

Essence: Sweet children, to remain soul conscious is a high destination. Only those who are soul conscious are said to be the Godly community. They do not think of anything except the Father and the supreme abode.

Question: By imbibing which one thing are you able to accumulate in your treasure-store for 21 births?¹

Answer: Benefiting yourself and others by following shrimat. Those who are completely soul conscious and whose intellects are pure are able to benefit others. When you become body conscious, harm is done and the accumulated treasures end and there is then a loss. Even the evil spirit of anger makes you cause harm. Therefore, make your nature very sweet.

Song: Who has come today in the early morning hours?

Om shanti. When Supreme Soul, the Father, comes and meets the living beings, those souls forget that they are human beings. They have the faith that they are souls and that they are the children of the Supreme Father, the Supreme Soul. However, whatever else we see, including bodies and bodily relationships etc., none of those is remembered. The Father comes to take you children back. You are then surprised at what is happening. The dark night of Brahma is coming to an end and the dawn is coming. Connections with bodies and bodily relations are broken. Therefore, you are surprised at what happened. You no longer see this old world. You only think of the Father and the supreme abode. This is a *wonder!* However, because of not completely recognising the Father, or because your intellect's yoga is not connected to Him, body consciousness does not completely finish. We call them the monkey community. When they become soul conscious, they are called the Godly community. There is the example of the monkey community in the form of Narad. He was a devotee who used to go around holding a musical instrument. The Father showed him: Look, you belong to the monkey community. It is very difficult to remain soul conscious. Even though you remain pure, it is a high destination. There are good and bad human beings. Sannyasis leave their households and become pure. Householders, who are not going to leave their homes, make those sannyasis their gurus. All human beings of the iron-aged world are atheists and orphans. They call out: O God! O Supreme Father, Supreme Soul! Ultimately, however, they don't know who He is. While calling out, they have all become tired. They say that God is omnipresent. They pray to Him, but they don't know Him. This is something to be understood. God speaks. "God speaks" is also mentioned in the Gita. This is the devilish community. Why has God said that you are like monkeys? Look at your faces in the mirror! They don't know God and so they continue to search for Him. Therefore, human beings have to find God. They look for Him, but they can't find Him. So, only when God comes can He give His own introduction. His complete introduction is mentioned in the Gita. He says: I am Rudra. I, Rudra, have created this sacrificial fire of knowledge. If you say that Krishna created it, then Krishna would say: I, Krishna, am teaching you Raja Yoga. However, there is no sacrificial fire of the knowledge of Krishna. Only you children know this. All other human beings are *iron aged*. They only continue to make stones emerge from their mouths. It is said of those who tell lies: That one's face is ugly. At the time when the sannyas religion is established, the world is in the rajo stage. Therefore, that pure religion is established to maintain purity in Bharat. They are called rajoguni sannyasis. They definitely have renunciation, but that is rajoguni; they are not satopradhan. When people begin to burn in Bharat by sitting on the pyre of lust, that renunciation becomes *part* of the *drama*. That cannot be called easy Raja Yoga. God did not teach that. They don't know God. They have made a huge mistake by taking Krishna into the copper age. The Father sits here and explains to the human beings who made this mistake. However, there has to be great *refinement* in explaining this. Sannyasis say that you are defaming the religion of renunciation. Tell them: Come and understand. First of all, tell us what you mean by defamation. God, the Supreme Father, the Supreme Soul, who is the Father of all and the God of the Gita, not Krishna, has explained this. The Supreme Father, the Supreme Soul, has come and told us that this is the end of the iron age. The intellects of people have become completely decayed and devilish. This is the impure, devilish kingdom. In the golden age, there is the pure deity kingdom. Those people (sannyasis) believe that they are God, but they are not. The God of everyone is just the One whom everyone remembers. This is something to be understood. If you want to understand, then understand! However, those who explain have to be very *refined*. What would those who have an evil spirit of anger in them be able to explain? There are the evil spirits of anger, greed and attachment. There are small evil spirits and big ones. People have dirty habits. Maya makes even good

* Words that Baba spoke in English are shown in italics.

