

**Essence:** Sweet children, pay full *attention* to the pilgrimage of remembrance. It is only through this that you will become satopradhan.

**Question:** What mercy does the Father have for His children?

**Answer:** The *directions* that the Father gives for the benefit of you children are His mercy. The first *direction* of the Father is: Sweet children, become soul conscious. Those who are soul conscious remain very quiet. They can never have wrong thoughts.

**Question:** What *seminar* should you children hold amongst yourselves?

**Answer:** Whenever you go for a walk, have a *race* of remembrance and then sit and hold a *seminar* as to how long each one of you remembered the Father. Here, there is very good solitude for remembrance.

Om shanti. The spiritual Father asks you spiritual children: What are you doing? You spiritual children say: Baba, we have become tamopradhan from satopradhan and so, Baba, according to Your shrimat, we definitely have to become satopradhan again. Baba, You have now shown us the path. This is not anything new. It is the oldest thing of all. The oldest is the pilgrimage of remembrance, but there is no question of making a *show* of it. Each one of you can ask yourself: To what extent do I remember the Father? To what extent have I become satopradhan? What effort am I making? Only when the end finally comes can you become satopradhan. You will continue to have visions of that too. Whatever any of them do, they are only doing it for themselves. The Father does not have mercy for them. Baba's mercy is to give you children *directions* for your own benefit. The Father is benevolent. Some children understand knowledge wrongly. Baba *feels* that those who are body conscious are arrogant whereas those who are soul conscious remain very quiet; they never have wrong thoughts. The Father inspires you to make effort in every way. Maya too is very powerful. She even attacks very good children and this is why a rosary of Brahmins cannot be created. Today, someone may have very good remembrance and tomorrow, he would have arrogance of the body like an ox, also like a chameleon. Oxen have a lot of arrogance. There is a saying: What do body-conscious oxen know of the celestial sounds of heaven? Body consciousness is very wrong. You have to make a lot of effort. Shiv Baba says: *I am the most obedient Servant*. It isn't that He calls Himself the *Servant* and is then bossy. The Father says: Sweetest children, you definitely have to become satopradhan. This is very easy; there is no fuss about this. You don't have to say anything with your mouth. Anywhere you go, have internal remembrance. It isn't that Baba helps you only when you are sitting here. Baba has come especially to help you. The Father has the concern that children should not be careless in any way. Maya punches you here. Body consciousness is very bad. By becoming body conscious, they have completely fallen flat on the floor. Baba says: When you come and sit here, you must still remember the *most beloved* Father. The Father says: I alone am the Purifier. By remembering Me, your sins of many births will be burnt away in this fire of yoga. Some children have not yet reached the stage where they are able to explain to anyone very well. There also has to be the power of yoga in the sword of knowledge. Otherwise, the sword is of no use. The main thing is the pilgrimage of remembrance. Many children remain engaged in all sorts of wrong business. They don't stay on the pilgrimage of remembrance and do not study and this is why they don't have *time* for this. The Father says: Don't make the kind of effort that you lose your status by being engrossed in your business etc. You have to create your future. However, you also have to become satopradhan. It is this that requires a lot of effort. There are many who look after big *museums* etc., but they don't stay on the pilgrimage of remembrance. Baba has explained that the poor ones who are in bondage stay on the pilgrimage of remembrance to a greater extent. They continue to remember Shiv Baba repeatedly: Shiv Baba, finish this bondage of mine! It is also remembered that the innocent ones were assaulted. You children have to become very sweet. Become true *students*. Those who are good *students* go and study in the gardens in solitude. The Father also says to you: Wherever you go for a walk, consider yourself to be a soul and remember Baba. Be interested in staying on the pilgrimage of remembrance. In comparison to earning that wealth, this imperishable wealth is very, very high. That perishable wealth will be turned to ashes. Baba knows that some children don't do *service* fully and hardly stay in remembrance. They don't do the real *service* that they should. Instead, their attention goes to doing physical *service*. Although that too happens according to the *drama*, the Father still inspires you to make effort. The Father says: Whatever work you are doing, even if you are sewing clothes, remember the Father. It is only in remembrance

