

**Essence:** Sweet children, you have received the *saccharine* of knowledge. A drop of that saccharine is “Manmanabhav”. Continue to serve everyone this nourishment.

**Question:** What is the real hospitality and welfare? What spiritual hospitality must you offer everyone?

**Answer:** To give each one the Father’s introduction is true welfare and hospitality. You have to continue to feed everyone the nourishment of happiness according to shrimat. Continue to give everyone the nourishment of a life of liberation that you have received from the unlimited Father. Stay in supersensuous joy and serve everyone the *first-class* nourishment of knowledge and yoga: this is the best spiritual hospitality.

Om shanti. The spiritual Father, who gives each of you a third eye of knowledge, sits here and explains to you spiritual children. No one, except the Father, can give you a third eye of knowledge. You children have now each received a third eye of knowledge. You now know that this old world is about to change. The poor people don’t know the One who will change it or how He will change it, because they don’t have the third eye of knowledge. You children have now received the third eye of knowledge through which you now know the beginning, the middle and the end of the world. This is the *saccharine* of knowledge. Even one drop of *saccharine* is so sweet. There is just the one word of knowledge “Manmanabhav”. It is sweetest of all. Consider yourself to be a soul and remember the Father. The Father is showing you the path to the land of peace and the land of happiness. The Father has come to give you children your inheritance of heaven and so you should have a great deal of happiness. It is said: There is no nourishment like happiness. It is as though it is nourishment for those who remain constantly happy and in pleasure. This is the powerful nourishment for staying in pleasure for 21 births. Continue to serve each other with this nourishment. You have to offer this powerful hospitality to one another. No human being can give such hospitality to another human being. You offer spiritual hospitality to everyone on the basis of shrimat. To give someone the Father’s introduction is also the true state of well-being. You sweet children know that you are receiving the nourishment of liberation-in-life from the unlimited Father. In the golden age, Bharat was liberated-in-life; it was pure. The Father gives very great and elevated nourishment. This is why there is the song: If you want to know about supersensuous joy, ask the gopes and gopis. This nourishment of knowledge and yoga is *first class* and *wonderful* and it is only the one spiritual *Surgeon* who has this nourishment. No one else knows about this nourishment. The Father says: Sweet children, I have brought gifts on the palms of My hands for you. These gifts of liberation and liberation-in-life remain with Me. It is I who come to give you these every cycle. Then Ravan snatches them away. Therefore, how high your mercury of happiness should rise in you children! You know that it is only the one Father, *Teacher* and true Satguru who takes you back with Him. You receive the kingdom of the world from the *most beloved* Father. This is not a small thing. You should remain constantly cheerful. “*Godly student life is the best.*” This saying applies to this time. Then, in the new world, too, you will continue to celebrate in happiness. People of the world do not know when true happiness is celebrated. Human beings don’t have any knowledge of the golden age. So, they continue to celebrate it here. However, where can happiness come from in this old tamopradhan world? People here continue to cry out in distress. This is the world of such sorrow. The Father shows you children a very easy path. Stay at home with your family and remain as pure as a lotus. Remember Me while at your business. There is a lover and beloved; they continue to remember one another. That one is his beloved and he is her lover. However, here, it is not like that. Here, you are lovers of the Beloved for birth after birth. The Father does not become your lover. You remember that Beloved in order to call Him here. You call out to Him even more when there is lot of sorrow. This is why there is the remembrance: Everyone remembers God at times of suffering and no one remembers him at times of happiness. At this time, the Father is the Almighty Authority. Day by day, Maya is also becoming a tamopradhan almighty authority. Therefore, the Father says: Sweet children, now become soul conscious. Consider yourselves to be souls and remember Me, your Father and, together with that, imbibe divine virtues and you will become like Lakshmi and Narayan. The main aspect in this study is remembrance. You have to remember the highest-on-high Father with a lot of love and affection. That Father is the One who establishes the new world. The Father says: I have come to make you children into the masters of the world. This is why you must remember Me so that your sins of many births can be cut away. The Purifier Father says: You have become extremely impure therefore now remember me and you will become pure and the masters of the pure world. People call out to the Father, the Purifier. Now that the Father has come, you definitely have to become pure. The Father is the Remover of Sorrow and the Bestower of Happiness. The golden age was definitely a pure world and so all were happy there. Now, once again, the Father says: Children, remember the land of

