

**Essence:** Sweet children, in order to reform your *character*, stay on the pilgrimage of remembrance. It is having remembrance of the Father that will make you one hundred times constantly fortunate.

**Question:** At what time can you truly recognise your stage? What would you call a good stage?

**Answer:** You are able to recognise your stage at a time of illness. Even when you are ill, if you remain happy and your cheerful face continues to remind everyone of the Father, that is a good stage. If you cry and remain unhappy, how could you make others cheerful? No matter what happens, you mustn't cry.

Om shanti. Two expressions are remembered: Unfortunate and one hundred times fortunate. When someone's fortune is lost, he is said to be unfortunate. When a woman's husband dies, she is also called unfortunate; she is left alone. You now understand that you are becoming one hundred times fortunate for all time. There is no question of sorrow there; there is no mention of death there. The name "widow" doesn't exist there. A widow experiences sorrow and continues to cry. Although someone may be a sage or a holy man, it doesn't mean that he doesn't experience sorrow. Some go crazy; some become ill or diseased. This is the world of disease. The golden age is the world that is free from disease. You children understand that you are once again making Bharat free from disease by following shrimat. At present, people's *characters* are very bad. There must definitely be a *department* to reform their *characters*. A *register of students* is kept at *school*. Their *characters* can be seen from that. This is why Baba also had a *register* kept. Each one of you should keep your own *register*. Check your *character* to see that you are not making any mistakes. The first thing is to remember the Father. It is through this that your *character* will be reformed. It is by having remembrance of the One that your lifespan becomes long. These are the jewels of knowledge. Remembrance is not said to be a jewel. It is by having remembrance that your *character* is reformed. No one, apart from you, can explain the cycle of 84 births. It is with this cycle that you have to explain about Brahma and Vishnu. You cannot speak of the *character* of Shankar. You children know what the *connection* between Brahma and Vishnu is. The dual-form of Vishnu is Lakshmi and Narayan. They then take 84 births. It is in their 84 births that they become worthy of worship and worshippers. Prajapita Brahma definitely has to exist here. An ordinary body is needed. Generally, it is in this that people become confused. Brahma is the chariot of the Purifier Father. It is said: The Resident of the faraway land has come to the foreign land. The Purifier Father who creates the pure world has come into the impure world. There cannot be a single pure human being in the impure world. You children now understand how you take 84 births. Someone must definitely take that. Only those who come at the beginning take 84 births. In the golden age there are only deities. Human beings don't think at all about who takes 84 births. This is something that has to be understood. Everyone believes in rebirth. It has to be explained with great tact that there are 84 rebirths. Not everyone will take 84 births. It isn't that everyone will come together and shed their bodies together. (In the Gita) It says: God speaks: You don't know your own births; only God sits and explains this. You souls take 84 births. The Father sits here and tells you children the story of 84 births. This is like a study. It is very easy to know the cycle of 84 births. Those of other religions won't understand these things. Among you too, not everyone will take 84 births. If everyone were to take 84 births, all of you would come down together; that is not possible. Everything depends on how you study and have remembrance. Within that, remembrance is *number one*. You receive more *marks* in a *difficult subject*. It creates an impact. There are the highest, the middle and the lowest *subjects*. Here, there are two main subjects. The Father says: Remember Me and you will become completely viceless and will then be threaded in the rosary of victory. This is a *race*. First of all, look at yourself to see to what extent you are imbibing this. How much do I stay in remembrance? What is my *character* like? If I have the habit of crying, how would I be able to make others cheerful? Baba says: Those who cry lose out. No matter what happens, there is no need to cry. Even in illness, you can at least say this much in happiness: Consider yourself to be a soul and remember the Father. Only at the time of illness does it become evident what stage you have reached. In times of difficulty, you may groan a little but you still have to consider yourself to be a soul and remember the Father. The Father has given the message. Shiv Baba alone is the *Messenger*; no one else can be this. Everything else that others relate are all stories of the path of devotion. All the things of this world are perishable. I am now taking you to a place where nothing breaks. There, everything is so well made that there is no mention of anything breaking. Here, so many things are invented through *science*. *Science* will definitely exist there too because you need to have a lot of comfort. The Father says:

