

**Essence:** Sweet children, you must never become tired of studying. Be tireless. To be tireless means to reach the karmateet stage.

**Question:** What have you children promised and why?

**Answer:** You have promised: I will never cause sorrow for anyone. I will show everyone the path to happiness.

**Question:** Which children are sustained by the yagya?

**Answer:** Those who consider themselves to be *trustees*, that is, those who completely *surrender* themselves from their hearts. They stay in a household, they carry on with their business, but are *trustees*. Then, it is as though they eat from Shiv Baba's treasure store.

**Song:** You are the Mother and the Father.

Om shanti. The children have found the Father and they say from their experience that, definitely, no one else can change them from thorns into flowers. Bharat was the land of angels, that is, of divine flowers. It has now become the forest of thorns. What you children hear now are elevated versions. It is the highest-on-high Father who speaks them to you. Everything about Him is elevated. He is the most elevated Ocean of Happiness, the most elevated Ocean of Knowledge and the most elevated Ocean of Peace. You children now understand very well that souls were previously thorns in every respect. You used to cause sorrow for one another through every sense organ. You now promise that you will not cause sorrow for anyone through your sense organs. Just as the Father is the Remover of Sorrow and the Bestower of Happiness, so you children must also become the same. You must not cause sorrow for anyone. Only show everyone the path to the land of happiness. Whose instructions are all of these Brahma Kumars and Kumaris following? They are following shrimat (elevated instructions). The instructions of Brahma are remembered. In fact, people call all of them gurus; they even say, Guru Brahma, Guru Vishnu. However, a guru cannot be called God. They are called deities. They cannot be called the Mother and Father either. Baba has explained that one receives an inheritance of temporary happiness from a lokik mother and father. Even though they receive that, they remember the parlokik Mother and Father; they do not remember Brahma, Vishnu or Shankar. They cannot be called the Mother and Father; they are the residents of the subtle region. People say to them: Salutations to the deity Brahma and the deity Vishnu. None of these children can call anyone else their Mother and Father. Even in heaven, not everyone calls Lakshmi and Narayan their mother and father. It is sung of the parlokik Mother and Father: You are our Mother and Father, we are Your children. Mostly they ask for blessings and for mercy. You children now understand how the unlimited Father gives blessings, that is, how He has mercy. He does not say: May you have a long lifespan, or may you have a long life. The Father comes and teaches easy Raja Yoga and knowledge. Many on the path of devotion give blessings and mercy to one another. No one except the Supreme Father can have very good vision, the vision of mercy. It is not that by having a vision one can become a deity. No, this here, is a school. One studies in a school. You now know that the incorporeal One has entered this corporeal body. Here, there is a mother, a father and the Grandfather, and so this is a family. This is a Godly family. Such a huge school has to be a little distance away from the town. Here, too, we are so far from the town. There is so much silence because we want peace. We have to return to the land of peace. You now understand what is known as the land of peace. A soul is an embodiment of peace. One cannot say that the mind wants peace, for the mind and the intellect are in the soul. The soul is separate from the body. The nose and the ears etc. do not need peace; the soul needs peace. A whole *part* is recorded in each soul and it *emerges* when that soul receives a body. The entire play is recorded in the soul. Such a tiny soul is filled with such a huge *part*! When he receives a body, he plays his *part*. You now understand this. Definitely, the souls of the deity religion have parts of 84 births recorded in them. You now understand this as well. You will not understand it in the golden age. It is only at this time that it is said: "The invaluable life like a diamond", because you have now become Godly children. You say "Mama" and "Baba". In ignorance, you used to sing, "You are our Mother and Father". You didn't even know whose praise that was. You are claiming the inheritance of unlimited happiness in a *practical* way. You now understand that, while studying the scriptures for birth after birth, you continued to descend. That too is fixed in the *drama*; you have to perform devotion. Neither will devotion change nor will the knowledge change. There is a lot of paraphernalia of devotion. There are countless Vedas and scriptures; if you were to make a *list*, it would be quite a long one. People do so many things in the world. There are so many gatherings etc. The Father now says: Children, you have become tired by doing devotion for half a cycle. There is no question of getting tired in this study. In fact, there is even more happiness because there is an income here. When you are earning an income, there should be no

