to apply a full stop. So you must also apply the point, the dot. Whatever has passed forget that completely.

You may have seen something, you may have done something, but then finish it completely. To finish it means, to apply a full stop. You will become an expert when you have the full recognition of where to apply the comma, the question mark, exclamation or the full stop.

Do not think about whatever has happened. Learn a lesson from whatever has happened and be cautious in the future. If you continue to think about whatever has happened in the past, that will become an obstacle. Continue to apply a full stop and you will be able to stabilise yourself in the stage of a point.

### **66. Dear Most Beloved Baba, What is meant by follow Father?**

Sweet Child,

Remember the one thing so that you don't fail in any aspect: Follow the Father. Follow the Father in everything that he demonstrated through the corporeal form and you cannot fail in any aspect. Whenever you see a situation in which you think you will fail, then remember: Am I following the Father? All the actions that Baba performed through the corporeal form in all those years, all of those scenes also come in front of you. So when you are following the Father, then a brake will be applied in performing any wrong type of actions. You will be able to judge yourself: am I able to perform this action? Follow the Father. When you say Father, both are included in this. When you remember that you are following the Father, you cannot fail. You will become flawless. BapDada wants to make the children flawless.

### **67. Dear Most Beloved Baba, How to develop sweetness?**

Sweet Child,

The sweeter you become, the more you will cling to the Father.

Together with unity, you have to have love for solitude. Just as you are number one in unity, you have to become number one in the subject of solitude. You also have to make yourself one who has love for solitude as well as being in unity. The yoga of the intellect should be broken from all other directions and many others. There should be only One and none other. Those who have such a stage will be able to have love for solitude. Otherwise even when he tries to sit in solitude, the intellect will wander in many directions. He will not be able to experience the bliss of solitude. Only the one who has all relationships with One and tastes all the sweetness from One can have love for solitude. Since he can taste all the sweetness from just One, what is the need to go into other directions.

Those who imbibe sweetness become great here and also claim a high status there. Everyone sees the greatness in those who are sweet. So, you should have this special virtue of sweetness. It is only with sweetness (love) that the name of the Lord will be glorified. You also need an attitude of unlimited disinterest (power).

### **68. Dear Most Beloved Baba, How do we develop quality souls?**

Sweet Child,

It is easy to create quantity, but GodFather has the hope in the stars that you will now create quality. Even one soul of quality will automatically bring a quantity of souls. The extent to which you have divine qualities, accordingly, you will bring about souls with quality. You find things to be difficult because of the lack of your dharna.

The reason why you find it hard work, whether in your effort or in service, is that although you have all the aspects in your intellect, you do not go into the subtle aspects. Those who have a subtle intellect do not find it hard work. Due to the lack of going into the subtle depth, you find it to be hard work. At the time of service, develop a subtle intellect and go into the subtle aspects of knowledge and relate that to others, and take them into the depth. Then neither will they have to labour, nor will you have to labour so much. As you go into the depth of every aspect, you will be able to see the jewels, and you will know the value of everything. The more you know the value of knowledge and service, the more valuable a jewel you will become. Since you don't give so much value to the jewels of knowledge, you are not able to become so valuable either. Try and recognize the value of each jewel.

The more valuable a jewel someone is, the closer he will sit on the heart-throne of GodFather. By remaining seated on this throne, you will be liberated from all the bondages of Maya, that you will claim the throne of the kingdom.

### **69. Dear Most Beloved Baba, What are the powers, virtues and how to imbibe them?**

Sweet Child,

Always pick up virtues. You have to be content in praise and defamation, benefit and loss, victory and defeat and also you have to be merciful.

When you come into action, if you look towards each one's special virtue, you will then forget all the other things. You have to make effort to make yourself complete with virtues. Together with coolness, you have to give light to everyone.

You will be able to become the embodiment of power when you have an avyakt stage. Even if you come into the corporeal form whilst being in the avyakt form, that is just for the sake of service. When that service finishes, you have to remain in the avyakt stage. You have to maintain such a practice.

One is a virtue (gunn) and together with that, there are also termites (ghun). If you don't see the virtues, the termites set in. You have to see each one's virtue, then the termites that have set in will be finished.

Always pick up virtues. You have to be content in praise and defamation, benefit and loss, victory and defeat, and you also have to be merciful.



## Answers from Avyakt Murlis 1969

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You have been using, as an instrument, points of knowledge to hide the weakness in your effort. Finish all these methods and all your obstacles will finish automatically. You have to imbibe four powers. In fact it is one and the same Godly power, but this is said in order to make it clear. 1) The power to pack up, that is , the power to make something short. 2) The power to accommodate 3) The power to tolerate and 4) The power to confront (the maya). If you imbibe all these four powers, you will be able to remain completely and eternally surrendered.

