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**30/03/2008 Madhuban Avyakt BapDada Om Shanti 26/03/93**

**In the Avyakt Year, make your aim and qualifications the same.**

Today, incorporeal and subtle BapDada is seeing the most elevated Brahmin souls in the subtle and corporeal forms. All of you souls in the corporeal form are personally in front of the Father, and the children who are in the subtle form are also in front of Baba. BapDada is pleased seeing both. All of you have one thought and the enthusiasm in your heart that you all become the same as the Father, from corporeal to subtle, and subtle to incorporeal. BapDada is seeing this aim and the qualifications for it in everyone. What is visible?

The aim of the *majority* is very good and determined, but the qualifications for it are sometimes determined and sometimes ordinary. Bringing about equality in the aim and qualifications is a sign of becoming like the Father. There are some who have imbibed their aim to 99% and all the rest are numberwise. However, to what extent have you imbibed the qualifications constantly and easily, in a *natural* way and made it part of your *nature*? In this, the *minority* are up to 90%. All the rest are numberwise. So, why is there a difference in the aim and its qualifications and making those qualifications *natural* and part of your *nature*? According to the time, according to the *circumstances*, according to problems, some children make their aim and its qualifications the same through making effort, but greater *attention* is now needed to make them *natural* and part of your *nature*. You are celebrating this year as the year of stabilising yourselves in the stage of an avyakt angel. BapDada is pleased seeing both the love and the effort of the children and He also sings the song: Wah children! wah! Together with this, He further wishes to see equality in all the children's aim and their qualifications. All of you also want this, do you not? The Father wants this, you also want it, and so what comes in-between? You also know that very well. You hold *workshops* amongst yourselves, do you not?

BapDada saw one special aspect for there being a difference between the aim and the qualifications. Whether you become a subtle angel or incorporeal; the main basis to make this constantly your *natural nature*, is to become egoless. There are many types of ego. When speaking, there is one main word, and that is 'body consciousness', but there is a lot of expansion of body consciousness. One is body consciousness in the gross form, which many children do not have. If there is attraction to the body, whether to your own

body or to another's, that too is body consciousness. However, some children have *passed* that gross form. There may not have arrogance or attachment to the bodily form in a gross way, but in relation to the body, they have special sanskars, a special intellect, special virtues, special talents or special powers: the ego of those, that is, the arrogance, intoxication and bossiness are the subtle arrogance of the body. Out of all those subtle types of arrogance if there is any one type of arrogance, then, neither can you *naturally* and constantly become a subtle angel nor can you become incorporeal, because subtle angels also do not have any body consciousness. They are *double-light*. The arrogance of the body does not allow you to become incorporeal. Everyone has paid very good *attention* this year. There is zeal and enthusiasm; there is a very good desire; you want this too, but let there be further *attention please*. *Check*: Does any type of ego or arrogance change your *natural* form into the form of an effort-maker? Is there a trace of a subtle form of ego that still remains which may *emerge* according to the time or sometimes even according to service? It may only be a trace, but it would deceive you at the appropriate time. Therefore, BapDada's desire is that you fulfil your aim that you have for this year.

As you move along, even though you don't make a specific mistake on a particular day or at a particular time, you do sometimes experience not knowing why there isn't the happiness that there should be on that day, or at that moment. You don't know why today there is loneliness, hopelessness or suddenly a storm of waste thoughts. You had amrit vela, you went to class, you did service, you did your *job*, and so why is this happening? What is the reason? Through *checking* in the gross form you understand that there hasn't been a mistake made, but that a trace of a subtle form of arrogance emerges. This is why you are unable to focus your heart on any task. There is only disinterest and you just feel sad. You then either wish to go to a place of solitude, or you think about going to sleep. You wish to go for a *rest* or to move away from the family for a little while. The reason for all these states is the wonder of the trace of something. Don't even call it a wonder (kamala), but call it an upheaval (dhamaal). To be completely egoless means easily to become subtle and incorporeal. Sometimes, you don't have any desire to do anything. You think: Is this going to be our timetable all the time? There has to be some *change*. Will this timetable be the same all the time? You arrive at this stage even against your will.