that Maya causes obstacles. Baba has explained that Maya also becomes powerful with the powerful ones and fights them. Baba also shares his own experience: I am powerful, I know that I am going to change from a *beggar* to a *prince* but, nevertheless, Maya opposes me. Maya doesn't leave anyone alone. She fights the strong, brave ones even more strongly. Some children have a lot of body consciousness. The Father remains so egoless. He says: I am the *Servant* who salutes even you children. Those people consider themselves to be very elevated. All of this arrogance of the body has to be broken. Many have the evil spirit of arrogance. The Father says: Consider yourselves to be souls and continue to remember the Father. You have a very good *chance* here. There is very good touring and sightseeing here. You also have spare time. You may tour around and then ask one another: For how long did you stay in remembrance? Did your intellect go in any other direction? Hold a *seminar* on this amongst yourselves. You may have separate groups of *males* and *females*. Let the *females* be in the front and the *males* at the back; the mothers have to be looked after and this is why they have to be at the front. There is very good solitude here. Even sannyasis go away into solitude. Those who were satopradhan sannyasis were very fearless; they weren't afraid of animals or anything. They used to stay in their own intoxication. They have now become tamopradhan. Every religion that is established is at first satopradhan and it then goes through the stages of rajo and tamo. Those who were satopradhan sannyasis used to remain in total intoxication of the element of brahm. They had great attraction. They would receive food in the forests. By becoming more tamopradhan day by day, their strength continues to decrease. So, Baba advises: You children have a very good *chance* for your self progress here. You come here to earn an income. You cannot earn an income just by meeting Baba. Only if you remember the Father will you earn an income. Do not think that Baba will bless you. Not at all! Those sannyasis give blessings, but you had to descend. The Father now says: Become genies and connect your intellects in yoga up above. There is the story of the genie who asked for something to do. The Father also says: I am giving you a *direction*: Stay in remembrance and your boat will go across. You definitely have to become satopradhan. No matter how much Maya beats our heads, we will definitely remember our elevated Father. Internally, continue to praise the Father in this way and continue to remember Him. Do not remember any human beings. The customs of the path of devotion cannot exist on the path of knowledge. The Father gives you teachings: You have to go fast on the pilgrimage of remembrance. This is the main thing. You have to become satopradhan. You receive the Father's *directions*: Even when you go for walks or tour around, stay in remembrance. You will then also remember your home and the kingdom. It is not that you fall whilst sitting in remembrance. That would then become hatha yoga. This is something straightforward: you have to consider yourselves to be souls and remember the Father. Some children fall whilst sitting here and this is why Baba says: Whilst walking and moving, eating and drinking, stay in remembrance. Let it not be that whilst sitting here, you become unconscious. Your sins will not be cut away by doing that. There are also many obstacles from Maya. There is the custom and system of offering bhog etc., but that doesn't really have anything in it. There are many obstacles of Maya in that. That is neither knowledge nor yoga. There is no need for visions. Many people who had visions are no longer here today. Maya is very powerful. You should never have any desire for visions. Here, you have to remember the Father in order to become satopradhan. You also know the *drama*: this is the eternally predestined *drama* that continues to *repeat*. You have to understand this and also follow the *directions* that the Father gives. You children know that you have come here once again to study Raja Yoga. This applies to Bharat alone. It is this that has become tamopradhan and it is this that has to become satopradhan once again. The Father too comes in Bharat alone and grants salvation to everyone. This is a very *wonderful* play. The Father now says: Sweetest, spiritual children: Consider yourselves to be souls. It has taken the full 5000 years to go around the cycle of 84 births. You now have to return home. No one else can say these things. Amongst you children too, you are continuing to become those whose intellects faith, numberwise, according to the efforts you make. This is an unlimited school. You children know that the unlimited Father is teaching you. That Master is the *Teacher*. He is the great Master. He explains with a lot of love. So many very good children remain sleeping very comfortably until 6.00 am. Maya completely catches hold of them by their noses. They continue to give orders. In the beginning, when you were in the bhatthi, Mama and Baba also used to do all types of *service*. Whatever actions I perform, others who see me will do the same. Baba knows that the elephant riders, the horse riders and the foot soldiers are all numberwise. Some children live very comfortably. They remain sleeping indoors, and