Those who have an easy nature will also be co-operative with others. Those who have love for all will always receive co-operation from all. This is why they are able to confront everything or pack up. To the extent their nature is easy, Maya will confront them less. They are loved by all. Those with an easy nature never have waste thoughts nor is their time wasted. Because of not having waste thoughts, their intellect remains broad and farsighted, and therefore, no obstacle can confront them. The more there is easiness, the greater the cleanliness. Cleanliness attracts everyone towards itself. Cleanliness means honesty as well as being clean. Those who have an easy nature can adopt (mould into) many forms. You can give any form to something that is soft.

One is the power to mould and the other is the power to apply a brake. Although you know how to mould, you sometimes take a long time. You have to have such thoughts that you don't take a long time. The moment you have a thought, it should take a practical form. You must have only those thoughts that are successful. Each thoughts of yours has value.

To the extent that you think about it in depth, to that extent, you will bring it about it in action and into your activity in a practical form. In order to reveal those sanskars, go into depth of each aspect and merge each of those sanskars into your every vein.

Those who have a subtle intellect will be able to mould themselves according to circumstance. They will have the courage to confront anything. They will never be confused, but they will go into the depth of whatever the situation is and move according to that. Only when you are light will you be able to mould yourselves. Only when something is warm and soft can it be moulded. The softness is humility and the warmth is the form of power. Humility means the form of love. Those who have love for every soul will be able to remain humble. If there is no love, neither will they be able to become merciful nor will they be humble. This is why there has to be humility and the form of power. To the extent that you are humble, there should be the feeling of being a master. There should be the feeling of being a master in the form of power; and in humility, there should be the virtue of serving. There should be service and also the feeling of being a master of the world. When you have both this softness and warmth, you will be able to mould yourself in every aspect. Each of you has to check that the intellect is equally balanced with warmth and softness. Sometimes, extreme humility causes damage and sometimes the extreme feeling of

being a master causes damage. There will be as much greatness as there is equality. Now, do you understand in which one aspect you will pass with honour?

### **70. Dear Most Beloved Baba, How to pass with honour at the end?**

Sweet Child,

Those who become their own king at the confluence age can also become a king of the subjects.

In order to be one who has all rights, you need to have the virtue of a generous heart. The more generous-hearted you are, the more you will have all rights.

You can only reveal the GodFather through your sanskaras of perfection and your perfect shakti form. Although you have to create plans, those plans will only be successful when, together with the plans, you have total love. There should be plain remembrance; there should not be anything mixed in it. Only with plain remembrance can you be successful. It should be visible to everyone that your love of the intellect is only for the One.

Even whilst having bondages of service, you must not stay in bondage. To be in bondage to any soul is not a sign of becoming free from bondage. This is why all of you have to pass this one subject with honour. You will be warned about that which you never thought or even dreamt about. Those who pass in such a paper will pass with honour.

The final paper is being announced in advance. You should be free from bondage at every moment. You should be free from any bondage even in terms of bondage of service. As soon as it is announced, you have to be ever ready and come onto the field. If you pass in this paper, it means you will have an avyakt stage. If you go beyond the consciousness of the body, the other things are not a big thing. It is through this that you can tell to what extent you have left the ropes of the boat of that life. One is the golden chain and the other is the iron chain. You have let go of the golden chain but now there are still the subtle golden chains. These are such that they are not visible to anyone.

The final paper is of the final thoughts which lead you to your destination. To easily be free from the bondage of the body at the end is a sign of passing with honour. If there is any tightness, you will not be able to be liberated easily. Tightness means attachment to someone. This is why check one thing: has your costume become so loose that you are able to shed that costume in one second? If it is trapped somewhere, then there will be difficulty in shedding the costume. This is known as being ever-ready. Only those who are ever-ready in every aspect will be ever-ready to this extent. Because of being easy in the costume, it becomes easy to shed the costume. This is why you should try this at every moment.



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Only those who remain detached over a long period of time can be detached in one second. If there is not detachment over a long period of time, then this love for the body will make the soul repent. This is why you must not have love for it. The more detached you remain from this, to that extent you will be loved by the world. Therefore, this is the effort you have to make.

Today, you being told on which questions you will receive marks in the final paper. 1) there will be the question in the final result 2) you were told about revealing the Father through service till the end. 3) how many times you failed in your stage from the beginning to the end. The full account will be announced. How many times you were victorious and how many times you failed. And if you did attain victory, in how much time did you do it? How long does it take to confront any situation that comes in front of you? You will also receive marks on this. The service done throughout your entire life, the stage of the self, and the proof of service till the end; these three things will be considered. Even now, if you still have a weakness in these aspects, then remove them and make up for it.

### **71. Dear Most Beloved Baba, How to know others feelings beforehand?**

Sweet Child,

There will also be such a stage in which whatever thought arises in someone else's mind, it will reach you in advance. There will be no need to speak or hear that. But it will happen like that, that you can read the thoughts of others, when you fully apply a brake to your own thoughts. The brake should be powerful. If you are not able to merge your thoughts, you will not be able to understand the thoughts of others. This is why you were told to continue to finish the expansion of thoughts. The greater your power to merge thoughts, the greater the power will be to understand the thoughts of others. This is also the sign of the perfect stage.

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