When you become egoless, you will not wish to come down from the subtle and incorporeal stages. You will experience yourself to be lost in that. Why? Your *original stage* is incorporeal, is it not? The incorporeal soul has entered that body; the body has not entered the soul, but the soul has entered the body. So, your *original* eternal form is incorporeal, is it not? Or, is it that of a bodily being? The support of the body has been taken, but who has taken the support? You, the incorporeal soul have taken the support of the corporeal body. So what is *original*: the soul or the body? The soul. Are you sure about this? Is it easy to stabilise yourself in the *original* stage, or in the stage of taking support? What is easy?

The door for arrogance to enter is one word. What is that word? It is the word "I". Practise: Whenever the word "I" is used, bring the *original* form in front of you. Who am I? Should it be the soul, or should it be "I am such-and-such a person"? You give knowledge to others that the word "I" makes you fly and that the same word "I" makes you fall. If, by saying the word "I", your *original* incorporeal form is remembered, and it becomes *natural*, then this first lesson is easy, is it not? So *check* this. Instil this habit. As soon as you think "I", the incorporeal form should enter your awareness. How many times do you say "I"? "I said this." "I will do this." "I think this." You *use* the word "I" many times. So this is the easy way to become incorporeal and subtle. Whenever you *use* the word "I", your incorporeal and *original* form should instantly come in front of you. Is this difficult or easy? Then your qualifications are certain to become equal to your aim. Simply adopt this easy method of becoming egoless and see. This "I" of the arrogance of the body should finish. It is the word "I" that brings you into the arrogance of the body. If you bring into your awareness the form of "I, the incorporeal soul", then this word "I" will take you beyond the arrogance of the body. This is right, is it not? Throughout the day, you probably use the word "I" 25 to 30 times. You may not say it, but you probably think it. "I will do this, I will do that." Even when you make *plans*, what do you think? When you have practised doing something so many times, what will happen to the awareness of the form of the soul? It will make you incorporeal. Become incorporeal, become a subtle angel, carry out your task and then become incorporeal once again. Come into relationships with the relationship of karma. Do not bring bondage in a relationship. To have arrogance of the body means to come into a bondage of karma. To come into a relationship with the body means to have a relationship of karma. There is a difference between the two. There is a difference between taking the support of the body and to be under the influence of the body. Taking the support of the body, an angel and incorporeal soul will not come into the bondage of the body; they will have a relationship, but not come into bondage. During this year, BapDada will see the *result*: to what extent has the aim and the qualifications of becoming egoless, subtle angels and incorporeal become equal.

The sign of greatness is humility. The greater the humility, the more a soul will automatically be great in everyone's heart. Without becoming humble, you cannot become a *master* bestower of happiness for all. Humility easily makes you egoless. The seed of humility automatically enables you to attain the fruit of greatness. Humility is the easy method for claiming blessings from the heart of everyone. A soul with humility is easily given a place of love in everyone's heart. Humility automatically makes you worthy of praise. The special sign of becoming egoless is humility. There is humility in your attitude, humility in your drishti, humility in your words and also humility in your connections and relationships. It should not be that you say: "It wasn't in my attitude, but the words just emerged". No, whatever is your attitude, your drishti will be accordingly. Whatever is your drishti, your words will be according to that, and whatever are your words will also be in your connections and relationships. There has to be humility in all four. If there is humility in three and not in one, then there is a *margin* for allowing arrogance. This is known as being an angel. So, do you understand what BapDada wishes and what you wish? The wish of both is the same. Now let the deeds be the same.