then, when someone from outside asks where such-and-such a person is, they would say: He or she is not at home. However, they would be inside, sleeping. Baba explains to you all the things that continue to happen. No one has yet become perfect. So much *disservice* takes place. Otherwise, it is remembered regarding the Father: Whether you beat me or love me, I will not leave Your door. Here, children sulk over trivial matters. There is a great lack of yoga. Baba continues to explain to you children so much, but no one has the power to write to Baba. If you have yoga, your writing would then have power. The Father says: Prove it very clearly that the God of the Gita is Shiva and not Shri Krishna. The Father comes and explains the meaning of everything to you children. Children become intoxicated here, but as soon as they go outside, everything finishes; they *waste* a lot of *time*. Don't *waste* your *time*, thinking that you will earn an income and contribute to the yagya. The Father says: I have come to benefit you children. You are causing yourselves a loss. Those who helped the yagya in the previous cycle will help and continue to do so. Why are you beating your heads thinking that you will do this and that? It is fixed in the *drama*: those who sowed those seeds will do that even now. Don't worry about the yagya. Benefit yourselves! Help yourselves! Are you helping God? Are you taking from God or giving to God? You mustn't even have such thoughts. Baba says: Beloved children, consider yourselves to be souls and stay in remembrance and your sins will be absolved. You are now at the confluence age. It is only at the confluence age that you can see both sides. There are so many human beings here. In the golden age, there will be very few human beings. You have to stand at the confluence age throughout the day. Look what Baba is making us from what we were! The Father's *part* is so *wonderful*! You may tour around, but stay on the pilgrimage of remembrance. Many children *waste* their *time*. It is only through by having the pilgrimage of remembrance that your boat will go across. This was explained to you children in the same way in the previous cycle too. The *drama* continues to *repeat*. To study is to remember the whole kalpa tree with your intellect while walking and moving around. However, you may carry on with your business etc. You have to make *time* to study. Remember the *sweet* Father and heaven. The more you remember Him, the more your final thoughts will lead you to your destination. Baba, I am now coming to You. In remembrance of the Father, even your breathing will be joyful. The breathing of the brahm gyanis too is filled with happiness. They stay in remembrance of the brahm element, but none of them goes to the brahm world. It is possible for them to leave their bodies by themselves (at their own time). Some *fast* and leave their bodies; they die whilst experiencing sorrow. The Father says: Eat, drink and remember the Father and your final thoughts will lead you to your destination. Everyone has to die. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. Always remember: Whatever actions I perform, others who see me will do the same. Do not be someone who loves to rest and thereby does *disservice*. Remain very, very egoless. Help yourself and benefit yourself.
2. Don't remain so *busy* in your business etc. that you don't have *time* for the pilgrimage of remembrance or to study. Body consciousness is very false and bad. Renounce it and make effort to become soul conscious.

**Blessing:** May you become bodiless by using your *will power* to put a *full stop* to all waste. The *foundation* of becoming bodiless in a *second* is to have an attitude of unlimited disinterest. This disinterest is such a fertile land that whatever you plant in it, it will immediately bear fruit. So, now, have such *will power* that when you have the thought to finish all waste, it finishes in a *second*. Whenever you want, wherever you want and in whichever stage you want to stabilise yourself, *set* yourself in a *second* and let service not pull you. Put a *full stop* in a *second* and you will easily become bodiless.

**Slogan:** In order to become equal to the Father, become those who put right that which has gone wrong.

\*\*\* OM SHANTI \*\*\*