



Statue of Liberty and WTC fire, New York, Sept 11, 2001

Steady Light of Hope

No matter how dark the situation, let me always hold on to the steady light of hope.

Enjoyable Journey

By engaging our intellects and living by our highest values we will maintain control over our selves and by extension, the choices we make in relationships. So when the unforeseen occurs our faith and strength gained from living our values will guide and protect us. Though our destinations, vehicles as well as the roads we traverse may all be different, remember however, the rules of the road are the same for us all. Therefore, HOW we drive is perhaps the key to an enjoyable journey.

The Power To Accommodate

Closely linked to the power of tolerance, the power to accommodate means having a heart so big and generous that I am able to rise above all differences of character and personality while interacting with other soul actors, knowing that every actor in the enormous drama of existence has a unique personality, contribution and role to play. Whereas tolerance heals wounds and removes hurt, accommodation accepts and values differences, observing them and ultimately absorbing them in my love, as an ocean absorbs the rivers that flow into it. While completing my own part as a river, I also need to be aware of God as the Ocean of Love and the Ocean of Wisdom and I as the master Ocean of Love. When I enter this consciousness through meditation, the goodness of all other soul actors becomes clear to me very naturally, and it is no effort for me to go beyond conflict and clashes of opinion.

I become like my father, the Supreme Soul who is an Ocean of Love. My father sees every actor in this world drama as his child and his love is the same for each one of them (even though they have different personalities and roles) because he has the spiritual knowledge that every soul's original nature is loveful and the present nature is just an artificial one which has been acquired while coming into the process of birth and rebirth. In the same way, I too, experience myself to be a master Ocean Of Love and see all souls as my brothers and absorb their different natures. This is the power to accommodate which I can inculcate inside me through the practice of meditation.

Soul Sustenance

Fear and the Law of Attraction

You should be careful with what you are afraid of, because you can invoke (call for or attract) it.

Fear is like a magnet. If you are afraid that something will happen to you and you get obsessed about it happening, you are effectively invoking it to happen.

If you are very afraid that something might happen to you and you begin to visualize that it might happen or how it might happen, this terrifies you and it closes you into a phobia and a state of fear. What you are doing is invoking it to happen, because the power of the mind and visualization is very great. If you are afraid that you might be robbed, or of meeting with an accident, or of losing, you are invoking the robbery, the accident and the loss. Fear of rejection produces rejection.

That is how extraordinary the power of our mind is. That does not mean to say that we should not take the necessary precautions. An aged woman knows that to fall can mean her bones might break more easily. She should not be preoccupied with a fear of falling; she simply needs to apply attention and precaution when walking. But when precaution is confused with fear, it is not a healthy precaution or one that is free from worries.

Message for the day

Experience of true peace brings easy success.

Projection: Whenever things go wrong, we find ourselves worrying a lot about the situation or the things that are going on. Then our mind is no longer in peace but is busy worrying and breaking the situation into pieces. We find that we don't find the accurate solution immediately but are thinking in circles.

Solution: While working to find solutions, it is more important to work at our own inner peace before we make an attempt to try and find a solution. With the right state of mind, we automatically find that the right decisions are being made by us thus giving us the right results.