What new *plans* of service will you make for the future? You have made some plans already and you have yet to make more plans. Whether for the future, whether for this year, or for future years, you say for the future *plans* that you will give lectures, you will increase contacts and relationships, you will have large and small *programmes*; you think about this. However, according to the present speed of time, the speed of service should also be *fast*. How will that happen? You are doing service through words and through connections and relationships. You also do service through the mind. However, what is now needed is that there should be greater success in service in a shorter time. Success means *results*. The method for this is that together with words, first of all, make your stage and the *vibrations* of your place *powerful*. For instance, what service do your non-living images do? They satisfy so many devotees through their *vibrations*. They do this, do they not? Have the *double*-foreigners seen their temples? They are your temples, are they not? Or are they the temples of only the people of Bharat? They are yours too. Your images are doing service. So, by all means, serve through words, but now make such *plans* that together with words, create such a method of serving through *vibrations* so that the *vibrations* and words perform a *double* task. *Vibrations* stay for a long time. When people hear words, many forget them, whereas impression of *vibrations* lasts longer. You have experienced in your life that the wrong type of *vibrations* stay in your mind and intellect for a long time. How long do those wrong *vibrations* last for? They stay inside you, do they not? At that time, the words are forgotten but an impression is left on your mind and intellect in the form of *vibrations*. For how long do you then remain under the influence of those *vibrations* of others and interact with those people on that basis? This happens, does it not? Whether they are wrong or right, *vibrations* are removed with great difficulty. However, in order to spread spiritual *vibrations*, first finish the *vibrations* of waste in your mind and intellect. Only then will you be able to spread spiritual *vibrations*. If you have waste *vibrations* for anyone, you cannot spread spiritual *vibrations*. The *vibrations* of waste become a wall in front of spiritual *vibrations*. No matter how powerful the sun may be, if there is a wall in front of it, or if there are clouds, the light of the sun cannot come through. So, strong *vibrations* are like a wall and lighter *vibrations* are like light clouds or black clouds. They don't allow spiritual *vibrations* to reach souls. Just as many things can be caught in the sea at the same time by throwing a net, and some spread their net and make many people belong to them at one time, in the same way, *vibrations* can attract many souls at one time. *Vibrations* create an atmosphere. So for service in the future, together with attitude, do service with *vibrations*, then the speed will be *fast*. If, together with *vibrations* and the atmosphere, you do service through words, you will bring benefit to many souls at the same time.

For the *programmes*, make more use of an already prepared *stage*. Increase that form of service. Taking this co-operation from those in contact you can expand this type of service. Increase co-operation from the co-operative ones through any method, and then, by being co-operative in service, they will automatically become easy yogis. There are souls who do not become easy yogis straight away. However, you must keep taking co-operation from them, make them co-operative and by them moving forward in giving co-operation, their co-operation will make them into yogis. So bring co-operative souls onto the *stage* of service. Make use of their co-operation in a worthwhile way. Do you understand what you have to do? If even one soul gives or receives co-operation, that soul moves forward easily with instant blessings and becomes an instrument to serve many others.

Together with that, during the year, fix months when there can be the practice of special effort for the self and for developing elevated power. You call this tapasya, a *retreat* or a bhatthi. And so, according to each country, *fix* two months for this according to the *season*: two months for taspasya, two months for small programmes, two months for large programmes. *Fix* it in this way. It should not be that you become so *busy* in service for 12 months that there is no *time* for self-progress. So, as is the country and the *season* of that country, let there be special time for your own progress because there are times when outside service is not possible. Not to do service throughout the year is not possible. To have tapasya throughout the entire year is also not possible. Therefore, keep both in your aim. Each country, whether Bharat or abroad, can fix a time according to your place: a time in which service and self-progress can both happen simultaneously.

To those who constantly fly with the faith and intoxication again and again: "I am an incorporeal soul"; to the humble souls who attain greatness through constant humility, to all the elevated and humble souls who make their subtle and incorporeal stage *natural* and their *nature*, lots and lots and lots of love and remembrances and namaste from BapDada.

**Blessing:** May you finish all obstacles through your zeal and enthusiasm and become a jewel who is equal and close to the Father.

The zeal and enthusiasm that children have in their heart to become a “jewel that is close and equal to the Father” and to become a worthy child and to give the proof is the basis of the flying stage. This enthusiasm finishes many types of obstacles that may come and will help you to become complete and perfect. The pure and determined thought of zeal and enthusiasm especially becomes a powerful weapon to make you victorious. Therefore, always keep this zeal and enthusiasm and the method of the flying stage in your heart at all times.

**Slogan:** Just as a tapaswi is always seated on his seat, in the same way, you should also remain seated on the seat of a stable and constant stage.

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