

- Essence:** Sweet children, sustain one another with knowledge by exchanging jewels of knowledge. Live with one another with great love.
- Question:** On what basis can you maintain limitless happiness while you are unwell or going through the suffering of karma?
- Answer:** Instil the habit of churning the ocean of knowledge. If any suffering of karma comes or an illness occurs, tell yourself: I have now completed my *part* of 84 births. This is an old shoe. I have to settle my old karmic accounts and I will then become free from all types of illness for 21 births. There is great happiness when one becomes free from any type of illness.
- Song:** Mother o mother! You are the bestower of fortune for all.
- Om shanti. This is praise of the mothers. Salutations to the mothers! O mothers, you sustain everyone from Shiv Baba's treasure-store. You receive jewels of knowledge from Shiv Baba's treasure-store, that is, you are being sustained from this urn of the nectar of knowledge. In fact, this praise belongs to Shiv Baba, because He is Karankaravanhar, whereas Jagadamba is a mother. Surely, there must be other mothers; this is why mothers are praised. The mothers give very good sustenance. Those who live in Shiv Baba's yagya are sustained physically and are also sustained with the imperishable jewels of knowledge. Of those who sustain everyone, mothers are the *majority*. There are many brothers who also sustain sisters. It is not only that sisters sustain brothers. Both sustain one another by exchanging jewels of knowledge: brothers sustain sisters and sisters sustain brothers. You children should live with one another with great love. People in this world only give vice to one another and it is as though they are each other's enemy. Here, you give the treasures of the imperishable jewels of knowledge. Because they have stone intellects, it is as though they throw stones at one another. It is not that they literally throw stones. That is just an analogy. You are brothers and sisters, Brahma Kumars and Kumaris. Your name is very important. There are Brahma Kumars as well as Kumaris. There is Prajapita Brahma and so there must be Brahma Kumars and Brahma Kumaris as well. People should not become afraid on reading the *board*. The children of Prajapita Brahma must be Brahma Kumars and Kumaris. You have to make your intellects work on this. The mothers have been praised in the song. Jagadamba is Saraswati. There must be sons and daughters as well; there must be a *family*. This is also something to be understood. People understand that 'Prajapita' is written. Brahma is called 'Prajapita Brahma'. He is the father of the corporeal world. It is said that the Brahmin clan was created through Prajapita Brahma. Brahmins are the original and eternal clan. In fact, it is *wrong* to say that the deity religion is the original and eternal one. That is the religion of the golden age. The original, eternal, religion of Brahmins has disappeared. The Supreme Father, the Supreme Soul, establishes the Brahmin religion through Prajapita Brahma. Therefore, this confluence age is even higher than the deity religion. First, there is the Brahmin religion, which is called the topknot. It is called the original, eternal confluence-aged Brahmin religion. It is such a beautiful secret to understand. Baba has explained: First of all, give the Father's introduction to anyone who comes. This is the main thing. The Brahmins do not have a kingdom. It is written: The golden-aged *deity world sovereignty* is your Godly birthright. The deity religion definitely did exist, but how and when did they receive that kingdom? This too has to be explained. This is why you definitely have to keep a picture of the Trimurti in front of you. On it is written: The kingdom of heaven is your birthright. You also have to write: Through whom? Make this *board* and each of you should put one up at your home, just as *government officers* have *boards*. Some have *badges*. Just as each one has his own sign, so you should also have a sign. Baba gives *directions* and it is the task of the children to put them into practice so that *service* can take place at a fast speed. This is something very important. *Doctors, barristers* etc. all have *boards* put up outside their homes. Baba gives *directions*: You should also have a *board* put up: "Come and understand how Shiv Baba gives the kingdom of heaven through Brahma." People will be amazed on seeing it and will go inside to understand more. You can even put up a *board* outside your *flat*. They put up a *board* indicating what their business is. You should learn from one another. However, Maya attacks the children a great deal. They do not have the faith that they are going to Baba. The *parts* of 84 births are over and you will go to the new world of heaven to receive your inheritance. However, you are not able to remember this. Baba says: By all means, perform actions, but remember Baba in whatever time you have. Continue to beat the drums that this is the last birth of everyone. You will no longer take rebirth in this land of death. You also understand that this land of death is about to end. First, you have to return to the land of nirvana. You should talk to yourself in this way. This is known as churning the ocean of knowledge. The Father says: You are karma yogis. Don't you have as much wisdom as even a tortoise? They eat grass to live and then sit down peacefully and withdraw their physical organs. You children have