peace and the land of happiness. This is now the confluence age. The Boatman is taking you from this shore across to the other side. There is not only one boat; the whole world is like a big ship. He takes that across. You sweet children should have so much happiness. For you, there is nothing but happiness. Wah! The unlimited Father is teaching us! You have not heard this before nor have you studied this. God speaks: I teach you Raja Yoga. I am teaching you spiritual children Raja Yoga, and so you should study it fully. You should study and also imbibe it fully. Everyone is always numberwise in studying anyway. You should look at yourself: Am I the highest, average or the lowest? The Father says: Check yourself: Am I worthy of claiming a high status? Am I doing spiritual *service*? The Father says: O children, become *serviceable* and *follow* the Father. I have come for the sake of *service*. I do *service* every day. This is why I have taken this one's chariot. When this one's chariot becomes ill, I sit in this one and write the murli. When I cannot speak through the mouth I write it down instead so that you children don't *miss* a murli. Therefore, I am also on *service*. This is spiritual *service*. The Father explains to you sweetest children: Children, you too should engage yourself in the Father's *service*: *On Godfatherly Service*. The Father, the Master of the whole world, has come to make you into the masters of the world. Those who make good effort are called mahavirs. It is seen who the mahavirs are who follow Baba's *directions*. The Father's order is: Consider yourself to be a soul and see others as brothers. Forget that body. Baba does not see bodies either. The Father says: I only see souls. However, there is the knowledge that a soul cannot speak without a body. I have come into this body; I have taken it on *loan*. Only when a soul is in a body can he study. Baba sits here (middle of the forehead). This is the immortal throne. A soul is an immortal image. Souls do not become smaller or larger. Bodies become smaller and larger. The middle of the forehead is the throne of each soul. Everyone's body is different. The immortal throne of some is that of a man and the immortal throne of others is that of a woman. The immortal throne of some is of a child. The Father sits here and teaches spiritual *drill* to you children. Whenever you talk to anyone, first of all, consider yourself to be a soul. I, the soul, am talking to this brother. Give the Father's message to remember Shiv Baba. It is by having remembrance that the alloy will be removed. When *alloy* is mixed into gold, the *value* of the gold decreases. When alloy becomes mixed into you souls, you even become *valueless*. You have to become pure again. You souls have now each received third eye of knowledge. See your brothers through that eye. By having the vision of brotherhood your sense organs will not become mischievous. If you want to claim your fortune of the kingdom and become the masters of the world, make effort. Consider everyone to be your brother and donate knowledge to them. This will then develop onto a strong habit. All of you are true *brothers*. The Father has come from up above and you too have come from up above. The Father, together with the children, is doing *service*. The Father gives you courage to do *service*. You then have courage. Therefore, you should *practise* this: I, the soul, am teaching my brother. It is the soul that studies. This is called *spiritual knowledge* which you receive from the spiritual Father. The Father comes and gives you this *knowledge* at the confluence age: Consider yourself to be a soul. You came bodiless and adopted a body here and played a *part* of 84 births. You now have to go back again. Therefore, consider yourself to be a soul and have the vision of brotherhood. You have to make this effort. You have to make your own effort. What concern do we have with others? *Charity begins at home*, that is, first consider yourself to be a soul and explain to your brothers and the arrow will then strike the target well. You have to fill yourself with this force. Only when you make effort will you claim a high status. The Father has come to give you the fruit, and so you should make effort. You also have to tolerate a few things. Just remain silent when anyone says anything wrong. What can others do if you remain silent? Clapping takes place with two hands. If the first one claps with the mouth but the other one remains silent, then the first one will automatically become silent. Only when there is the clapping of two hands is there noise. You children have to bring benefit to each other. The Father explains: Children, if you want to remain constantly happy, become "Manmanabhav": Consider yourself to be a soul and remember the Father. Look at the soul, the brother. Give this *knowledge* to your brothers. By instilling this habit you will never be deceived by *criminal eyes*. Look at the third eye with the eye of knowledge. Baba also sees you as a soul. Constantly try to look at the soul and not to see the body at all. When you conduct meditation, if you consider yourself to be a soul and continue to see others as brothers, good *service* will then be done. Baba has said: Explain to your brothers. All the brothers take their inheritance from the Father. You Brahmin children only receive this spiritual *knowledge* once. You are now Brahmins and will then become deities. You cannot leave this confluence age. Otherwise, how could you go across? You cannot jump over it. This is the *wonderful* confluence age. You children have to form the habit of staying on the spiritual pilgrimage. This is for your benefit. You