drowsiness or yawning. Laziness comes when dharna is weak and there is no recognition of the *value of knowledge*. There is a lot of income to be earned by staying in remembrance of the Father. You must not get tired in this. The conscience says that you must definitely be tireless. By making effort you must become tireless, which means that you attain your karmateet stage. Now it depends on whatever effort you make. The rosary is so small. Many subjects will be created. The Father continues to inspire you to make effort. He says: *Follow the Mother and the Father*. There are countless children. You are *adopted* children of Prajapita Brahma. You are not *adopted* children of Shiv Baba; you souls are already the children of Shiv Baba. You also used to speak of "Shiv Baba" in ignorance, but no one knows who Shiv Baba is or what His *part* is. Shiv Baba says: My *part* is also fixed in the *drama*. It is not that I can do whatever I want. Whatever My *part* is in the drama, that will be played. There is no question of asking for blessings or mercy. The Father knows how to sustain the children, which is with knowledge and yoga. Your sustenance is knowledge and yoga. I am called Baba because I am the Creator. Surely, they would call Me "Baba". Even when people have lokik parents, they remember the parlokik Mother and Father. You now understand that the parlokik Mother and Father has come and is teaching us Raja Yoga. Yes, everyone has to work for the livelihood of his body. It has also been explained to you about the precautions you need to take. Although you must not eat anything impure, you have to live in a household. You have *surrendered* yourself to Baba. Have the consciousness: Baba, all of this is Yours. When you move along while considering everything as belonging to Baba, then, whatever you eat is from the yagya. We are *trustees*. We eat from the yagya and that is satoguni. If you are not surrendered and do not consider yourself to be a *trustee*, then that food is not from the yagya. First of all, consider yourself to be a *trustee*. People even say that God gives everyone everything. They worship the deities, thinking that they will receive things from them or from the gurus. Although they think this, it is only the one Father who gives to everyone. He is the one Bestower for all. On the path of devotion they all *insure* themselves with God. They think that they will receive the return of it in the next birth. You also *insure* everything with Baba. You receive these teachings for the next birth. You receive the fruit of good actions. People surrender to God. To surrender to God means to *insure* yourself. That is *indirect* insurance, whereas this is *direct* insurance. People do not know the Supreme Father, the Supreme Soul, and so they cannot surrender everything to Him. Here, you surrender everything to Him. The Father says: Consider yourself to be a *trustee*. Have the consciousness that you are eating from Shiv Baba's yagya. You must take care of everything. Tamoguni (impure) bhog cannot be offered. People offer pure bhog in temples. Only Vaishnavs (those with a pure diet) offer bhog. All are vicious; how can there be a viceless, elevated body here? Lakshmi and Narayan have elevated bodies. Those who indulge in vice are said to be degraded. You children now understand that you are sitting in front of the Mother and Father, the One to whom you have been calling out for half the cycle. Those who perform devotion for half a cycle will come here. They do intense devotion. You children must take up knowledge very intensely. Don't be content with just a little. So many *points* are given in order to explain. The old women cannot understand as much. Baba says to them: Simply ask others whether they have the introduction of the parlokik Father. Tell them: Remember that Father. You are devotees and He is God. God speaks: If you remember Me, you will come to My land of liberation, whereas Krishna would say: You will come to my world of Paradise. First of all, you have to go to the land of nirvana, and so you must definitely remember the incorporeal Father. Krishna is a bodily being. To remember him means to remember the perishable body of the five elements. That is the path of devotion. You children now understand about the expansion of devotion. You receive the inheritance of heaven through this knowledge in a *second*. After the day comes the night, and after the night it is the day. Devotion is the night in which people stumble. This is why the expression is used of it being the dark night. People also know about the day of Brahma and the night of Brahma. Why do they not say this for Vishnu? Only you Brahmins receive this knowledge at this time, and this is why Brahma is remembered. Brahma is the one who knows the day and the night. Brahma knows that the night is now over and that the day is about to begin. It is the day and night of Brahmins. These things have to be understood. Vishnu would not speak about his day and night. However, you can say: We claim an elevated reward through this knowledge, and then this knowledge disappears. These scriptures are fixed in the *drama*. These same scriptures will be created again. It is said that they have continued since the beginning of time. It is not that the scriptures will emerge from the earth. The Father comes and speaks the truth. The same paraphernalia of the path of devotion will emerge again. Remind the old mothers as well: The highest-on-high Shiv Baba lives in the supreme region, where souls reside. That is the highest place, the soul world, and Brahma, Vishnu and Shankar are in the subtle region.

After that, if you come down to the corporeal region, the kingdom of Lakshmi and Narayan comes first. That is the new creation which the Father is creating. He is purifying the impure ones. People even say: O Purifier, come! Surely, the entire world therefore must be of those who are impure at this time. He comes and purifies those people. Those who make effort will come to the pure world. The main thing is to remember your Father and the home. Tell everyone: O souls, you now have to return home. You souls will be taken back home. Everyone's body will be finished. In terms of souls, all are *brothers* and in terms of bodies, all are brothers and sisters. These are very sweet things. You are sitting here in a *hostel*. You are the residents of this place. Students live in a *hostel* so that they do not become influenced by the bad company outside. Here, you have the company of viceless ones. Achcha. Today is the day for Brahma bhojan. Shiv Baba does not eat. He is Abhogta (beyond physical experience). Deities like the food of Brahmins, because they become deities through the food of Brahmins. So the food of Brahmins has such great importance. Food has so much effect. If you receive food cooked by strong yogis, your intellect becomes very good. Yogis are needed who stay in remembrance of Shiv Baba throughout the day, who spin the discus and prepare food at the same time. Many remain pure. A widow, a mother or a kumari may be pure, but she should also be yogi. There would be great progress for you if you were to eat food prepared by yogis. Five to seven such children are needed. As you progress further, your stage will become like that. You will receive a lot of help in yoga. You children should be such that you prepare food while staying in yoga. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. *Follow* the Mother and Father and sustain everyone with knowledge and yoga. Maintain yourself with that sustenance. Become intense in knowledge and yoga.
2. Eat food prepared by those who are pure and yogi. In order to purify the intellect, take great precautions about your diet.

**Blessing:** May you be *master knowledge-full* and observe your *part* of every moment of the *drama* while being stable in the trikaldarshi stage.

Be stable in the trikaldarshi stage and look at what you were, what you are and what you will become. We have special *parts* fixed for us in the *drama*. Experience clearly that yesterday you were deities and that tomorrow you will become deities again. We have received the knowledge of all three aspects of time. For instance, in any country, when you stand at the highest point and look down on a whole city, you enjoy it very much. Similarly, the confluence age is the *top point*. Stand at this point, be *knowledge-full* and observe every *part* and you will have a lot of pleasure.

**Slogan:** Those who are constantly yog-yukt automatically receive everyone's co-operation.

\*\*\* OM SHANTI \*\*\*