You children did not know anything: how much sorrow you experienced when the path of devotion began - all of these things are now in your intellects. Deities are said to be full of all virtues. Now, no degrees remain. How did their degrees decrease? The degrees of the moon also gradually decrease. You know that when this world is first new, everything there is satopradhan and *first-class*. Then, as it becomes old its degrees decrease. Lakshmi and Narayan are full of all virtues. The Father is now telling you the true story of the true Narayan. It is now the night and it will then be the day. You are becoming perfect and so such a world is required for you. Even the five elements become satopradhan (16 celestial degrees full). This is why your bodies there are *naturally beautiful*; they are satopradhan. The whole world becomes 16 celestial degrees full. Now there are no degrees. It is not in the fortune of all the eminent people or the great souls to have *knowledge* of the Father; they have their own pride. Generally, this is said to be in the fortune of the poor. Some say: The Father is so high that He should enter the body of a great king or a pure rishi. Only the sannyasis are pure. He could also enter the body of a pure kumari. The Father sits here and explains whom He enters. I enter the one who takes the full 84 births. There cannot be even one day less. On the day Krishna is born, he is 16 celestial degrees full. Then he goes through the stages of sato, rajo and tamo. Everything is at first satopradhan and it then becomes sato, rajo and tamo. It is the same in the golden age. A child is satopradhan at first and then, when he grows old, he says that he is now going to leave that body and become a satopradhan child. You children don't have that much intoxication; the mercury of happiness just doesn't rise. The mercury of happiness of those who make good efforts continues to rise. Their faces remain very happy and cheerful. As you progress further, you will continue to have visions. As you come closer to your home, you remember your home, family and buildings etc. It is the same here. While making effort, as your reward comes closer, you will continue to have many visions; you will remain happy. Those who fail drown themselves because of being ashamed. Baba will also tell you everything and you will then have to repent a great deal. You will have visions of your future and what you are to become. Baba will show you the bad actions you performed: You didn't study fully and became a *traitor* and, therefore, this is your punishment. You will have visions of everything. How could He give punishment without giving visions? In a *court* too, they tell you what you did and what your punishment is going to be for that. Until you reach the karmateet stage, one sign or another will remain. When a soul becomes pure, he has to shed his body; he can no longer stay here. You have to reach that stage. You are now making preparations to return home and then come into the new world. Your effort is to go home quickly and then come down here quickly. Children are made to *race*. They are told to touch their goal and come back. You too have to go there quickly and then come into the new world in the first *number*. So, this is your *race*. They have *races* at *schools*. This is your family path. At first you had a pure household religion. Now, the *world* is *vicious* and it will then become *viceless*. If you continue to churn these things you will remain very happy. We claim the kingdom and then we lose it. People speak of the *hero* and *heroine*. You take a birth as valuable as a diamond and then you go into a birth that is like a shell. Now the Father says: Don't *waste* your *time* chasing after shells. This one says: I too used to *waste* my *time*. He also told me: Now belong to Me and do this spiritual business. So, I instantly left everything. No one would throw money away. Money is useful. You can't get buildings etc. without money. As you make further progress, many very wealthy people will come; they will continue to help you. One day, you will have to go and give lectures at big *colleges* and *universities* and tell them how the world cycle turns. *History repeats* from the beginning to the end. We can tell you the *history* and *geography* of the world from the *golden age* to the *iron age*. You can explain to them a lot about *character*. Praise Lakshmi and Narayan. Bharat was so pure; the people had divine *characters*. Now they have *vicious characters*. The cycle will definitely *repeat* again. We can tell you the *history* and *geography* of the *world*. Those who are very good should go there. For instance, there is the *Theosophical Society*; you should go and give a lecture there. Krishna was a deity and he existed in the golden age. First of all, there is Shri Krishna and then he becomes Narayan. Now we will tell you the story of the 84 births of Shri Krishna, which no one else can tell you. This *topic* is very big. Those who are clever should go and give lectures. It now enters your hearts that you will become the masters of the world, and so there should be so much happiness. Sit and chant this internally and you will not like anything of this old world. You come here to become the masters of the world through the Supreme Father, the Supreme Soul. This world is called "Vishwa". Neither the region of brahm nor the subtle region can be called the world. The Father says: I don't become the Master of the world. I make you children the masters of the world. These are such deep matters. I make you into the masters of the world. Then, you become the slaves of Maya. When you sit in front of people and make them sit in yoga, you should remind them: Sit in

soul consciousness and remember the Father. Then, tell them the same thing again after five *minutes*. You have yoga *programmes*. The intellects of many wander outside and you therefore have to caution them every five to ten *minutes*: Are you sitting here while considering yourselves to be souls? Are you remembering the Father? Your own *attention* will also then be maintained. Baba tells you all these different methods. Caution yourself again and again. Are you sitting in remembrance of Shiv Baba while considering yourself to be a soul? Those whose intellects' yoga is wandering elsewhere will then become alert. Remind them of this again and again. It is only by having remembrance of Baba that you will be able to go across. People sing: Hey Boatman, take my boat across! However, they don't understand the meaning of that. You have been performing devotion for half the cycle in order to go to the land of liberation. The Father says: Now remember Me and you will go to the land of liberation. You sit here to have your sins cut away and so you mustn't commit any more sins. Otherwise, the sins will still remain. The *number one* effort is to consider yourself to be a soul and remember the Father. By cautioning others in this way, you too will be able to pay *attention*. You also have to caution yourself. Only when you stay in remembrance yourself can you inspire others to sit in remembrance. I am a soul and I am going home. Then I will come and rule here. To consider yourself to be a body is a severe disease. This is why everyone is now in the depths of hell. Therefore, you have to *salvage* them. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. Use your *time* in a worthwhile way by doing spiritual business. Make your life as valuable as a diamond. Continue to caution yourself. Make effort to save yourself from the severe illness of considering yourself to be a body.
- 2: Never become Maya's slave. Sit and internally chant, "I am a soul". Maintain the happiness that you are changing from a *beggar* to a *prince*.

**Blessing:** May you be an image of true tapasya by renouncing all limited desires. Renounce limited desires and become a true image of tapasya. An image of tapasya means to be one who is ignorant of the knowledge of any desire. Those who have a thought of taking something take for a limited period but they lose out for all time. The particular obstacle in becoming a tapaswi are desires for temporary things. Therefore, now give the proof of being an embodiment of tapasya, that is, renounce any taking of limited respect and honour and become a bestower. When the sanskars of a bestower *emerge*, all other sanskars will have then been suppressed.

**Slogan:** To have a subtle desire for the fruit of action is to eat unripe fruit.

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