

The easy way to become a constant and easy yogi.

Today, the Master of the Garden is pleased to see the *variety* of fragrant flowers in His garden. BapDada was taking the fragrance of the *variety* of spiritual flowers and seeing the beauty of their form and singing songs of the speciality of each one. Whichever one of you is seen, each of you is more loved and elevated than the next. Even though you are numberwise, even the *last number* is extremely loved by BapDada, because even though, according to your capacity, you may be weak in becoming a conqueror of Maya, you have nevertheless recognised the Father and said, "my Baba", even once, from your heart. Therefore, BapDada, the Ocean of Mercy, also looks at such children with multimillion-fold spiritual love, with the vision that you are His children and are special souls. He looks at you with that vision because you at least belong to the Father. Therefore, because you belong to Him, BapDada, with the vision of love and mercy, continues to make such children move forward. This spiritual consciousness of "mine" becomes a blessing for such children to be filled with power. BapDada doesn't need to give blessings through His mouth because words of the mouth are secondary, whereas the thought of love is powerful and also enables you to experience the *number one* attainment. With this subtle thought of love, BapDada, in the form of both Mother and Father, is sustaining all the children. In worldly life too, parents continue to sustain their dearly beloved children with many powerful things in an incognito way. You speak of this as special hospitality. Therefore, BapDada, whilst sitting in the subtle region, also gives special hospitality to the children just as when you come to Madhuban you are given special hospitality. BapDada invokes all the children in their subtle angelic form and calls them in front of Him. Because you are the children who have all rights, through His thoughts He gives you children the subtle hospitality of making you full of all special powers. One is to attain power through your own effort. This is to receive special hospitality in the form of the sustenance of love from the Mother and Father, just as here too, some children receive special hospitality. According to the discipline, you are offered special hospitality with a variety of food. You are given *extra* things. In the same way, Mother Brahma also has special love. Mother Brahma cannot stay in the subtle region without the splendour and sparkle of the children. He has spiritual motherly attachment. With the invocation with subtle love, Baba invokes the *special group* of the children. You probably remember in the sakar days Baba used to invite special *groups* and feed them with His hands and also entertain them. That sanskar of love is even now continuing in a *practical* way. For you children to have this experience, you just need to become equal to the Father in the angelic form. At amrit vela, Mother Brahma especially calls out to you children, saying, "Come children, come children", and feeds you with the nourishment of special powers. Just as when Baba was here in the physical form, Baba used to feed you with ghee and also make you do *exercises*, so too, Baba also gives you the ghee of subtle powers in the subtle region and also helps you to do the *exercise* of this practice. He inspires you to tour around with your intellect to go to the supreme region one moment and to go to the subtle region the next moment and, the next moment, to be in the corporeal world leading a Brahmin life. He makes you run a *race* in all three regions. Through this you have special hospitality merged in your life. So did you hear what Mother Brahma does?

Double-foreign children have the habit of going on an *excursion* somewhere far away during their holidays. Therefore BapDada is also giving you *double-foreign* children a special invitation. Whenever you are *free*, just come to the subtle region! Don't go in the mud at the sea-side. Come to the shores of the Ocean of Knowledge. You will experience a lot of attainment with no expense. Experience the rays of the Sun, the moonlight of the Moon, have a picnic and also play games. However, you will have to come in the aeroplane of your intellect. The aeroplane of everyone's intellect is *ever-ready*, is it not? Just *start* the *switch* of thoughts and you will arrive there. The aeroplane is *ready* with all of you, is it not? Or is it that sometimes it doesn't *start* and sometimes you run out of *petrol* and so you turn back half-way. Otherwise, it is a matter of arriving there in just a *second*. All you need is *double-refined petrol*. What is the *double refined-petrol*? One is the intoxication of the faith of being incorporeal: "I am a soul, a child of the Father". The second is the intoxication of all relationships with the Father in the corporeal form. Not just the intoxication of the relationship of Father and child. However, this is the pure family of the family path. Therefore, you should experience the intoxication of the sweetness of all relationships with the Father in a corporeal form whilst walking and moving around. This intoxication and happiness makes you a constant and easy yogi. This is why there is a need for the *double-refined* method of being incorporeal and corporeal. Achcha.