children do something or other. All of that is the devilish behaviour of body consciousness. When body consciousness comes, you become like a monkey and you cannot then become worthy of being in a temple. You know that only deities become worthy of being in a temple. Temples are built to them alone. The whole world of the golden age is called Shivalaya (Temple of Shiva). All of them reside in the temple. The whole world becomes a pure temple. The world becomes Shivalaya in which the kings, queens and subjects all remain pure. Therefore, you have to explain to others tactfully. A mouse bites and also blows; it has that much sense. When a sannyasi etc. comes, first of all praise him diplomatically. Come, sannyasiji; you are very good that you have renounced everything. You have left your home. Do you know that there are two types of renunciation? One is the renunciation of leaving your home and family and the other is of not renouncing your home and family. You have to live at home with your family, study Raja Yoga and become a master of heaven. Have you ever heard of this? He would say: This is not mentioned in any of the scriptures. They have put Krishna's name in the Gita and taken him into the copper age, so how could they understand? You then have to explain using the pictures: Your renunciation is that of leaving your home and family. Not everyone would leave. This is the family path. You have not renounced the five vices while still living at home with the family. We do that and we receive help from the Supreme Father, the Supreme Soul. By living at home and renouncing the five vices in this way, we will become the masters of heaven. The deities were pure in the golden age; they are not that now. After the iron age, the golden age has to come. Only the Father comes and establishes the golden age. He makes us as pure as a lotus while we live at home. You say that cotton wool and fire cannot live together, but we live like that here. You have no *aim* or *objective* for any attainment. When the unlimited Father comes, the new world is established and the old world is destroyed. We receive this knowledge for the new world. The Father says: Whatever relationships etc. you have, including that with your body, forget all of them, consider yourself to be a soul and remember Me. This Raja Yoga of ours is satopradhan. Everything is now tamopradhan. Then, from being tamopradhan, the world surely has to become satopradhan. It is only the Father, the Creator, who makes it satopradhan. We are learning this from the unlimited Father, not from Krishna. God is only One. Even Brahma, Vishnu and Shankar are called deities. Those on the floor below them are called human beings. God resides in the supreme abode. We souls also reside there. Explain with such *refinement*. However, if there isn't full yoga, you are unable to imbibe. None of you is able to remember what the Father explains to you. Although some children say that they remember Baba, Baba doesn't believe them. If you remembered Me, your intellects would become pure and you would be able to imbibe this very well. If you do imbibe this, you also have to inspire others to do the same. You have to benefit others. You know that the Father comes and benefits everyone. Maya, Ravan, harms everyone. The Father comes and benefits you just once to such an extent that you are benefited for 21 births. You can call it benefit or His mercy. You can even call it His blessings. Then, from the copper age, there are no longer His blessings. Ravan causes harm. By following shrimat, you can benefit anyone. However, when you become body conscious, you begin to cause harm. By benefiting others, you accumulate in your treasure-store for your future 21 births. By causing harm, whatever you had accumulated ends. Since you know how to benefit others, you also have to do that. If you don't know how to benefit someone, you would surely only harm them by following devilish dictates. People only harm one another; they use the sword of lust. They forget the Father, they forget to benefit others and so they would definitely become those who cause harm. In a *second*, they benefit others and then, in a *second*, they cause harm. Some good children used to benefit others so much! They had the knowledge to benefit others. They knew the way to benefit themselves and also others. Then they were caught in a spin of Maya and ran away. They became those who caused harm. They cause so much harm. People think: Something must have happened that they ran away, so how can we go there? They tell all sorts of stories. Then, whatever you had accumulated in your account by benefiting others, you turn that account into dust by causing harm. There have been many such cases and there will continue to be more. Those who had benefited others then became body conscious and began to cause harm. Human beings cause harm to human beings. No one can benefit anyone until they follow shrimat. It is the dictates of Ravan that make you cause harm. One minute you are following shrimat and the next minute you begin to follow the dictates of Ravan. The evil spirit of anger comes and you cause harm. You then cause the Father to be accused of causing harm; you bring defamation to Him. What would the Father say? Can God's children be like this? They then leave His heart. When an evil spirit is removed from someone, that one is praised. Anger is very bad and this is why Baba always says: Become sweet *tempered*. To have an angry *temperament* is ignorance. The Father explains: You have to let go of all attachment completely.

When all attachment is gradually broken, you will ultimately become complete and perfect. This is a *race*. You children know that Mama and Baba reach their target first. Therefore, you should follow their directions and *follow* them. You should imbibe this. If you climb into the hearts of the mother and father, you will also claim the throne. Ask yourself: Have I become worthy of marrying Lakshmi, that is, have I become worthy of claiming the throne of the mother and father? If you feel that you have anger in you, you can never climb into their hearts, nor will you become an emperor or empress in the future. You have to follow shrimat at every step. If you become a *traitor*, you would then become a cremator. Every day, Baba tells you everything identical to that which He told you in the previous cycle. There cannot be the slightest difference in that. You should have so much intoxication of knowledge. However, those who are engaged in *service* will have this intoxication. Whatever type of *service* you do, you definitely receive the fruit of that. *Number one* is to give *knowledge*. You have to give happiness to many others and make them into rulers of the globe. You will make many others this. You are shown many good methods for doing *service*. *Service* can be done anywhere. Then, perhaps, one out of a hundred would awaken. This is something that requires effort. Baba churns the ocean of knowledge in this way day and night. He has many different types of thought. There are so many obstacles! The world has to be made into pure heaven. He has many thoughts about this and, while thinking about this, night changes into day. This is why ‘conquerors of sleep’ is remembered. Sometimes, Baba is not even able to sleep. He has to make the children into the masters of the world and so he is so concerned. You children should also be concerned and have to check to what extent you follow shrimat. You children have to give your shoulder to Bap and Dada. The whole world has to be sent back home. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Never follow the dictates of Ravan and thereby become body conscious and cause the Father harm. You mustn't bring Him defamation. Benefit yourself and everyone else by following shrimat.
2. Don't allow the evil spirit of anger to enter you. Make your nature very sweet. Serve tactfully.

Blessing: May you be a true server who uses your thoughts filled with good wishes to fill souls with enthusiasm.

The good wishes of all of you children are that every soul is able to take at least a drop of attainment from the Father. As a result of these good wishes, those souls receive power to have an experience. Thoughts filled with good wishes have so much power in them that they are able to transform the atmosphere everywhere. So, a true server is one who maintains enthusiasm in the self and also does service with enthusiasm and fills other souls with enthusiasm by giving them the Father's introduction. Enthusiasm is such that adverse situations are nothing in front of it. Instead of opposing you, they surrender themselves.

Slogan: When you have unbroken love for BapDada you will experience it to be easy to follow the Godly codes of conducts.

*** OM SHANTI ***