have to give the Father's teachings to your brothers. The Father says: I am giving you souls this knowledge. I only see souls. When a human being talks to another human being, he looks at the face. You speak to souls and so you have to look at the soul. Although you give knowledge through the body, you have to break the consciousness of the body. You souls understand that the Supreme Soul, the Father, is giving you this knowledge. The Father says: I too look at souls. Souls also say: We are looking at the Supreme Soul, the Father. We are receiving *knowledge* from Him. This is called the give and take of *spiritual* knowledge of one soul with another. Knowledge is within the soul. The knowledge has to be given to the soul. This is like power. If your knowledge is filled with power, it will instantly strike the target when you explain to others. The Father says: *Practise* this and see if the arrow strikes the target. Form this new habit and any consciousness of the body will be removed and fewer storms of Maya will come. You will not have any bad thoughts. The *criminal eye* will not remain either. We souls have been around the cycle of 84 births. The play is now about to end. You now have to stay in remembrance of Baba. Change from tamopradhan to satopradhan with remembrance and you will become the masters of the satopradhan world. It is so easy! The Father knows that it is His *part* to give teachings to the children. This is not a new thing. I have to come every 5000 years. I am bound by this bond. I sit here and explain to you children: Sweet children, remain on the pilgrimage of remembrance and your last thought will lead you to your destination. This is the final period. Remember Me alone and you will receive salvation. The *pillar* will become strong through the pilgrimage of remembrance. Only once do you children receive these teachings for becoming soul conscious. This is such *wonderful* knowledge! Baba is *wonderful* and Baba's knowledge is also *wonderful*. At no other time can anyone else tell you this. It is now time to return home. This is why the Father says: Sweet children, *practise* this. Consider yourself to be a soul and give knowledge to souls. You have to use your third eye to see others as brothers. This is the greatest effort. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for Dharna:**

1. Practise seeing souls as brothers. Consider yourself to be a soul and give knowledge to your brothers. Become a mahavir and obey this order.
2. If anyone says anything wrong, just remain silent. You need two hands to clap. If one says something and the other one remains silent, the first one will then automatically quieten down.

**Blessing:** May you have love for the yagya and accumulate in all your three accounts of service in your thoughts, words and deeds.  
BapDada has accumulated with Himself every child's account of three types of service. Those who have love for the yagya are always co-operative in service through their thoughts, words and deeds and body, mind and wealth. There are 100 *marks* for each account. If someone has the *duty* of serving through words, let the *percentage* of serving through thoughts and deeds be no less. Serving through words is easy, but it is a matter of paying *attention* when serving through your thoughts. Serving through your deeds is not just doing physical service, you also come into connections and relationships in a gathering. This too is accumulated in the account of deeds.

**Slogan:** To be a self-sovereign is to be one who is able to rule oneself, not one who rules his companions.

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