Today, Baba has to meet groups and so Baba will tell you more about corporeal and incorporeal intoxication at some other time. BapDada is giving special congratulations to the *double-foreign* children for the practical and visible fruit of their *service* and for obeying all directions. Each of you has brought a big, good *group*. You have presented BapDada with the best bouquets of all. For doing this, BapDada is giving you faithful children the blessing from His heart with a lot of love: "May you live eternally and continue to move forward!" Achcha.

To all the loving children everywhere who are engaged with deep love in remembrance and service; to long-lost and now-found children who are instruments to reveal the Father, please accept love in return for your service and eternal love in return for your remembrance. To those who maintain such eternal deep love, please accept eternal love, remembrance and namaste.

BapDada meeting a group from Australia:

BapDada is seeing the speciality of the children from Australia. Do you know what the speciality of the residents of Australia is? (They don't know this because this is the first time they have come.) Have you come to a totally new place or a place that is familiar to you? As soon as you arrive at this place, the awareness of the previous cycle becomes so clear that it is as though you have seen it just now in your present birth. This is the sign of souls who are close. Through this experience, you can know yourself whether you are a soul who is close or distant to the Brahmin family. You can know whether you are in the *first number* or the *second number*. The speciality

of this subtle relationship is that each one of you considers yourself to claim number one. In a worldly way, you would understand numberwise that someone is *number one*, someone is *number two* and another one is *number three*. However, here, even the *last* one of you believes that, although he has come *last*, he can come *first*. This aim is good. You have to come *first*. The sign of being *first* is to remain constantly with the Father. Not that you should try to do this but to have the experience of constant company. When you experience that this is "my Baba" you automatically remember that which belongs to you. You don't have to make effort to remember it. To say "mine" means to have that right. "Baba is mine and I am Baba's!" These words are so few and they are a matter of just a *second*! This is known as being an easy yogi. On the *boards* you put up, you write: Easy Raja Yoga Centre. So have you learnt such easy yoga? Does Maya come to you? Maya cannot come in front of those who remain with the Father. Just as you know where you live physically because that home is built and whenever you are *free*, you can easily go home and *rest* there, in the same way, when you know that you have to stay with the Father, that that is your destination, you can stay there whilst doing your work. You should experience this with your intellect. All of you have created your fortune and have come in front of the Fortune-Maker. BapDada is seeing the sparkling star of fortune of each of you. This is a *variety group*. There are children, the elderly and also the *youth*. However, all of you are now young children. Now some would say that they are 8 months old and others would say that they are 12 months old. You would only speak of your spiritual birthday. Achcha.

All of you are long-lost and now-found children from the previous cycle. Constantly continue to move along whilst remaining merged in unbreakable love for the Father. This unbreakable remembrance will solve all problems, make you into a flying bird and take you into the flying stage. Whilst seated on BapDada's heart-throne, constantly have the intoxication that you are the ones who have all rights every cycle. You will continue to claim your rights every cycle. Congratulations! You are souls who are worthy to receive constant congratulations. Achcha.

Blessing: May you be full of all powers and attain victory over the suffering of karma by becoming detached from the costume of the body in a *second*.

When the suffering of karma is very strong, when, because of this, your physical senses pull you, that is, when there is a lot of pain, then become those who change the suffering of karma into karma yoga, and, as detached observers, settle everything through the physical senses. Such ones are called victorious jewels who are complete with all virtues. For this, you need to have the practice over a long period of time of becoming detached from the body. This costume should not be *tight* due to the attraction of Maya, that is, there shouldn't be this pull because, only then, will you easily be able to take it off.

Slogan: In order to receive regard from everyone, become humble. Humility is the sign of greatness.

*** O M S H A N T I ***