to stay in remembrance of the Father, spin the discus of self-realization and consider yourselves to be *master* seeds. The whole knowledge of the tree is merged in the Seed: how it is created, how it is sustained and how the cycle of 84 births of the *drama* turns. The picture of the cycle of 84 births has been created. Human beings think that souls take birth in 8.4 million species, but the Father has explained that you only take 84 births. Those who belong to the original, eternal, deity religion, that is, those who become deities from Brahmins, are the ones who take 84 births. You know these 84 births. It is said: The day of Brahma and the night of Brahma; 84 births are included in this. Make a *board* of the Trimurti and write: This is your Godly birthright; if you wish to claim it, claim it now. *Now or never!* Make effort before the Mahabharat War takes place. You understand what Rama (Shiva) gives and what Ravan gives. For half a cycle it is the kingdom of Rama and, for half a cycle, the kingdom of Ravan. It is not that God causes sorrow. It is Ravan, the five vices, that causes sorrow and makes you *vicious*. You children continue to receive different types of explanation every day and you should therefore remain happy. You understand that Shiv Baba teaches you every day. It is not that you have to remember the corporeal one. Shiva is teaching you easy Raja Yoga through Brahma Baba. Shiv Baba enters Prajapita Brahma. No one else can be called Prajapita Brahma. Brahmins are also definitely needed. It has been remembered: Claim your inheritance of liberation and liberation-in-life, that is, your fortune of the kingdom, in a *second*. Children say that they are the children of Shiv Baba. He is the Creator of heaven, and so He would definitely give them the kingdom of heaven. Baba is so *wonderful*! Janak received liberation-in-life in a *second*. This too has been remembered. You understand that you now belong to Shiv Baba. You definitely have to remember Shiv Baba. When children are *adopted*, they are aware that they were previously children of so-and-so and that they are now children of someone else. Their hearts move away from their real parents and become attached to the parents who have *adopted* them. Here, too, you would say that you are the *adopted* children of Shiv Baba. In that case, what is the benefit in remembering your physical fathers? The *most beloved* Father gives you such great wealth. The Father makes effort on you children and makes you worthy. You forget such a Father again and again. Everyone else causes you sorrow and yet you continue to remember them and you forget Me, your Father! By all means, live at home, but remember Baba. This requires effort. Simply belong to Me and constantly remember Me and the new world. The whole world is to become a graveyard. If you belong to Me, you will become the masters of the new world. You know that you now belong to Baba and that, in the future, you will become the masters of heaven. Your mercury of happiness should rise. You also understand that your bodies are old. You have to endure the suffering of karma. Mama and Baba also remain happy while experiencing the suffering of karma. There will then be great happiness for the future 21 births. These bodies are old shoes and you will continue to endure the suffering of karma. Then you will be liberated from this for 21 births. You become happy when you are freed from an illness. There is happiness when a calamity is removed. You understand that calamities will be removed for birth after birth. We are now going to Baba. This is churning the ocean of knowledge and extracting *points*. Baba advises you to talk to yourself in this way: I have completed the cycle of 84 births and am now going to the Father. I will then receive my inheritance from Baba. You also have visions. At this time, some of you have visions and some of you don't. For example, Mama never had any visions, whereas Baba had visions. He had visions of destruction and establishment. He had an *accurate* vision of the future. However, he did not initially understand that he was to become Vishnu. He understood later that he was to leave the vicious household religion and go into the viceless household religion. The same applies to you. You also become the same through Baba's study. You have to *race* ahead. However, in the song, Mama is praised. You have come to know who the one called Jagadamba is. Who is actually the Mother and Father? By your saying, "Mother and Father", Jagadamba will not be remembered. It applies to the incorporeal One. This is only in your intellects. It is accurate that *God, the Father*, is the Father. He is incorporeal. The mother cannot be incorporeal. Since the *Father* is incorporeal, He would surely have to come here in order to introduce Himself and to give you your inheritance. Therefore, He definitely needs a mother. This Brahma is the senior mother whereas the Grandfather is incorporeal. This is such *wonderful knowledge*! However, this one is a *male* because he is a mouth-born creation. This is very *wonderful knowledge*. The Father says: I explain such deep secrets to you. It cannot sit in anyone's intellect who the Mother and Father is. They think it applies to Krishna. This is the only difference. This is called the one mistake. Someone has to become an instrument. What mistake was made that Bharat became so unhappy? You understand who made you forget Baba. What made you forget Him? It was definitely Maya, Ravan, who made you turn away from Him. Just as Baba is Karankaravanhar, so Maya too is a karankaravanhar, a bestower of sorrow.

She is karankaravanhar, the bestower of sorrow and Shiv Baba is Karankaravanhar, the Bestower of Happiness. Maya turns you away from the Father. The Father Himself says: O souls, now constantly remember Me, your Father. You are My children and you have to claim your inheritance. Simply remember Me and your sins will be absolved. You receive instructions from the unlimited Father through Brahma. It is said: Guru Brahma. This praise belongs to the path of devotion. Guru Brahma is very well known. However, they say that God is omnipresent. Previously, we also used to think that what they said was right. You now understand that Maya made them say this. Maya causes you to make mistakes to bring you down and Baba makes you go beyond making mistakes in order to uplift you. The Father makes your fortune very good. You have to remember the Father; this is very easy. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Consider yourself to be a *master* seed, withdraw your sense organs and practise sitting in silence.
2. Churn the ocean of knowledge and remain happy. Settle the old suffering of your karma with happiness. Talk to yourself: I have completed 84 births and am now going to Baba.

Blessing: May you constantly be an embodiment of power and remain free from all waste with the art of keeping your mind *busy*.

In today's world, those who are in a high *position* set their daily work schedule according to the time. Similarly, you, who are images of support for world renewal, the *hero actors* in the unlimited *drama*, the ones whose lives are as valuable as a diamond, you also have to set your *programme* to stabilise your minds and intellects in a powerful stage. Make full *use* of the art of keeping your mind *busy* and you will become free from all waste. You will then never get *upset*.

Slogan: Remain cheerful while observing every scene of the *drama* and you will never be attracted by anything good or bad.

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